personify HEALTH

VANDERBILT UNIVERSITY

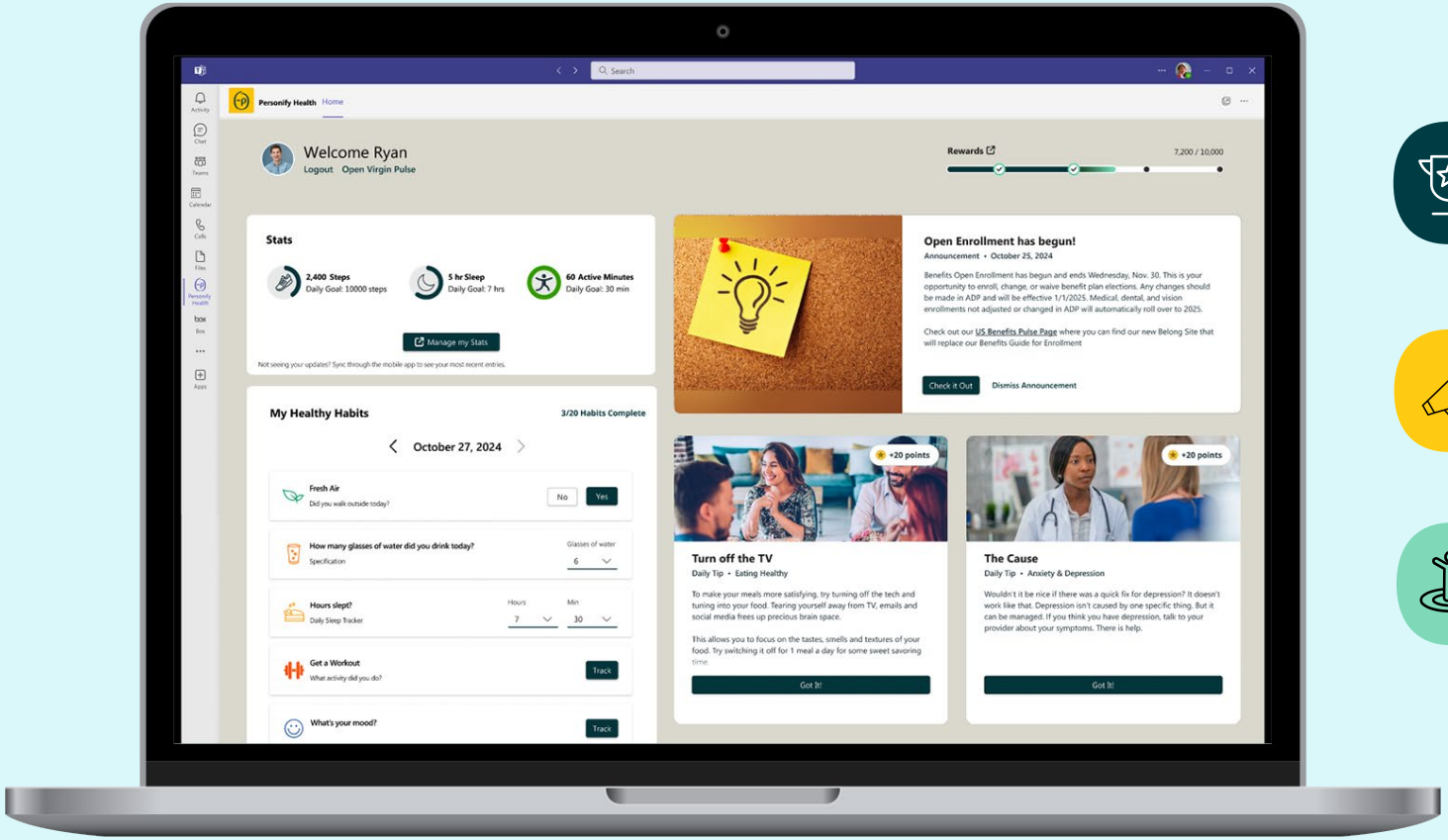
Microsoft Teams App

Workplace Health & Wellbeing with Ease

Track Your Stats

Track Healthy Habits

Complete Daily Cards

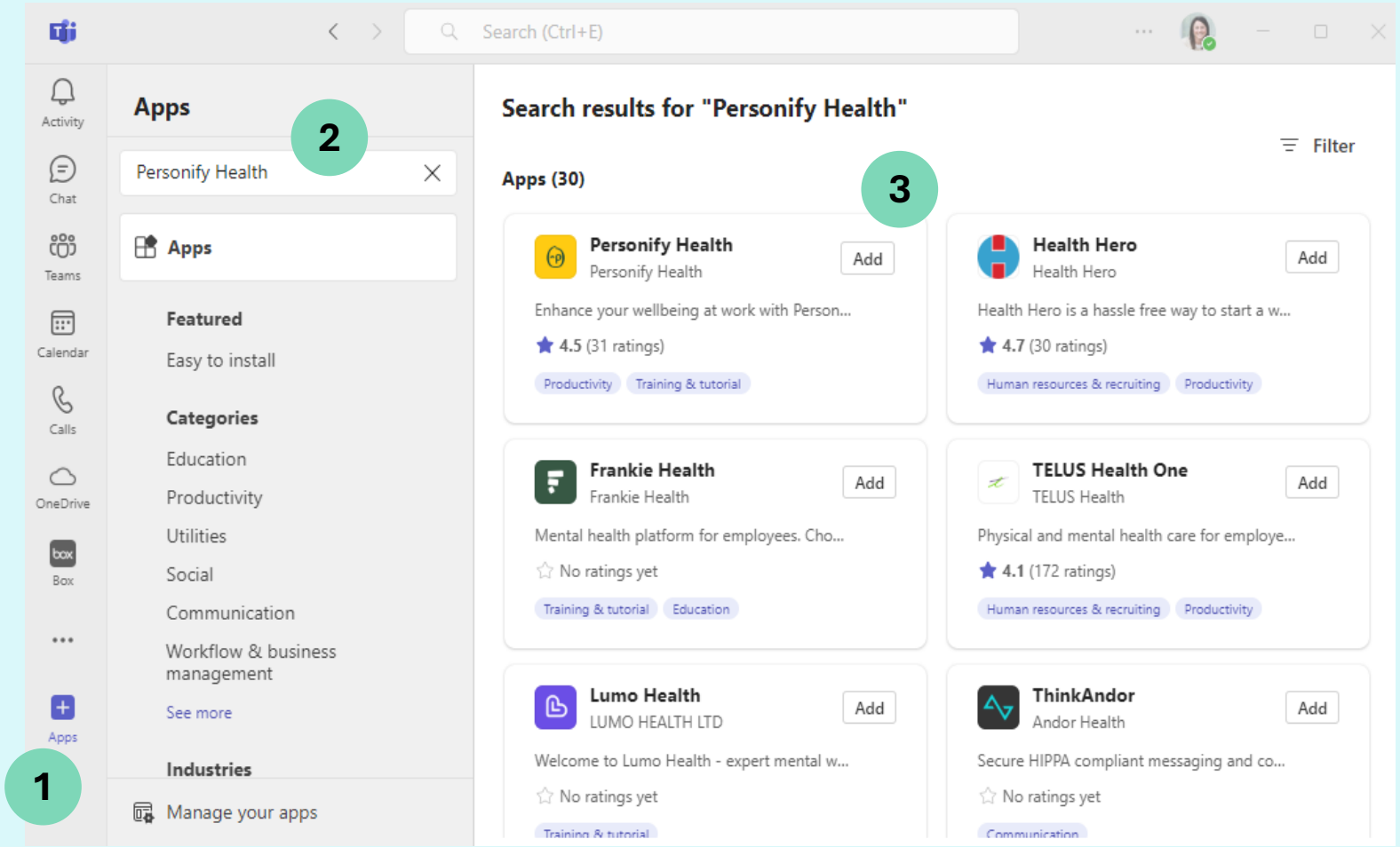


View reward status (points & levels)

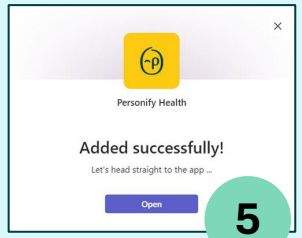
View sponsor announcement cards

Deep linking into platform for full experience

How to Find and Download the App:



1. Click the Apps Icon
2. Enter *Personify Health* in the search bar
3. + 4. Click Add
5. Click Open
6. Sign in using your existing username & password



Tip: Pin the App for Easy Access

Right click on the Personify app icon on the left side of Teams. Select **Pin** to make the app visible every time you log in.