

# OLLI AT VANDERBILT

*Osher Lifelong Learning Institute at Vanderbilt*

*Courses for Adults 50 and Older*

**FALL 2024**

**Registration Opens**

Monday, August 26

**Registration Deadline**

Friday, September 27

**First Day of Classes**

Sunday, October 6



**REDISCOVER**  
*The Joy of Learning!*

# Director's Welcome

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Norma Clippard

Welcome to the Osher Lifelong Learning Institute at Vanderbilt! We have many exciting things planned as we continue toward our goal of maintaining a high-quality program with an active and engaged membership. With three academic terms, our non-credit courses delve into such topics as history, religion, science, politics, current events, and the arts. In addition to attending courses and events, membership provides an excellent opportunity to form new friendships.

## MISSION STATEMENT

OLLI at Vanderbilt helps adults over 50 rediscover the joy of learning and build community through diverse social interaction.

## MEMBER BENEFITS

- Attend courses
- Participate in all special events and day trips
- Stay informed about other Vanderbilt activities and educational opportunities
- Participate in our Shared Interest Groups
- No membership fee

## CONTACT US

### Norma Clippard

*Director*

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*President*

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## FACEBOOK

[facebook.com/OLLIVanderbilt](https://facebook.com/OLLIVanderbilt)

## EMAIL

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## MAILING ADDRESS

Osher Lifelong Learning Institute  
at Vanderbilt University  
PMB 407760  
2301 Vanderbilt Place  
Nashville, TN 37240-7760

# Academic Calendar

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## FALL 2024

### REGISTRATION OPENS

Monday, August 26

### REGISTRATION DEADLINE

Friday, September 27

### FIRST DAY OF CLASSES

Sunday, October 6

## WINTER 2025

### REGISTRATION OPENS

Monday, November 18

### REGISTRATION DEADLINE

Friday, January 3\*

### FIRST DAY OF CLASSES

Sunday, January 12

\*Office will be closed Dec. 23—Jan. 1

## SPRING 2025

### REGISTRATION OPENS

Monday, February 10

### REGISTRATION DEADLINE

Friday, March 7

### FIRST DAY OF CLASSES

Sunday, March 16

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**OLLI**  
AT VANDERBILT

# Ways To Register

## MAIL

Send completed registration form and payment to the following address:

OLLI at Vanderbilt  
PMB 407760  
2301 Vanderbilt Place  
Nashville, TN 37240

*(note: this is not our physical address)*

## BENEFIT

- Great option for those who prefer not to pay online

**Before mailing your registration, please check the [OLLI website](#) for course availability.**

## ONLINE

1. Visit [vanderbilt.edu/olli](http://vanderbilt.edu/olli)
2. Select the course you want to register for
3. Log in to your account or create an account (I am a new user) if applicable
4. Complete your registration

## IMPORTANT NOTES

- For your safety, your credit card will not be saved in our registration system.
- You are not fully registered for a course until payment has been received.
- We are able to accept registrations by phone; however, **please do not call and leave your credit card information on a voicemail.**

# Fall 2024 Schedule-at-a-Glance

BEGINS	DAY	TIME	COURSE & INSTRUCTOR	LOCATION	FEE	PAGE
10/6	SUN	11:00 a.m.	<b>OLLI Steel Drum Band – BEGINNER</b> Instructor: Mat Britain	Blair School of Music Vanderbilt University	\$100	<b>4</b>
10/6	SUN	1:00 p.m.	<b>OLLI Steel Drum Band – ADVANCED</b> Instructor: Mat Britain	Blair School of Music Vanderbilt University	\$100	<b>5</b>
10/6	SUN	2:30 p.m.	<b>OLLI Steel Drum Band – INTERMEDIATE</b> Instructor: Mat Britain	Blair School of Music Vanderbilt University	\$100	<b>6</b>
10/7	MON	9:00 a.m.	<b>Meditative Birding</b> Instructor: Stacy Elliott	Warner Park Nature Center, 7311 Highway 100	\$50	<b>7</b>
10/7	MON	10:00 a.m.	<b>Meditating with Wendell Berry: A Contemplative Vision</b> Instructor: Gordon Peerman	Online via Zoom	\$60	<b>8</b>
10/8	TUE	2:00 p.m.	<b>How to Write a Memoir</b> Instructor: Carole Webb Moore-Slater	Online via Zoom	\$100	<b>9</b>
10/9	WED	8:30 a.m.	<b>Writing Seminar: The Writing Life</b> Instructor: Victor Judge	Online via Zoom	\$150	<b>10</b>
10/9	WED	9:30 a.m.	<b>America's Folk Revivals</b> Instructor: Robert Fry	Online via Zoom	\$60	<b>11</b>
10/9	WED	11:00 a.m.	<b>Adolf Hitler And Nazism: Exploring the Enigmas</b> Instructor: David Hinton	Online via Zoom	\$60	<b>12</b>
10/9	WED	2:00 p.m.	<b>Reading Shakespeare with Film – Part 3</b> Instructor: Russ Heldman	Online via Zoom	\$60	<b>13</b>
10/10	THU	9:30 a.m.	<b>Cuba and the United States</b> Instructor: Frank Robinson	Vanderbilt University Commons Center	\$60	<b>14</b>
10/10	THU	11:00 a.m.	<b>The Trends and Business of Major Diseases in the United States</b> Instructor: Steve Lindstrom	Vanderbilt University Commons Center	\$60	<b>15</b>
10/15	TUE	9:30 a.m.	<b>Beginner Ukulele</b> Instructor: Theresa Romack	The Temple, 5015 Harding Pike	\$60	<b>16</b>
10/15	TUE	10:00 a.m.	<b>Choral Singing</b> Instructor: Mary Combs	The Temple, 5015 Harding Pike	\$60	<b>17</b>

\*All class times are CDT



# Fall 2024 Course Descriptions



## **INSTRUCTOR:**

Mat Britain, *Director, OLLI Steel Drum Band*

## **DATES:**

Sundays, October 6, 13, 20, 27;  
November 3, 10, 17

## **TIME:**

11:00 a.m. – 12:15 p.m. CDT

## **LOCATION:**

Blair School of Music  
Vanderbilt University  
2400 Blakemore Avenue

**FEE:** \$100

## **OLLI STEEL DRUM BAND – BEGINNER**

This musical journey to the Caribbean is a hands-on experience where you will learn how to play the steel drums. During the seven-week term, we will approach proper playing techniques, which we will apply by learning a song. History of the art form and its birthplace will be discussed in class, along with easy “homework” assignments (short YouTube videos, articles, listening examples). Your success and enjoyment in the band, as well as the band's success, is dependent on regular attendance. Everyone in the band plays an important role. Please make every effort to attend each class. Come join us for a low-stress, fun musical adventure! Recommendations for enrollment: no musical experience needed but helpful; able to stand for 60-75 minutes; reasonable mobility in fingers, wrists, and arms; willingness to practice before class recommended if needed.

***Course enrollment is limited to 14 participants.***

## **MAT BRITAIN**

Mat Britain has pursued his love of percussion from the plains of Kansas to the island of Trinidad. He has traveled numerous times to Trinidad and performed with the Amoco/BP Renegades Steel Band at the prestigious Panorama Festival. Living in Nashville, Tennessee, he directs the Vanderbilt University Steel Drum Band program and leads his professional steel band Deep Grooves. Britain is indeed an All-American percussionist with a global perspective that permeates his grooves, style, and musicianship.

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### **INSTRUCTOR:**

Mat Britain, *Director, OLLI Steel Drum Band*

### **DATES:**

Sundays, October 6, 13, 20, 27;  
November 3, 10, 17

### **TIME:**

1:00 p.m. – 2:15 p.m. CDT

### **LOCATION:**

Blair School of Music  
Vanderbilt University  
2400 Blakemore Avenue

**FEE:** \$100

## **OLLI STEEL DRUM BAND – ADVANCED**

After excelling in the beginner and intermediate bands, it is time to approach music that is more difficult. We will implement more advanced musical terminology and playing techniques. This group often performs in the Vanderbilt Steel Bands Concert at Blair School of Music. Your success and enjoyment in the band, as well as the band's success, is dependent on regular attendance. Everyone in the band plays an important role. Please make every effort to attend each class. Recommendations for enrollment: prerequisite of the beginner and intermediate levels is required unless instructor permission is granted through invitation or a short audition; reading music is very helpful but not essential as long as you learn quickly by ear; strong rhythmic comprehension is helpful; understanding the concepts of underlying pulse, syncopation, and being able to hear and repeat rhythms is helpful; willingness to practice before class recommended if needed.

***Course enrollment is limited to 14 participants.***

## **MAT BRITAIN**

Mat Britain has pursued his love of percussion from the plains of Kansas to the island of Trinidad. He has traveled numerous times to Trinidad and performed with the Amoco/BP Renegades Steel Band at the prestigious Panorama Festival. Living in Nashville, Tennessee, he directs the Vanderbilt University Steel Drum Band program and leads his professional steel band Deep Grooves. Britain is indeed an All-American percussionist with a global perspective that permeates his grooves, style, and musicianship.

**INSTRUCTOR:**

Mat Britain, *Director, OLLI Steel Drum Band*

**DATES:**

Sundays, October 6, 13, 20, 27;  
November 3, 10, 17

**TIME:**

2:30 p.m. – 3:45 p.m. CDT

**LOCATION:**

Blair School of Music  
Vanderbilt University  
2400 Blakemore Avenue

**FEE:** \$100

## OLLI STEEL DRUM BAND – INTERMEDIATE

For those who have grasped the basics, this band will refine the basics and techniques on the steel pans. We will work on slightly more difficult music and dive deeper into the culture of Trinidad and the steel band art form. Your success and enjoyment in the band, as well as the band's success, is dependent on regular attendance. Everyone in the band plays an important role. Please make every effort to attend each class. Recommendations for enrollment: prerequisite of the beginner level is required unless instructor permission is granted through invitation or a short audition; reading music is helpful but not essential; able to stand for 60-75 minutes; reasonable mobility in fingers, wrists, and arms; willingness to practice before class recommended if needed.

***Course enrollment is limited to 14 participants.***

## MAT BRITAIN

Mat Britain has pursued his love of percussion from the plains of Kansas to the island of Trinidad. He has traveled numerous times to Trinidad and performed with the Amoco/BP Renegades Steel Band at the prestigious Panorama Festival. Living in Nashville, Tennessee, he directs the Vanderbilt University Steel Drum Band program and leads his professional steel band Deep Grooves. Britain is indeed an All-American percussionist with a global perspective that permeates his grooves, style, and musicianship.



**INSTRUCTOR:**

Stacy Elliott, M.S.W.

**DATES:**

Mondays, October 7, 21, 28;  
November 4, 11\*

*\*NOTE: We will not meet Monday,  
October 14*

**TIME:**

9:00 a.m. – 10:15 a.m. CDT

**LOCATION:**

Warner Park Nature Center  
7311 Highway 100

**FEE:** \$50

## MEDITATIVE BIRDING

The accessible and inclusive practice of Meditative Birding has been gaining popularity in recent years. Sometimes called Mindful Birding or Slow Birding, this practice focuses on: focused observation—taking time to notice a bird's features, habitats, and behaviors; engaged mind, body, soul—trying various modalities of engagement, e.g. nature journaling, sketching, photography, and sensory activities; intentional connection—exploring research that shows connecting with nature has mental health benefits such as improved memory and attention, decrease in anxiety and depression, more happiness; and shared reflection—learning in solitary processing and community sharing. Bring your curiosity and let's spend some time appreciating and pondering our avian companions and the world we share.

***Course enrollment is limited to 20 participants.***

## STACY ELLIOTT

Stacy Elliott, M.S.W., serves as the DEIB Chair on the board of Cumberland-Harpeth Audubon Society, promoting diversity, equity, inclusion, and belonging in birding. In 2022, she helped found Bird Safe Nashville to protect Music City's songbirds. She has been practicing social work for over 30 years and currently teaches in the Honors Program at Belmont University. A pair of summer tanagers sparked her interest in birdwatching which has become a daily ritual of wonder, respect, and self-care.



**INSTRUCTOR:**

Gordon Peerman, *Episcopal Priest, Psychotherapist, and Mindfulness Meditation Teacher*

**DATES:**

Mondays, October 7, 14, 21, 28;  
November 4, 11

**TIME:**

10:00 a.m. – 11:15 a.m. CDT

**LOCATION:**

Online via Zoom

**FEE:** \$60

## MEDITATING WITH WENDELL BERRY: A CONTEMPLATIVE VISION

Wendell Berry is a Kentucky novelist, poet, essayist, environmental activist, cultural critic, and farmer. A disclaimer: I am not an “expert” on Wendell Berry’s writing, nor is this a class in literary criticism. I am an appreciator of what I call Wendell Berry’s “Contemplative Vision” — on matters of love and loss; eternity and the passage of time; beauty and its desecration; silence and stillness and our many distractions; and finally, the value of good work and what Berry calls our “membership” with land and neighbor. I’ll pull passages from some of Berry’s novels, stories, and poems; make a few observations on Berry’s “Contemplative Vision”; and fashion a guided meditation for each class. I plan to draw from: (1) three novels: *Hannah Coulter*, *Jayber Crow*, and *The Memory of Old Jack*; (2) two stories: “The Art of Loading Brush” and “Fidelity”; (3) three poems: “I Go Among Trees”, “The Peace of Wild Things”, and “How to Be a Poet.” This meditation class is open to both beginning and experienced meditators.

***This course will be recorded.***

## GORDON PEERMAN

Gordon Peerman is an Episcopal priest, psychotherapist, and mindfulness meditation teacher. He is the author of *Blessed Relief: What Christians Can Learn from Buddhists about Suffering*, and *The Body Knows the Way: Coming Home through the Dark Night*. For seventeen years he taught at One River Wisdom School Nashville, an interspiritual gathering. He leads retreats and workshops on the intersection of contemplative practice and psychological growth. With his late wife Kathy Woods, he taught mindfulness practices at Vanderbilt’s Osher Center for Integrative Health. At Vanderbilt Divinity School, he taught courses in pastoral theology and Buddhist-Christian Dialogue. He provides spiritual companionship for individuals who wish to explore contemplative practice in daily life.

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**INSTRUCTOR:**

Carole Webb Moore-Slater,  
*Educator and Community Speaker*

**DATES:**

Tuesdays, October 8, 15, 22, 29;  
November 5, 12, 19, 26

**TIME:**

2:00 p.m. – 3:30 p.m. CDT

**LOCATION:**

Online via Zoom

**FEE:** \$100

## HOW TO WRITE A MEMOIR

A memoir is creative non-fiction that relies on memories from your own experiences. This eight week creative non-fiction writing series provides practical information designed to motivate and inspire each participant to write a personal or family memoir one story at a time. Information includes organizational guidelines when planning a story and writing tips to bring characters to life as a story unfolds. There will be writing exercises during class and each participant will be encouraged to write a short memoir to share in class toward the end of this series with kind feedback provided. We will learn from each other. Never doubt that your story matters because sharing it with friends or family could be the best gift you ever give.

***Course enrollment is limited to 14 participants.***

## CAROLE WEBB MOORE-SLATER

Carole Webb Moore-Slater is the author of several books, including a memoir, *Letters from the Heart 1943-1946*. Other publications include a children's book and various articles printed in national magazines and other publications. Carole believes everyone has important life stories to share with family, friends, or the general public. Teaching memoir writing to others is a passion and OLLI at Vanderbilt offers this workshop in every session throughout the year. With a background in education and social work, Carole spent her career directing various disability programs in the community, most recently at Vanderbilt University Kennedy Center.

**INSTRUCTOR:**

Victor Judge, *Assistant Dean for Academic Affairs at Vanderbilt University's Divinity School*

**DATES:**

Wednesdays, October 9, 23;  
November 13, 27; January 8, 22;  
February 12, 26; March 12, 26;  
April 9, 23

**TIME:**

8:30 a.m. – 10:00 a.m. CDT

**LOCATION:**

Online via Zoom

**FEE:** \$150

## WRITING SEMINAR: THE WRITING LIFE

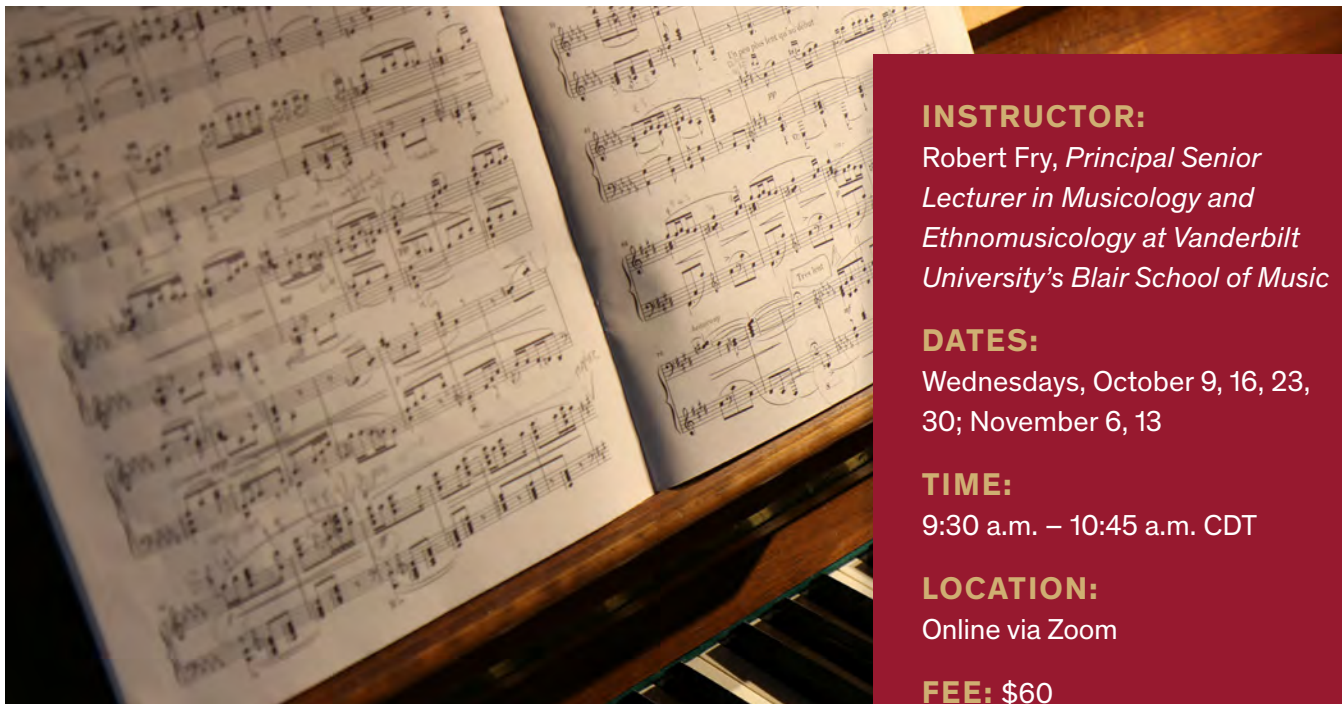
In describing the work of a writer, the contemporary American author Annie Dillard contends, “The line of words is a miner’s pick, a woodcarver’s gouge, a surgeon’s probe. You wield it, and it digs a path you follow. Soon you find yourself deep in new territory. Is it a dead end, or have you located the real subject? You will know tomorrow, or this time next year.” Participants in this writing workshop will experience the challenges and the pleasures of the “writing life” by composing assignments in prose and through sharing their work with their peers. We shall read and discuss each contribution for its strengths and make recommendations for revisions. The seminar is designed for beginner writers with no previous publication experience and is limited to 12 participants who have not been enrolled previously in Victor Judge’s writing seminar. Registration will be accepted on a first-come, first-served basis.

***This course will not be recorded.***

## VICTOR JUDGE

Victor Judge serves as the assistant dean for academic affairs at Vanderbilt University Divinity School where he also is a lecturer in literature and religion. His courses include seminars on the religious questions in the writings of Flannery O’Connor, Albert Camus, William Faulkner, Emily Dickinson, John Donne, and Gerard Manley Hopkins, S.J., as well as a class in writing creatively about religions. Through the study of literature, he helps to prepare the next generation of student theologians for their vocations. He holds both baccalaureate and graduate degrees in English from George Peabody College for Teachers.



**INSTRUCTOR:**

Robert Fry, *Principal Senior Lecturer in Musicology and Ethnomusicology at Vanderbilt University's Blair School of Music*

**DATES:**

Wednesdays, October 9, 16, 23, 30; November 6, 13

**TIME:**

9:30 a.m. – 10:45 a.m. CDT

**LOCATION:**

Online via Zoom

**FEE:** \$60

## AMERICA'S FOLK REVIVALS

This course will cover a variety of topics pertinent to understanding the history, continuation, and influence of American folk music on the birth and development of popular recorded music, and as a musical and cultural resource in folk revivals throughout the 20th and 21st centuries. Through a historical approach with an emphasis on important styles, artists, and social and cultural issues, this class will explore the multiple sounds and meanings of folk music as they are introduced, borrowed, and revisited throughout the history of recorded music.

*This course will be recorded.*

## ROBERT FRY

Robert Fry is a principal senior lecturer in musicology and ethnomusicology at Vanderbilt University's Blair School of Music, where he teaches courses in global music, popular music, fandom, and music tourism. His research focuses on tourism and the role of fandom in the production of a musical place, which he has written about in articles, edited volumes, and his book, *Performing Nashville: Music Tourism and Country Music's Main Street*.

**INSTRUCTOR:**

David Hinton, *Historian*

**DATES:**

Wednesdays, October 9, 16, 23,  
30; November 6, 13

**TIME:**

11:00 a.m. – 12:15 p.m. CDT

**LOCATION:**

Online via Zoom

**FEE:** \$60

## ADOLF HITLER AND NAZISM: EXPLORING THE ENIGMAS

Adolf Hitler is arguably the world's most recognizable historical figure, and the one most people know very little about. He is certainly one of the great enigmas of world history. He was a man of obscure background, without a university education and with no trade or profession, but he became the undisputed leader of Germany. Adolf Hitler was “the first modern politician” pioneering the use of media manipulation (radio, press, and film) for political purposes, the first to use air travel as a campaign tool, and the first to use the elaborate staging of political rallies as propaganda spectacles. The Nazi Party was equally enigmatic. Using a hybrid political philosophy, it attracted adherents from the left-wing laboring class and right-wing industrialists and rallied middle class shop owners to a party that called themselves Socialists. While the party was seemingly anti-intellectual, university students were among its loudest members. In this course we will seek an understanding of how Adolf Hitler became the undisputed dictator of Germany and the Nazi party its ruling party. ***This course will be recorded.***

## DAVID HINTON

David Hinton is one of the few persons alive today who personally knew and interviewed close associates of Adolf Hitler. The grandson of German immigrants, David has spent a lifetime studying the history of Adolf Hitler and Nazi Germany, trying to understand what happened and why, and why his own German relatives became Nazis. He studied at Schiller University in Heidelberg, Germany. He became acquainted with Albert Speer, who started as Hitler's personal architect and became one of the most powerful members of Hitler's government. David B. Hinton, Ph.D. has degrees in history, film studies, and higher education from Drake University, the University of Iowa, and Vanderbilt University. He taught at Vanderbilt University for 13 years.

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**INSTRUCTOR:**

Russ Heldman, *Educator and Community Speaker*

**DATES:**

Wednesdays, October 9, 16, 23, 30; November 6, 13

**TIME:**

2:00 p.m. – 3:15 p.m. CDT

**LOCATION:**

Online via Zoom

**FEE:** \$60

## READING SHAKESPEARE WITH FILM – PART 3

This course will continue the exploration of plays which William Shakespeare wrote or to which he contributed and revised. Texts and scenes from films expected to be included in Part 3 are: *A Midsummer Night's Dream*; *King Lear*; *Pericles*; *Cymbeline*; *Macbeth*; and *Sir Thomas More*.

***This course will be recorded.***

## RUSS HELDMAN

Russ Heldman has been a speaker and presenter of the plays of William Shakespeare by text and film to adults in the middle Tennessee area since graduating from Vanderbilt University with a master of liberal arts and science degree in 2000. He also has received a 1979 B.A. and 1982 J.D. from Vanderbilt University. Russ has been a trial and appellate attorney and civil mediator. For eight years he also presided in the civil and criminal courts of four Tennessee counties as Circuit Court Judge and is a member of the Tennessee Judicial Conference. Russ has developed a “*Literature and Faith*” course using works of Shakespeare and film to explore theological themes and shed light on the human condition.





### INSTRUCTOR:

Frank Robinson, *Assistant Professor of History at Vanderbilt University*

### DATES:

Thursdays, October 10, 17, 24;  
November 7, 14, 21\*

*\*NOTE: We will not have class on October 31*

### TIME:

9:30 a.m. – 10:45 a.m. CDT

### LOCATION:

Commons Center, Vanderbilt University, 1231 18th Avenue South

**FEE:** \$60

## CUBA AND THE UNITED STATES

“Cuba has its own special kind of magic, a blend of history, culture, and resilience.” – Unknown  
Throughout the 20th and 21st Centuries, and especially since Fidel Castro's takeover in 1959, the histories of Cuba and the United States intertwined in powerful ways. Of all the peoples in Latin America, none has been more familiar to the United States than Cubans—who in turn have come to know their northern neighbors equally well. In 1899, as the United States settled into its occupation of Cuba after the Spanish-American War, President William McKinley offered his famous observation about the relationship between the two countries: “The new Cuba yet to arise from the ashes of the past must be bound to us by ties of singular intimacy.” This course explores the sometimes surprising, often troubled relationship between the two countries, documenting not only the influence of the United States on Cuba but also the many ways the island has been a recurring presence in U.S. affairs.

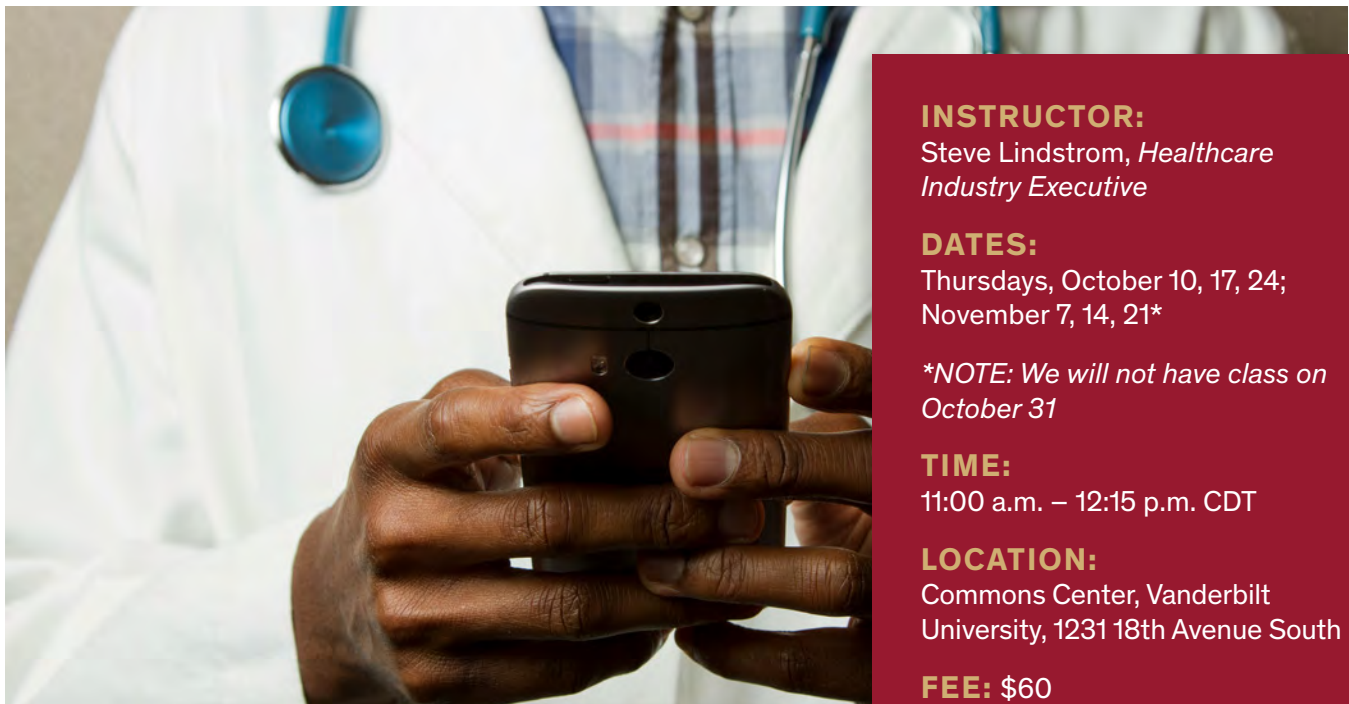
***This course will be recorded.***

## FRANK ROBINSON

Frank Robinson is an assistant professor of History at Vanderbilt University. He completed his undergraduate studies at the Johns Hopkins University and received his graduate degrees from the University of Florida and Auburn University with concentrations in African area studies and Latin American history. He specializes in the history of Latin America and the Caribbean, with a focus on 20th Century political and social movements, nation-state formation, populism, and Caribbean diaspora communities. Grants and fellowships from the IIE Fulbright Program, the National Endowment for the Humanities, and the National Defense Education Act Title VI have helped fund his studies, research, and writing.

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**INSTRUCTOR:**

Steve Lindstrom, *Healthcare Industry Executive*

**DATES:**

Thursdays, October 10, 17, 24;  
November 7, 14, 21\*

*\*NOTE: We will not have class on October 31*

**TIME:**

11:00 a.m. – 12:15 p.m. CDT

**LOCATION:**

Commons Center, Vanderbilt University, 1231 18th Avenue South

**FEE:** \$60

## THE TRENDS AND BUSINESS OF MAJOR DISEASES IN THE UNITED STATES

Direct healthcare costs in the U.S. are now exceeding 18% of GDP, amounting to over \$4 trillion and steadily rising. This course offers a deep dive into diseases that are the major contributors to cost and the current trends in treatment and diagnosis. The course will begin with a comparison of the U.S. healthcare system to those of other modern democracies, focusing on cost, outcomes, and care models. Trends and Business of Major Diseases in the United States will examine the healthcare delivery system from a disease-specific perspective. We will explore the intricate "disease industries" that significantly impact the economy and public health. This course aims to challenge and inform you, providing a comprehensive understanding of the drivers behind healthcare costs and the state of each disease, now evolving into significant care industries. Join us to critically explore these vital aspects of healthcare, enhancing your knowledge and perspective on one of the most pressing issues of our time. ***This course will be recorded.***

## STEVE LINDSTROM

Steve Lindstrom brings more than 40 years of executive leadership experience in the business of healthcare, having served as president of both high-growth HMOs and a social innovation company focusing on delivery of care to underserved populations. An entrepreneur at heart, he is proud to have started four businesses, including a healthcare start-up in the nascent days of the dot-com boom to a primary care physician practice management company. Lindstrom has an MBA from the Thunderbird Graduate School of International Management and taught graduate entrepreneurship courses for seven years at his alma mater, the University of Arizona, in Tucson, Arizona.

**INSTRUCTOR:**

Theresa Romack, *Teaching Artist*

**DATES:**

Tuesdays, October 15, 22, 29;  
November 5, 12, 19

**TIME:**

9:30 a.m. – 10:45 a.m. CDT

**LOCATION:**

The Temple  
5015 Harding Pike

**FEE:** \$60

## BEGINNER UKULELE

This six-week course is designed to introduce the group to the ukulele and group singing. Participants will learn the basics of tuning, strumming, chords, and of course, a few songs. Each week builds on the previous one, with ample time for practice and review. Ukuleles will be provided for all participants.

***Course enrollment is limited to 20 participants.***

## THERESA ROMACK

Theresa Romack graduated from Miami University of Ohio with a bachelor's degree in zoology and a minor in piano performance. She then studied contemporary writing and production and vocal performance on a talent scholarship at Berklee College of Music. Her passion for education started when she was given 10 private piano lessons during her junior year of high school. Theresa has completed professional development courses in education, music, and instruction. She has experience working with students of all ages and in various capacities, as well as private and group piano, voice, guitar, and ukulele instruction. From 2021-2023, Theresa taught general music, bucket drumming, and ukulele at LEAD Cameron Middle School in Nashville, Tennessee.

[Register Now](#)

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**INSTRUCTOR:**

Mary Combs, *Choral Director and Educator*

**DATES:**

Tuesdays, October 15, 22, 29;  
November 5, 12, 19

**TIME:**

10:00 a.m. – 11:30 a.m. CDT

**LOCATION:**

The Temple  
5015 Harding Pike

**FEE:** \$60

## CHORAL SINGING

This six-week course will instruct singers in blending tones, vocal techniques, singing in harmony, and in musicianship as well as prepare the participants to perform a few songs for an audience. The goal for the overall experience is to have fun while making beautiful music together. Be aware that some side effects may occur.... Spontaneous happiness, increased memory and motor function, social connection, and movement of the feet and head.

*Since singing skills build on each other, to benefit most from this seven-week course attendance at each class is encouraged, barring signs of illness.*

***Course enrollment is limited to 50 participants.***

## MARY COMBS

Mary Combs has 40 years' experience directing choirs and musical groups in college, school, church, theatre, and community settings. As a teacher in public and private schools and as director of church choirs, she has worked with all levels of vocal experience and a wide variety of musical backgrounds. As founder and director of the South Cheatham Choral Society, she is known for her talent for guiding singers in developing a "choral sound" while exploring a wide range of musical genres and styles. Mrs. Combs graduated with a degree in music education from Lynchburg College in Virginia, with a major in voice. She and her husband, Jody (retired associate dean of libraries at Vanderbilt), have two sons and reside in Bellevue.

[Register Now](#)

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## Fall 2024 Registration Deadline: September 27, 2024

To be considered for late registration, please contact the OLLI office at 615-343-0700.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ ☐ Home ☐ Cell

**It is important that you provide us with an email address in order to receive course updates.**

Email address \_\_\_\_\_

☐ Returning Member ☐ New Member If new member, referred by \_\_\_\_\_

*Select the courses you'd like to register for in the left column.*

REGISTER	COURSE	FEE
<input type="checkbox"/>	OLLI Steel Drum Band – BEGINNER	\$100
<input type="checkbox"/>	OLLI Steel Drum Band – ADVANCED	\$100
<input type="checkbox"/>	OLLI Steel Drum Band – INTERMEDIATE	\$100
<input type="checkbox"/>	Meditative Birding	\$50
<input type="checkbox"/>	Meditating with Wendell Berry: A Contemplative Vision	\$60
<input type="checkbox"/>	How to Write a Memoir	\$100
<input type="checkbox"/>	Writing Seminar: The Writing Life	\$150
<input type="checkbox"/>	America's Folk Revivals	\$60
<input type="checkbox"/>	Adolf Hitler And Nazism: Exploring the Enigmas	\$60
<input type="checkbox"/>	Reading Shakespeare with Film – Part 3	\$60
<input type="checkbox"/>	Cuba and the United States	\$60
<input type="checkbox"/>	The Trends and Business of Major Diseases in the United States	\$60
<input type="checkbox"/>	Beginner Ukulele	\$60
<input type="checkbox"/>	Choral Singing	\$60
TOTAL		

### Ways to Register

#### ONLINE

[vanderbilt.edu/OLLI](https://vanderbilt.edu/OLLI)

Online registration is fast and the best way to ensure you will get into classes before they reach capacity.

#### MAIL

Send completed form and payment to the following address (**note: this is not our physical address**):

OLLI at Vanderbilt  
PMB 407760  
2301 Vanderbilt Place  
Nashville, TN 37240

#### QUESTIONS?

Call 615-343-0700

Register Now

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## Fall 2024 Registration **Beyond the Classroom**

We are compiling a list of members who are interested in OLLI Shared Interest Groups and volunteer opportunities. Please indicate your interest by checking the corresponding item(s) below and return with your registration.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Email Address \_\_\_\_\_

### Shared Interest Groups

Looking for new ways to engage with your OLLI peers? Consider joining one of our Shared Interest Groups! Have an idea for a new group? Visit the [website](#) to learn how.

SHARED INTEREST GROUPS		FEE
	<b>Afterthoughts: Book Club (Virtual)</b> The OLLI book club meets the first Monday of each month from 11:30 a.m. – 12:30 p.m. CDT via Zoom. A list of current and future book selections is available on the <a href="#">group's website</a> .	Free
	<b>OLLI On Film (In-person)</b> The group's upcoming film selections, including dates, times, and locations are available on the <a href="#">group's website</a> .	Free
	<b>OLLI on the Move (In-person)</b> This group meets weekly at various greenways. Additional information is available on the <a href="#">group's website</a> .	Free

### Volunteer Opportunities

Learn about the inner workings of the OLLI program.

SERVE ON A COMMITTEE	
	Advisory Board of Directors
	Special Events
	Curriculum

ADDITIONAL NEEDS			
	Identify new members and promote program		Recruit instructors
	Identify organizations with potential members		Provide office assistance
	Assist on special event days		Volunteer as a classroom assistant
	Develop and lead a Shared Interest Group		Assist with video production



# Policies and Procedures

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## Class Cancellation Policy

On rare occasions, we are forced to cancel classes for unforeseen circumstances. Should this occur, we will post a notice on our [website](#) and emails will be sent to enrolled members. For this reason, it is **EXTREMELY IMPORTANT** for all students to provide us with an up-to-date email address and to check your email on a regular basis.

## Fee Structure

Courses are individually priced. Fees are listed on the Schedule-at-a-Glance and in the course descriptions.

## Gift Certificates

Give the gift of learning! Gift certificates make great presents for birthdays, holidays, or other special events. Visit our [website](#) or call our office at 615-343-0700 for more information.

## Guest Policy

OLLI students are welcome to bring a single guest one time during the term **ONLY IF** prior approval has been granted. To request pre-approval, call our office at 615-343-0700. We reserve the right to refuse unapproved guests.

## Name Badges

A name badge for the current term will be available at the first day of class at the registration table along with lanyards. Wearing the current term's name badge is mandatory and Classroom Assistants will be enforcing this policy. Please make sure your name badge is visible when entering class.

## Refund Policy

Due to the low cost at which these courses are offered and the additional cost it would take to process a refund, no refunds are given to those who wish to withdraw. Members can transfer into another course (in the same term, in the same price tier) on a space-available basis or receive credit to apply to a future course.

## Scholarship Program

OLLI is pleased to provide financial assistance for members who may be otherwise unable to take part in our OLLI community. Please visit our [website](#) for additional information.

## Code of Conduct

OLLI at Vanderbilt's goal is to create environments that maximize the learning experience for all members. Many of our programs offer a forum for the lively and sometimes passionate exchange of views. To that end, our learning community follows principles of courtesy and mutual respect that promote reasoned discourse and intellectual honesty. Opposing viewpoints are honored and appreciated to preserve the dignity of others.

Violations may include, but are not limited to, denigrating other's views or opinions, threatening behaviors, offensive or abusive language, disruptive classroom conduct, sexual harassment or discrimination, and monopolizing discussions. Personal attacks will not be tolerated.

Members who do not or cannot adhere to these principles may be removed from class and/or activities and denied the privilege of future participation.



## **VANDERBILT UNIVERSITY**

In compliance with federal law, including the provisions of Title VII of the Civil Rights Act of 1964, Title IX of the Education Amendment of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, the ADA Amendments Act of 2008, Executive Order 11246, the Vietnam Era Veterans Readjustment Assistance Act of 1974 as amended by the Jobs for Veterans Act, and the Uniformed Services Employment and Reemployment Rights Act, as amended, and the Genetic Information Nondiscrimination Act of 2008, Vanderbilt University does not discriminate against individuals on the basis of their race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, military service, covered veterans status, or genetic information in its administration of educational policies, programs, or activities; admissions policies; scholarship and loan programs; athletic or other university-administered programs; or employment. In addition, the university does not discriminate against individuals on the basis of their gender expression consistent with the university's nondiscrimination policy. Inquiries or complaints should be directed to Anita J. Jenious, J.D., Director and Title IX Coordinator; the Equal Opportunity, Affirmative Action, and Disability Services Department; Baker Building; PMB 401809, 2301 Vanderbilt Place; Nashville, TN 37240-1809. Telephone (615) 322-4705 (V/TDD); FAX (615) 343-4969. © 2024 Vanderbilt University. All rights reserved.