

The following information will be published on the Courses page of the Summer Sessions Website :			
Course Title:	Portugal and the Lusophone World on a Platter		
Course Number:	PORT 2905	Credit Hours:	3
First Instructor:	Benjamin Legg	First Instructor Email:	Benjamin.legg@vanderbilt.edu
Second Instructor:	Click here to enter text.	Second Instructor Email:	Click here to enter text.
Program start date:	May 5, 2026	Program end date:	May 29, 2026
Program destination(s): (Each city, country - start/end date)	Lisbon, Portugal – May 4/May 17 Porto, Portugal – May 17/May 25 Lisbon, Portugal -May 26-29		
Does this course fulfill any AXLE credit? If so, what?	None		
What are the academic pre-requisites (if any) for enrolling in this course?	None		
What are some are some conditions or challenges that students will face? (Ex. Hiking long distances, extreme temperatures, rocky terrain, etc.)	Some light walking No		
What is covered in the student budget:	Detailed answers below.		
Lodging (Total nights + included amenities):	18 nights in a dormitory in Lisbon with shared kitchens and bathrooms. 7 nights in a hotel in Porto		
Meals:	Total breakfasts: Total lunches: 10 Total dinners: 10		
Transportation (Airfare, public transit, etc.):	Public transport passes for use in Lisbon and Porto Bus travel for day trips and excursions		
Supplies (Textbooks, gear, etc.):	Notebook for journal		
Excursions (Tour fees, admission fees, etc.):	Walking tours of Lisbon, Porto and Sintra Guided day trips to Sintra, Anadia, Nazaré and Sagres		
What is <u>not</u> covered in the student budget:	Detailed answers below.		
Lodging (Total nights):	All lodging is included!		
Meals:	Total breakfasts: 25 Total lunches:15 Total dinners: 15		
Transportation (international airfare, public transit, etc.):	All ground transport is included!		
Supplies (Textbooks, gear, personal items, etc.):	Students will need to bring their phones, computers or tablets, clothing for spring (average temperatures		

	60-80 during the day with nights dropping into the 50s)
Excursions (Optional activities, tour fees, admission fees, etc.):	Any weekend travel students may wish to engage in.
Visa needed for US passport holders?	no
Is the cost of the visa included in the student fee?	n-a
Does the course have a service-learning component:	n-a
Please provide the course description below:	
<p>This Maymester will explore how foodways are impacted by global sociopolitical forces, with a particular focus on imperialism and migration. Through an exploration of the history, culture and cuisine of Portugal and its former colonies, students will uncover the multiple paths and interactions of ingredients, ideas and people that impact what is on their plate. Students will spend most of this trip in Lisbon, Portugal's historic capital, which we will use as a base for exploring a variety of locations in the South and Center of Portugal including Sagres, Sintra, Nazaré and Anadia. Toward the end of the month we will travel to Porto, the second largest city, located in the North, and make side trips to Vila Nova de Gaia, Guimarães and Braga.</p>	