



VANDERBILT
Catering and Events



BREAKS

JUICES & SMOOTHIES 2 DOZEN MINIMUM

4 OUNCE \$6

8 OUNCE \$9

STRAWBERRY LEMONADE SMOOTHIE - V/GF

chia seeds | lemon zest

CHOCOLATE BANANA BLISS SMOOTHIE - V+/GF

banana | cocoa powder | oat milk | dates | cinnamon

PEACH MATCHA CREAM SMOOTHIE - V+/GF

peaches | oat milk | matcha powder | vanilla | maple syrup

BLUEBERRY VANILLA MATCHA SMOOTHIE - V/GF

GREEN AVOCADO SMOOTHIE - V+/GF

CUCUMBER MINT COOLER JUICE - V+/GF

cucumber | green grapes | fresh mint | lime juice | coconut water

GOLDEN GLOW JUICE - V+/GF

orange juice | pineapple | carrot | fresh ginger

GREEN REFRESHER JUICE - V+/GF

cucumber | green apple | spinach | lemon juice

BEET BERRY BOOST JUICE - V+/GF

roasted beet | strawberry | blueberry | lemon juice

WATERMELON MINT COOLER (SEASONAL) - V+/GF

watermelon | lime juice | fresh mint

V - VEGETARIAN
V+ - VEGAN
GF - GLUTEN FRIENDLY



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BREAKS

OVERNIGHT OATS, PARFAITS & CHIA SEED PUDDINGS

2 DOZEN MINIMUM
VEGAN PARFAITS AVAILABLE FOR \$5

ESPRESSO BROWN SUGAR OVERNIGHT OATS - V+/GF	\$4
CHOCOLATE PEANUT BUTTER BANANA OVERNIGHT OATS - V+/GF	\$4
STRAWBERRY CHIA OVERNIGHT OATS - V+/GF	\$4
APPLE CINNAMON PECAN OVERNIGHT OATS - V+/GF	\$4
BLUEBERRY VANILLA OVERNIGHT OATS - V+/GF	\$4
INDIVIDUAL GREEK YOGURTS - V	\$3.50
STRAWBERRY SHORTCAKE PARFAIT - V	\$4
TROPICAL SUNRISE PARFAIT - V/GF	\$4
BANANA NUTELLA PARFAIT - V/GF	\$4
MAPLE PECAN GRANOLA PARFAIT - V/GF	\$4
BERRY & CHIA YOGURT PARFAIT - V/GF	\$4
COFFEE HOUSE GRANOLA & YOGURT PARFAIT - V/GF	\$4
BLUEBERRY COCONUT CHIA SEED PUDDING - V+/GF	\$5
VANILLA CHIA SEED PUDDING - V+/GF	\$5

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BREAKS

BENTO BOXES 2 DOZEN MINIMUM

\$8

HUMMUS CRUNCH BENTO BOX - V+

*roasted garlic hummus | celery & carrot sticks | pita chips | cucumber slices
sub roasted turkey for an additional \$2*

CHEESE & NUT BENTO BOX - V

*sharp cheddar cheese | almonds | dried cranberries | grapes | artisan crackers
sub salami for an additional \$2*

CAPRESE BENTO BOX - V

*pesto marinated mozzarella pearls | grape tomatoes | focaccia | mixed olives
sub pepperoni for an additional \$2*

PROTEIN BENTO BOX - V/GF

*apples | peanut butter | almonds | hard boiled egg
sub sunflower butter for an additional \$1*

SWEET & SALTY BENTO BOX - V/GF

*strawberries | nutella | almonds | hard boiled egg
sub sunflower butter for an additional \$1*

SALAD CUPS 2 DOZEN MINIMUM

\$7

ASAIN NOODLE SALAD - V+/GF

rice noodles | edamame | carrots | peppers | sesame ginger dressing | scallions

MINI GREEK SALAD - V/GF

layered tomato | cucumber | olives | red onion | feta | oregano vinaigrette

ROASTED RED PEPPER & WHITE BEAN DIP - V+/GF

cucumber | rainbow carrots | za'atar pita chips

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BREAKS

PINWHEELS 2 DOZEN MINIMUM

\$3

SOUTHWESTERN PINWHEEL - V

chipotle mayo | roasted red pepper | black bean & corn salsa | fresh cilantro

HUMMUS PINWHEEL - V+

parsnip hummus | cucumber & sun dried tomatoes | kale | heirloom carrots
golden raisins

RAINBOW VEGETABLE PINWHEEL - V+

sriracha hummus | purple cabbage | red pepper | carrots | spinach
yellow squash

GRILLED VEGAN PINWHEEL - V+

sun dried tomato hummus | seasonal roasted vegetables | baby spinach
balsamic glaze

TURKEY PESTO PINWHEEL

smoked turkey | basil pesto | provolone cheese | baby spinach
roasted red peppers

ITALIAN PINWHEEL

salami | capicola | lettuce | onion | tomato | herby cream cheese spread

BUFFALO CHICKEN PINWHEEL

celery | red onion | slaw | buffalo sauce | buttermilk blue cheese aioli

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GLUTEN FREE TORTILLA
AVAILABLE FOR AN
ADDITIONAL \$3.50



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BREAKS

COLD DIPS

24 PERSON MINIMUM

AVOCADO GREEN GODDESS - V+/GF

\$4

served with kettle chips

GUACAMOLE - V+/GF

\$5

served with tortilla chips

MUHAMMARA - V+/GF

\$5

served with grilled flatbread

ROASTED GARLIC HUMMUS - V+/GF

\$4

served with pita chips

ROASTED RED PEPPER SALSA - V+/GF

\$4

served with tortilla chips

SMOKED GOUDA PIMENTO CHEESE - V/GF

\$5

served with assorted crackers

CARAMELIZED ONION DIP - GF

\$4

served with house made chips

WHIPPED RICOTTA & LEMON - GF

\$5

served with herb baked crostinis

SPINACH & ARTICHOKE DIP - GF

\$5

served with tortilla chips & herb baked crostinis

BUFFALO CHICKEN DIP - GF

\$5

served with tortilla chips

BACON RANCH DIP - GF

\$4

served with kettle chips

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CRUDITÉ PLATTER (V+/GF)
AVAILABLE FOR AN
ADDITIONAL \$3



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BREAKS



WARM DIPS

24 PERSON MINIMUM

LOADED QUESO - GF

served with tortilla chips

\$5

SMOKY BBQ PULLED PORK DIP - GF

served with barbecue kettle chips

\$5

WARM BUFFALO CHICKEN DIP - GF

served with tortilla chips

\$5

WARM SPINACH & ARTICHOKE DIP - V

served with tortilla chips & herb baked crostinis

\$5

WARM BEER CHEESE - V

served with soft pretzels & whole grain mustard

\$6

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BREAKS

A LA CARTE 24 PERSON MINIMUM

CELERY STICKS & PRETZELS - V <i>with sunflower butter</i>	\$3
SLICED APPLES - V/GF <i>peanut butter / nutella</i> <i>sub sunflower butter for an additional \$1</i>	\$6
ARTISAN CHEESE & FRUIT DISPLAY - V <i>with assorted breads & crackers</i>	\$9
HOUSE MADE HERB ROASTED NUTS - V <i>herbs de provence / lemon zest / garlic powder / flaky sea salt</i> <i>almonds / pecans / cashews / peanuts</i>	\$6
TOASTED & ROASTED - V+/GF <i>roasted edamame / roasted chickpeas / roasted pumpkin seeds</i> <i>spiced cashews / mustard almonds / pistachios</i>	\$6
SUPER FOOD BROWNIES - V+/GF <i>dates / assorted nuts / cocoa powder / peanut butter</i>	\$4
PEANUT BUTTER PROTEIN BARS - V+/GF	\$4

A LA CARTE 100 PERSON MAXIMUM

BURRATA & HEIRLOOM TOMATOES - V <i>marinated shallots / baby tomatoes / smashed burrata / basil oil</i> <i>balsamic glaze / fresh basil / black lava salt / herb baked focaccia</i>	\$8
CRISPY CHICKPEA, ROASTED KALE & CAULIFLOWER - V+/GF <i>creamy tahini sauce / red onions / english cucumbers / sesame seeds</i>	\$6
HUMMUS & CRISP VEGETABLES - V+/GF <i>radish chips / heirloom carrots / summer squash / edamame hummus</i> <i>sesame oil drizzle</i>	\$6

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BREAKS

BARS

24 PERSON MINIMUM

POPCORN BAR - V

\$7

kettle corn | salted popcorn | cheddar cheese powder | ranch seasoning
tajin | caramel drizzle | gold dusted cinnamon sugar | crushed oreos
m&ms | roasted peanuts

BUILD YOUR OWN TRAIL MIX BAR - V

\$7.50

CHOOSE 3 OF EACH

NUTS & SEEDS

toasted almonds | spiced peanuts | rosemary walnuts | pumpkin seeds

DRIED FRUIT

golden raisins | apricots | cranberries | cherries | banana chips

SWEET & SALTY

toasted coconut flakes | m&ms | chocolate chips | white chocolate
butterscotch | pretzels | popcorn

PRE-PACKAGED

24 PERSON MINIMUM

ASSORTED PRE-PACKAGED SNACKS - V

\$2.50

chips | popcorn | pretzels | trail mix

INDIVIDUAL BAGS OF TRAIL MIX - V

\$2.50

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