



VANDERBILT  
Catering and Events



# BREAKS

## JUICES & SMOOTHIES

2 DOZEN MINIMUM

4 OUNCE

\$6

8 OUNCE

\$9

### STRAWBERRY LEMONADE SMOOTHIE - V/GF

*chia seeds | lemon zest*

### CHOCOLATE BANANA BLISS SMOOTHIE - V+/GF

*banana | cocoa powder | oat milk | dates | cinnamon*

### PEACH MATCHA CREAM SMOOTHIE - V+/GF

*peaches | oat milk | matcha powder | vanilla | maple syrup*

### BLUEBERRY VANILLA MATCHA SMOOTHIE - V/GF

### GREEN AVOCADO SMOOTHIE - V+/GF

### CUCUMBER MINT COOLER JUICE - V+/GF

*cucumber | green grapes | fresh mint | lime juice | coconut water*

### GOLDEN GLOW JUICE - V+/GF

*orange juice | pineapple | carrot | fresh ginger*

### GREEN REFRESHER JUICE - V+/GF

*cucumber | green apple | spinach | lemon juice*

### BEET BERRY BOOST JUICE - V+/GF

*roasted beet | strawberry | blueberry | lemon juice*

### WATERMELON MINT COOLER (SEASONAL) - V+/GF

*watermelon | lime juice | fresh mint*

V – VEGETARIAN  
V+ – VEGAN  
GF – GLUTEN FRIENDLY



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# BREAKS

## OVERNIGHT OATS, PARFAITS & CHIA SEED PUDDINGS

2 DOZEN MINIMUM

VEGAN PARFAITS AVAILABLE FOR \$5

ESPRESSO BROWN SUGAR OVERNIGHT OATS - V+/GF	\$4
CHOCOLATE PEANUT BUTTER BANANA OVERNIGHT OATS - V+/GF	\$4
STRAWBERRY CHIA OVERNIGHT OATS - V+/GF	\$4
APPLE CINNAMON PECAN OVERNIGHT OATS - V+/GF	\$4
BLUEBERRY VANILLA OVERNIGHT OATS - V+/GF	\$4
INDIVIDUAL GREEK YOGURTS - V	\$3.50
STRAWBERRY SHORTCAKE PARFAIT - V	\$4
TROPICAL SUNRISE PARFAIT - V/GF	\$4
BANANA NUTELLA PARFAIT - V/GF	\$4
MAPLE PECAN GRANOLA PARFAIT - V/GF	\$4
BERRY & CHIA YOGURT PARFAIT - V/GF	\$4
COFFEE HOUSE GRANOLA & YOGURT PARFAIT - V/GF	\$4
BLUEBERRY COCONUT CHIA SEED PUDDING - V+/GF	\$5
VANILLA CHIA SEED PUDDING - V+/GF	\$5

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# BREAKS

## **BENTO BOXES** 2 DOZEN MINIMUM

**\$8**

### **HUMMUS CRUNCH BENTO BOX - V+**

roasted garlic hummus | celery & carrot sticks | pita chips | cucumber slices  
sub roasted turkey for an additional \$2

### **CHEESE & NUT BENTO BOX - V**

sharp cheddar cheese | almonds | dried cranberries | grapes | artisan crackers  
sub salami for an additional \$2

### **CAPRESE BENTO BOX - V**

pesto marinated mozzarella pearls | grape tomatoes | focaccia | mixed olives  
sub pepperoni for an additional \$2

### **PROTEIN BENTO BOX - V/GF**

apples | peanut butter | almonds | hard boiled egg  
sub sunflower butter for an additional \$1

### **SWEET & SALTY BENTO BOX - V/GF**

strawberries | nutella | almonds | hard boiled egg  
sub sunflower butter for an additional \$1

## **SALAD CUPS** 2 DOZEN MINIMUM

**\$7**

### **ASAIN NOODLE SALAD - V+/GF**

rice noodles | edamame | carrots | peppers | sesame ginger dressing | scallions

### **MINI GREEK SALAD - V/GF**

layered tomato | cucumber | olives | red onion | feta | oregano vinaigrette

### **ROASTED RED PEPPER & WHITE BEAN DIP - V+/GF**

cucumber | rainbow carrots | za'atar pita chips

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# BREAKS

## **PINWHEELS** 2 DOZEN MINIMUM

**\$3**

### **SOUTHWESTERN PINWHEEL - V**

*chipotle mayo | roasted red pepper | black bean & corn salsa | fresh cilantro*

### **HUMMUS PINWHEEL - V+**

*parsnip hummus | cucumber & sun dried tomatoes | kale | heirloom carrots  
golden raisins*

### **RAINBOW VEGETABLE PINWHEEL - V+**

*sriracha hummus | purple cabbage | red pepper | carrots | spinach  
yellow squash*

### **GRILLED VEGAN PINWHEEL - V+**

*sun dried tomato hummus | seasonal roasted vegetables | baby spinach  
balsamic glaze*

### **TURKEY PESTO PINWHEEL**

*smoked turkey | basil pesto | provolone cheese | baby spinach  
roasted red peppers*

### **ITALIAN PINWHEEL**

*salami | capicola | lettuce | onion | tomato | herby cream cheese spread*

### **BUFFALO CHICKEN PINWHEEL**

*celery | red onion | slaw | buffalo sauce | buttermilk blue cheese aioli*

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GLUTEN FREE TORTILLA  
AVAILABLE FOR AN  
ADDITIONAL \$3.50



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# BREAKS

## COLD DIPS

24 PERSON MINIMUM

### AVOCADO GREEN GODDESS - V+/GF

*served with kettle chips*

\$4

### GUACAMOLE - V+/GF

*served with tortilla chips*

\$5

### MUHAMMARA - V+/GF

*served with grilled flatbread*

\$5

### ROASTED GARLIC HUMMUS - V+/GF

*served with pita chips*

\$4

### ROASTED RED PEPPER SALSA - V+/GF

*served with tortilla chips*

\$4

### SMOKED GOUDA PIMENTO CHEESE - V/GF

*served with assorted crackers*

\$5

### CARAMELIZED ONION DIP - GF

*served with house made chips*

\$4

### WHIPPED RICOTTA & LEMON - GF

*served with herb baked crostinis*

\$5

### SPINACH & ARTICHOKE DIP - GF

*served with tortilla chips & herb baked crostinis*

\$5

### BUFFALO CHICKEN DIP - GF

*served with tortilla chips*

\$5

### BACON RANCH DIP - GF

*served with kettle chips*

\$4

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CRUDITÉ PLATTER (V+/GF)  
AVAILABLE FOR AN  
ADDITIONAL \$3





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# BREAKS

## WARM DIPS 24 PERSON MINIMUM

**LOADED QUESO - GF** \$5  
*served with tortilla chips*

**SMOKY BBQ PULLED PORK DIP - GF** \$5  
*served with barbecue kettle chips*

**WARM BUFFALO CHICKEN DIP - GF** \$5  
*served with tortilla chips*

**WARM SPINACH & ARTICHOKE DIP - V** \$5  
*served with tortilla chips & herb baked crostinis*

**WARM BEER CHEESE - V** \$6  
*served with soft pretzels & whole grain mustard*

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**GF - GLUTEN FRIENDLY**

CRUDITÉ PLATTER (V+/GF)  
AVAILABLE FOR AN  
ADDITIONAL \$3



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# BREAKS

## A LA CARTE

24 PERSON MINIMUM

### CELERY STICKS & PRETZELS - V

with sunflower butter

\$3

### SLICED APPLES - V/GF

peanut butter | nutella

sub sunflower butter for an additional \$1

\$6

### ARTISAN CHEESE & FRUIT DISPLAY - V

with assorted breads & crackers

\$9

### HOUSE MADE HERB ROASTED NUTS - V

herbs de provence | lemon zest | garlic powder | flaky sea salt  
almonds | pecans | cashews | peanuts

\$6

### TOASTED & ROASTED - V+/GF

roasted edamame | roasted chickpeas | roasted pumpkin seeds  
spiced cashews | mustard almonds | pistachios

\$6

### SUPER FOOD BROWNIES - V+/GF

dates | assorted nuts | cocoa powder | peanut butter

\$4

### PEANUT BUTTER PROTEIN BARS - V+/GF

\$4

## A LA CARTE

100 PERSON MAXIMUM

### BURRATA & HEIRLOOM TOMATOES - V

marinated shallots | baby tomatoes | smashed burrata | basil oil  
balsamic glaze | fresh basil | black lava salt | herb baked focaccia

\$8

### CRISPY CHICKPEA, ROASTED KALE & CAULIFLOWER - V+/GF

creamy tahini sauce | red onions | english cucumbers | sesame seeds

\$6

### HUMMUS & CRISP VEGETABLES - V+/GF

radish chips | heirloom carrots | summer squash | edamame hummus  
sesame oil drizzle

\$6

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# BREAKS

## **BARS**

24 PERSON MINIMUM

### **POPCORN BAR - V**

**\$7**

*kettle corn | salted popcorn | cheddar cheese powder | ranch seasoning  
tjain | caramel drizzle | gold dusted cinnamon sugar | crushed oreos  
m&ms | roasted peanuts*

### **BUILD YOUR OWN TRAIL MIX BAR - V**

**\$7.50**

CHOOSE 3 OF EACH

#### **NUTS & SEEDS**

*toasted almonds | spiced peanuts | rosemary walnuts | pumpkin seeds*

#### **DRIED FRUIT**

*golden raisins | apricots | cranberries | cherries | banana chips*

#### **SWEET & SALTY**

*toasted coconut flakes | m&ms | chocolate chips | white chocolate  
butterscotch | pretzels | popcorn*

## **PRE-PACKAGED**

24 PERSON MINIMUM

### **ASSORTED PRE-PACKAGED SNACKS - V**

**\$2.50**

*chips | popcorn | pretzels | trail mix*

### **INDIVIDUAL BAGS OF TRAIL MIX - V**

**\$2.50**

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