

Points & Rewards

It's easy to earn rewards by making healthy decisions. Choose your healthy activities and watch your rewards add up. The more you do, the more you'll earn—up to **\$240 in** Rewards Cash annually.



What you can earn each quarter:

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	BONUS LEVEL 5	Total rewards per quarter
Points	1,000	5,000	10,000	15,000	20,000	
Rewards Cash	\$5	\$10	\$15	\$20	1 Entry	\$50

Rewards Cash annual max: $\$50 \times 4 \text{ quarters} = \200

Bonus Level 5: Engage with the platform every month of the quarter and reach 20,000 points to qualify for a drawing for an extra \$50 reward.

Action reward: Complete the Health Check to earn an additional **\$40!**

Use your Rewards Cash:



Visit the store



Donate it



Get a gift card

