

As a nurse practitioner specializing in acute care,

Mark Gerdesmeier will be helping people through very difficult times. With his Vanderbilt University School of Nursing training, he knows he'll be up to the challenge.

Gerdesmeier is one of 48 students to benefit from the LaJuan Furgason Memorial Scholarship Fund established by G.A. Furgason in memory of his daughter, LaJuan, BSN'67.

"There are a lot of people out there with big dreams and big hopes when it comes to education," Gerdesmeier says. "Giving someone a boost to help them achieve that dream is a wonderful thing."

If you'd like to support dedicated nursing students like Mark through scholarship endowment, please contact Sydney Haffkine at (615) 322-8851 or sydney.haffkine@vanderbilt.edu. You may also visit www.vanderbilthealth.org/givetonursing to learn more.

vanderbiltnurse

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The Vanderbilt Nurse is published twice a year by the Vanderbilt University School of Nursing in cooperation with the VUMC Office of News and Communications. The Editor welcomes letters and comments from readers at:

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Or by e-mail to: vanderbiltnurse@vanderbilt.edu.

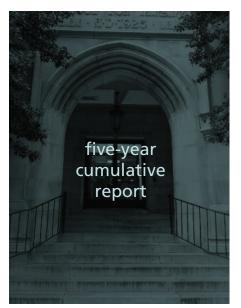
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MISSION AND VALUES STATEMENT

We value excellence and innovation in preserving and advancing the art and science of nursing in the scholarly domains of education, research and practice. These values are pursued through the integration of information technology and faculty-student interactions and transactions, while embracing cultural and academic diversity.



Special: VUSN's Cumulative Report 23

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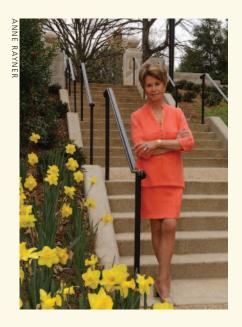
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To view the Dean's video greeting visit www.vanderbilt.edu/vanderbiltnurse/category/deans-column

This year we have seen the historic passage and signing of health finance reform legislation into law. Now, our focus must shift toward the continuum of care, population health and disease management.

The expectation for continuity of care across service delivery settings has gained momentum with consumers, payers, and providers as a means of increasing effectiveness and efficiencies. This serves as an impetus for monitoring, evaluation and performance improvement based on data that instructs the business, practice, education and research of health care delivery.

After months of heated debate, no one questions that continued change is on the horizon for the financing and provision of care in the presence of an increasing number of patients and an aging population complicated by a projected shortage of physicians in a variety of specialties as well as nurses. Many of these changes will position nursing to play a pivotal role in leadership, research and health care delivery.

The new focus will be on nurse-led care delivery systems and harnessing the economic power of nursing. To be successful, our graduates must be able to lead complex health care delivery systems and understand their economics. Nurses of today are technologically savvy, critical thinkers who coordinate care across a broad spectrum of health care and understand the economies of health care delivery.

Our health care system needs exceptional nurses who are capable of developing creative strategic plans to lead the evolving health care system. Innovative use of information technology, systems and nursing research coupled with new fields of inquiry, such as genetics and telehealth, offer opportunities to create practice environments not previously possible. Our nursing research and informatics agenda will be critical in supporting our desire to be driven by evidence-based practice models which support patient safety and quality outcomes.

A time of great change and challenge is also a time of great danger as well as opportunities for innovation. Entrepreneurial opportunities abound.

In this issue of *Vanderbilt Nurse*, we share some unique examples of our own nursing alumni and their entrepreneurial achievements. We look at the ultimate entrepreneur of nursing – Florence Nightingale – who pioneered the profession, and we learn more about the often unsung, yet important, world of pediatric palliative care. Additionally, I'm pleased to share our special cumulative report section of *Vanderbilt Nurse*, which is a snapshot of what we have been able to accomplish together during the last five years.

I hope you enjoy learning more about the innovative work being done by our faculty and amazing personal stories of some of our nursing alumni. I am excited and enthusiastic about the future role of nursing in today's evolving health care environment. Looking through these pages, you can see why.

Sincerely,

Colleen Conway-Welch, Ph.D., C.N.M., F.A.A.N., F.A.C.N.M.

Nancy and Hilliard Travis Professor and Dean of the School of Nursing

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Calleen Canway - Skelch

by the numbers

213

new students with ASN or BSN degrees

140

non-nurses enrolled in the bridge-to-master's program

19

post-master's students

5

PhD students

45

Doctor of Nursing Practice students

This August,
Vanderbilt
University School
of Nursing
welcomed an
incoming class
of 422 new
students, those
seeking graduateand doctoral-level
education.
Here are some
of the
numbers.

50%

the percentage of the VUSN student body who participate in blended distance learning programs

688

the number of full-time, part-time and adjunct faculty (head count)

17

the number of specialty tracks in the master's program 922

new and continuing students for the 2010-2011 academic year, making VUSN the largest professional school at Vanderbilt University (head count)







THOMSON-SMITH NAMED ASSISTANT DEAN FOR FACULTY PRACTICE •

Clare Thomson-Smith, M.S.N., R.N., J.D., has been named assistant dean for Faculty Practice at Vanderbilt University School of Nursing.

Thomson-Smith heads up the Center for Advanced Practice and Allied Health and will continue in that role, working closely with VUSN on behalf of all advanced practice nurse faculty who practice at the Medical Center.

"Clare is a wonderful mix of problem-solver, experienced practitioner and business person," said Bonnie Pilon, D.S.N., R.N., senior associate dean for VUSN's Clinical and Community Partnerships. "She has been on faculty for nearly five years and we look forward to her making her imprint on our thriving faculty practice area at the Medical Center."

Thomson-Smith's role will be to work, as she does now, with VUSN faculty who are practicing on campus and in Williamson County under the Vanderbilt Medical Group. She is already instrumental in moving them through the privileging and credentialing processes;

in this new role, she will oversee human resource components on behalf of these faculty, under the direction and guidance of the senior associate dean for Faculty Practice.

BULL NAMED DIRECTOR OF FNP PROGRAM ••

Amy Bull, Ph.D., FNP-BC, was named program director for the Vanderbilt University School of Nursing Family Nurse Practitioner program.

"Amy is a talented practitioner and has been recognized by students as an outstanding professor," said Linda Norman, D.S.N., R.N., senior associate dean of Academics at VUSN. "We knew if we launched a national search for this position, we wouldn't find anyone more qualified than Amy who was already in our midst."

Bull has more than 15 years of experience in undergraduate and graduate programs and primary care clinical practice. She practices as a family nurse practitioner at the Dickson Community Clinic, a clinic for the uninsured in Dickson, Tenn. She has an advanced education in criminal justice and forensic nursing, and her scholarly activities

focus on primary care and family violence. She is also a consultant to the Tennessee Department of Health on Advanced Practice Nursing.

In her new position, Bull will lead the efforts of the Family Nurse Practitioner program, with six faculty who are actively involved in clinical practice and more than 85 incoming students each year.

STUDENTS HELP TAKE EXPIRED DRUGS OFF THE STREETS •••

Thousands of prescription pills were safely disposed of at a recent Dickson County drug disposal event, thanks to the combined efforts of Vanderbilt University School of Nursing faculty and students, the Dickson Police Department, Lipscomb College of Pharmacy students, the Hamblin County Anti-Drug Coalition and other community pharmacists.

A steady stream of people from Dickson, Hickman, Davidson and Humphreys counties brought their expired and unused prescription drugs to the drop-off point in the Dickson Kroger parking lot, including the pill bottles for incineration that VUSN student Heather Whaley is holding above.

At the end of the four-hour event, 41,577 pills were collected and destroyed, including 1,968 tablets of controlled substances such as painkillers, benzodiazepines, ADD medications, and sleeping pills with an estimated street value of approximately \$5,655.

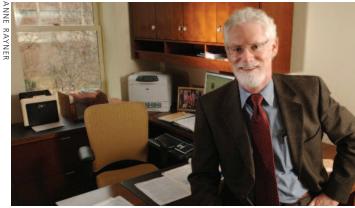
"One gentleman literally brought enough medications to fill an entire shopping cart full – all by himself," said Carrie Plummer, M.S.N., instructor of Nursing/Adult and Geriatric Nurse Practitioner Program at VUSN. "Feedback from the community was overwhelmingly positive with many people asking when the next event was planned."

Organizers did not ask participants questions about the drugs they brought to the event, and instead focused on using this as a way to help get prescription drugs off the streets and out of the schools as well as get rid of expired medications that can be toxic if taken after the expiration date.

NEW INTER-PROFESSIONAL LEARNING FELLOWSHIP BEGINS ••••

At the end of July, students from different health disciplines and academic institutions in the





Nashville area came together for a unique "immersion" experience. The 26 students are the first participants in the Vanderbilt University Fellowship in Inter-professional Learning: a new paradigm for the education of students in health-related fields.

Throughout the two-week immersion experience, students were given projects to work on together and singly, to explore the different perspectives on health care that each discipline brings to patient care. There were presentations as diverse as addresses from leadership in the Tennessee State Health Department to a poverty simulation provided by Sharon Shields from Peabody College. The students are pictured above listening to Neighborhood Resource Center's Melissa Gordon.

Krisa Hoyle, a first year student in the Family Nurse Practitioner program at the Vanderbilt University School of Nursing said the experience has been incredible.

"The immersion showed us the culmination of a lot of thought and hard work on the part of the faculty. They put so much into this program, and we benefit from it. It is the

wave of the future, for interprofessional teams to address the health care crisis we face as a nation. We are just at the very beginning, and I am proud to be part of it," Hoyle said.

Fellowship students include first-year medical students and first-year advanced nurse practitioner students from Vanderbilt, first-year student pharmacists from the Lipscomb University College of Pharmacy and the Belmont University School of Pharmacy, and first-year Master's level social work students from the Tennessee State University School of Social Work.

"The students expressed a great deal of enthusiasm for what they learned about the Nashville community and the issues facing patients that are at the poverty level. They told us they thought this type of experience should be a requirement for all their student colleagues," said Linda Norman, D.S.N., R.N., senior associate dean for Academics at VUSN.

The Fellowship is a pilot project, partially funded by a three-year grant for more than half a million dollars from the Josiah Macy, Jr. Foundation, shared by the Vanderbilt University Schools of Medicine and Nursing.

Norman and Don Moore, Ph.D., professor of Medical Education and Administration and director of Continuing Medical Education at the School of Medicine, are co-investigators working to implement this team approach to education. Bonnie Miller, M.D., senior associate dean for Health Sciences Education at the Vanderbilt School of Medicine, is the principal investigator for the grant.

In September, four student teams started coming together each week for a two-hour class, replacing a similar course in each program. The teams also meet for one afternoon clinic experience each week at one of four area clinics.

BUERHAUS TO CHAIR NATIONAL HEALTH CARE WORKFORCE COMMISSION •••••

Peter Buerhaus, Ph.D., R.N., has been named chair of the National Health Care Workforce Commission, a 15-member panel comprised of distinguished leaders from academia and the health care industry created under The Patient Protection and Affordable Care Act. Buerhaus is the Valere Potter Distinguished Professor of Nursing at the Vanderbilt University School of Nursing and director for the Center for Interdisciplinary Health Workforce Studies for the Institute for Medicine and Public Health at VUMC.

Reporting to the U.S. Government Accountability Office (GAO), the commission's role is to serve as a national resource for Congress, the President, and states and localities; to communicate and coordinate with federal departments; to develop and commission evaluations of education and training activities; to identify barriers to improved coordination at the federal, state and local levels and recommend ways to address them; and to encourage innovations that address population needs, changing technology, and other environmental factors.

"The creation of this commission under The Patient
Protection and Affordable Care
Act conveys the critical need to
assure that the nation's evolving
health care delivery system is
supported by a workforce that is
both trained and organized to
tackle extraordinary opportunities





and challenges, from advances in technology to extreme provider shortages," said Jeff Balser, M.D., Ph.D., Vanderbilt University's Vice Chancellor for Health Affairs and Dean of the School of Medicine.

"Peter's work has made a profound difference, and I can only imagine the tremendous contribution he will make leading this prestigious commission," said Colleen Conway-Welch, Ph.D., C.N.M., Dean of the Vanderbilt University School of Nursing.

Unlike similar advisory committees, the National Health Care Workforce Commission will evaluate and make recommendations for the nation's entire health care workforce, giving it a broad perspective and scope. Buerhaus will serve on the commission until September 2013.

VUSN/LIPSCOMB PARTNERSHIP EVOLVES •

Lipscomb University partnered with Vanderbilt University School of Nursing five years ago to initiate a baccalaureate degree in nursing. The program was designed so Lipscomb students would take five semesters of liberal arts courses at Lipscomb, complete three semesters of pre-specialty generalist nursing curriculum at VUSN, and graduate with a bachelor of science degree in nursing from Lipscomb.

"We have seen this program thrive, and now it's time for a natural evolution of the program to move to being offered solely by Lipscomb University," said Linda Norman, D.S.N., R.N., senior associate dean for Academics at Vanderbilt University School of Nursing.

Beginning in January 2011, Lipscomb University School of Nursing will begin offering the curriculum on its campus under the direction of a nursing dean and with its own nursing faculty.

The joint program will have yielded 140 baccalaureate-prepared nurses.

\$2 MILLION OF LOAN FORGIVE-NESS SUPPORT ON THE WAY ••

Vanderbilt University School of Nursing recently received more than \$2 million worth of funding from the nurse faculty loan programs from the U.S. Health Resources and Services Administration (HRSA) fund and the American Recovery and Reinvestment Act (ARRA) for

master's and doctoral students who want to become faculty members after graduation.

Specifically, the HRSA funds of \$1.6 million will be used for part-time and full-time students pursuing their master's degrees in the Science of Nursing or Doctor of Nursing Practice or Ph.D. degrees. They can receive up to \$35,000 per year from this loan to cover tuition, fees, books, computers, and associated costs of education.

If students take a faculty role following graduation, 85 percent of the loan is forgiven for working four years as a full-time faculty member. The remaining 15 percent is payable over a 10-year period.

SIM LAB NAMED LAERDAL CENTER OF EXCELLENCE

Vanderbilt University School of Nursing's Clinical Simulation Lab was designated a Laerdal Center of Excellence this spring — one of only 16 educational institutions in the nation to receive this honor.

The designation is awarded to educational centers that have demonstrated excellence in educational philosophy and designed programs to help save lives.

"This is a wonderful achievement," said Betsy Weiner, Ph.D., R.N., senior associate dean for Informatics. "This award reflects how simulation is embedded throughout our program with our students, as well as faculty presenting and publishing on various simulated learning subjects."

The School's 10-bed simulation lab has a wide range of low, medium and high fidelity equipment that is supported by Sally Miller, M.S.N., R.N., Skills and Simulation Lab manager, who also put the application together.

The school's approach involves maximum hands-on time for students to practice their skills, with a detailed check-off system and comprehensive debriefing opportunities.

VUSN faculty have shared their simulation knowledge across the country through pilot studies and presentations at national conferences.

Additionally, VUSN has received two major Health Resources Administration grants totaling \$2.9 million to explore simulation technology and faculty development.

Spotlight on Nursing Research//Delirium Superimposed on Dementia



n 80-year-old patient with dementia is admitted to a hospital with pneumonia, and soon after, starts acting disoriented. Is this behavior part of his dementia or is it something else? What should the bedside nurse do to help?

Lorraine Mion, Ph.D., M.S.N., VUSN's Independence Foundation Professor of Nursing, and part of a team from Penn State University and Harvard, is trying to find the answers and interventions for this complex issue with a five-year, multi-site study funded by the National Institute of Nursing Research. Specifically, they are looking at delirium superimposed on dementia – a growing concern, considering half of all hospital admissions across the country are for patients ages 65 and older.

"Dementia patients have heart attacks just like non-dementia patients.

They have broken bones. They have infections that require acute treatment. So these are people who are going to be hospitalized," said Mion.

Dementia is a chronic, progressive condition that is more common with older age. Delirium is an acute condition that has a rapid onset and results from multiple insults to the body, such as dehydration, infection or a drug side effect. Put the different issues together and unfortunately, most physicians and nurses consider the entire behavior as dementia. So, health care providers often opt for a drug treatment, which can lead to further problems such as falls or worsened delirium.

"It's a significant issue that occurs in up to 80 percent of patients in Intensive Care Units, 50 percent to 60 percent of patients on the general surgical floors, and 20 percent to 30 percent of patients on medical floors," said Mion. "Delirium in older adults is associated with longer lengths of hospital stay, more hospital complications, increased likelihood of being discharged to a nursing home if they had been living independently at home and greater likelihood of dying."

The study is focused on four interventions to improve detection and management of delirium in these most vulnerable patients. The first is a foundation of education, though investigators know that education alone is not enough. The second component uses the electronic health record as a computer decision support to guide nurses in identifying risk factors or causes of delirium and providing nonpharmacologic management protocols. The third intervention is the use of a unitbased champion, a staff nurse who is a recognized leader among his or her peers, who wants to develop his or her skills in managing the care of dementia-hospitalized patients. Unit-based champions in this study receive additional education and training, round on cases and have weekly meetings with the specialist intervention nurse. The fourth intervention is the use of feedback - both at the unit level and with individual nurses in a private setting separate from their supervisor.

In addition to the concentration on bedside nurses, the study will look at how effectively this approach improves the health of patients.

"We hope this study will lead to improving the ability of nurses to assess and detect delirium as well as to identify risk factors for delirium, just as nurses identify risk factors for falls and pressure ulcers," said Mion. "If we could do the same for delirium, we could prevent it or lessen its severity."

If successful, Mion is particularly interested in translating their findings quickly and effectively into the hospital setting. Studies show that it can take as many as 20 years for best practices in all health areas to become part of routine care.

- KATHY RIVERS



If you ask any nurse about Florence Nightingale, most will be able to say that she was the founder of modern nursing. And for many that is about the extent of their knowledge. But this woman, who served as a catalyst for changing the view of health care and nursing, was more than the lady with the lamp known for tirelessly tending to injured soldiers in the dark of the night.

BY JESSICA PASLEY





























As nurses around the globe observe the 100th anniversary of the nursing icon's death, did you know that Florence Nightingale:

- Was only 17 when she was called to become a nurse?
- Rejected a marriage proposal because she felt it would interfere with her ability to follow her calling?
- Was 31 when she was finally given permission to study nursing?
- Invented the coxcomb or polar area chart, known today as the pie chart, a hallmark in epidemiology?
- Was a leading statistician in her day elected as the first female member of the Royal Statistical Society?

"Florence Nightingale was much more, much bigger than nursing," said Sandy Campbell, Ph.D., R.N., a professor of Nursing at St. Petersburg College who is well-schooled on Nightingale. "We claim her as the founder of modern nursing, but she was really a humanitarian, scientist, advocate, statistician, policymaker and caregiver.

"We talk about her today in terms of being a historical figure and a leader, but her theories and philosophies in nursing are still being utilized today. Florence Nightingale is as relevant as ever."

Campbell, a 1969 graduate of the Vanderbilt University School of Nursing, has developed a presentation on the nursing pioneer. In costume, she delivers a rousing synopsis of what Nightingale would think about nursing today. Most

recently she performed "Nightingale on Nursing Now" for the Florida Nurses Association Centennial Celebration and Convention.

"We have come full circle with the way she approached nursing," Campbell said. "She had a very holistic approach to patient care. Like Nightingale, we continue to focus on the total patient, which for us means considering the impact of everything on healing and caring, including family, environment, culture and diet.

"Our focus, rather than the medical model of curing, is on caring and integration of health care strategies and she initiated those ideals."

Nurses are widely considered to be the universal caregivers in the world. With an estimated 15 million nurses worldwide and nearly 3 million practicing in the United States, nurses have a unique ability to impact both the people they are charged to care for as well as the policies that govern how they carry out their duties.

Nightingale has been credited for creating that legacy for the nursing profession.

So just who was Florence Nightingale?

Born in 1820 to an upper-class English family, Nightingale was named after the city in which she was born – Florence, Italy. Despite the objections of her family, Nightingale rejected the usual path of a wealthy Victorian woman which was to marry, have children and tend house, to pursue her interest in nursing. She believed she had a calling to become a nurse and later dedicated her life to establishing nursing as a profession.

It wasn't until Nightingale was 31 that she was granted permission by her father to study nursing at Germany's Kaiserworth School. In 1854, after a year as a unpaid superintendent of a London "establishment for gentlewomen during illness," she and 38 nurses were recruited by the Secretary of War to tend to Britain's wounded military in Turkey during the Crimean War. It was during this time that Nightingale made her most famous contribution to nursing.

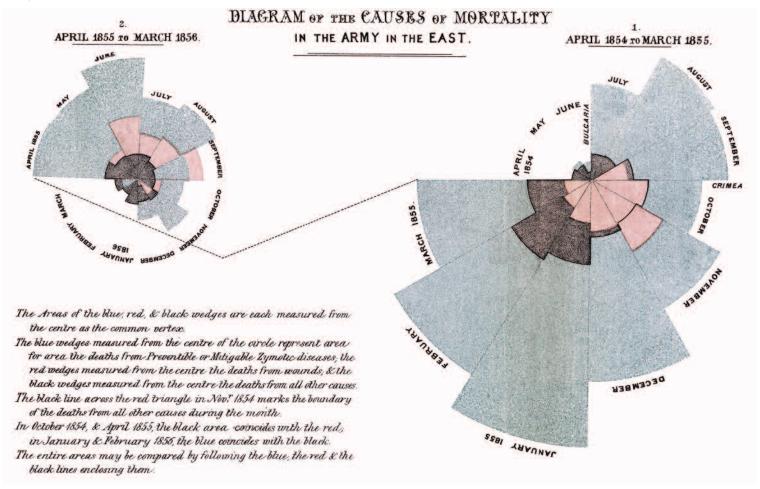
It was also here that she earned the moniker "Lady with the Lamp" for her nighttime rounds on patients.

While tending to the thousands at the military hospital, Nightingale began collecting data about the mortality rates of British soldiers. In February 1855, the mortality rate at the hospital was 42.7 percent. After improving hygiene and sanitation among the soldiers, the mortality rate significantly dropped.

Because of her impeccable notes and record-keeping practice, Nightingale was able to use statistical data to change the

{ Then and Now }

Florence Nightingale developed the original Diagram of the Causes of Mortality in the Army in the East in late 1858, using data to show that most of the soldiers who died during the Crimean War died of sickness rather than wounds. Today, statistics are the cornerstone of nursing research, but her influence doesn't stop there. She was a pioneer in what today's nurse refers to as community health, reaching out to the masses, and her political advocacy in the 1800s still inspires nurses today to get involved in state, local and national political arenas.



way military and eventually city hospitals were run. She is lauded as a pioneer of nursing and as the catalyst for hospital sanitation reform.

"What she did with charting, data collection and presentation is what we call evidence-based practice," said Campbell. "She learned that in order to have a long-lasting effect she had to have evidence to support her theories. She kept scrupulous records so that she was able to quantify and qualify her information."

Few are aware that she invented a diagram or chart to reflect the changing patient outcomes in the military hospital.

She used this polar area chart, known today as the pie chart, to describe the nature and enormity of the appalling medical conditions of the war's wounded.

"She was a leading statistician in her era," said Campbell. "All nurses are involved in some form of data collection. We use it to determine the value of nursing and to make improvements in patient care."

Nightingale went on to become a Fellow of the Royal Statistical Society in 1858 and an honorary member of the American Statistical Association in 1874.

Nightingale emphasized the need to educate women in the pursuit of a nursing

profession. The first nursing training program opened in 1860 – the Nightingale School for Nurses at St. Thomas Hospital in London. Nurses were trained to work in hospitals as well as teach.

Nightingale left an indomitable imprint on the nursing profession.

"She truly opened up a world of nursing," said Judy Sweeney, M.S.N., R.N., associate professor of Nursing at VUSN. "She put her ideas into practice. She was really ahead of her time.

"Even today with all the machines, technology and medicines, cleanliness, environmental control, diet, and caring

{ HEY FLORENCE! }

Vanderbilt University Medical Center hosted a series of performances of "Hey Florence!" this year, a musical about the everyday lives of nurses, starring active-duty nurses from Vanderbilt,

"Hey Florence! received a standing ovation at each performance," said Donna Glassford, director of Cultural Enrichment and producer of "Hey Florence!"

"A lot of people were amazed that nurses could put on a musical, but we all have talents," said Sandra Sandgren, R.N., charge nurse in the pediatric operating room and a star of the musical. "Vanderbilt nurses are the best, and this musical

is a validation and a thank you. It is so exciting that someone is recognizing nurses for the work that they do."

Sandgren said that performing the musical was an emotional roller-coaster.

"I perform a scene about losing patients, and when I first heard the song 'Another Goodbye,' I said there was no way I could do it without crying. It was very personal because constantly losing patients is one of the reasons I left critical care. This scene was a way to confront that and remember that one patient who put me over the edge. It was cathartic and painful, but it is what we nurses go through every day."

"Hey Florence!" is directed by Australian playwright Craig Christie, and is quickly gaining national attention for its funny and poignant look at the day-to-day life of nurses.

"The cast was invited to perform at the Roosevelt Hospital in New York City and at the **University Medical Center** at Princeton in New Jersey this spring. We are literally taking the show on the road with the original cast after the Vanderbilt performance," said Glassford, who has had much interest from other hospitals and nurses groups interested in putting on additional performances of the musical.

for the whole patient (getting to know them and their families) are the key components to healthy recovery. She came up with that."

Sweeney has spent her entire collegiate, graduate and professional career at Vanderbilt. As an alumnus of Vanderbilt University (1970) and VUSN (1975), she began teaching soon after earning her Master's in Science in Nursing degree. She is now a pre-specialty level director who incorporates Nightingale's history into her curriculum.

She too has been known to don the Florence Nightingale attire to teach the history of their role model.

Much has happened in the more than two centuries since Nightingale's novel approaches to health care were revealed. With all the technological advancements, how would her nursing principles fare?

"She would be really happy with the technology that exists today because it improves patient care," said Sweeney. "It helps the nurse do routine tasks faster and more efficiently and allows us to spend more time with the patient.

"Nightingale was an advocate for the patient, which meant nursing the sick, not nursing sickness. It's the center of what we do."

Much of her work is evident in today's nursing practices. The impact is seen in acute care settings, community health organizations and global health care programs.

She authored many reports, books and guides on the topics of improving health, caring for the less fortunate and overall administration of health care organizations (hospitals, clinics, schools). She was able to challenge others to serve all of humanity and to develop a more universal understanding of the importance of health care for all.

Although nurses are on the front line in terms of advocating for their patients





(on an individual basis), Nightingale would argue that more needs to be done in the public arena, according to Campbell.

Nightingale was not afraid to use her connections with politicians and media to draw attention to health care disparities and concerns, and champion the need to improve health standards.

"She really knew how to use politicians, community leaders and the media to educate the masses about disease prevention, sanitation, health promotion," said Campbell. "We need to be doing the same things. We need to be more involved with the political process. Nurses are key to health care and to reform measures.

"She really believed that everyone should have equal access to health care. It goes back to when she did her triage work. It was not based on socioeconomic status or class. It was based on need for emergent care."

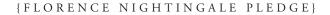
In 1907 she became the first woman to receive the Order of Merit, and given the Honorary Freedom of the city of London in 1909.

The name Florence Nightingale is synonymous with nursing.

Sweeney said Nightingale would be pleased with nursing and with medicine as it works today – as a team.

"She would be so excited about the way nursing contributes relative information about patients so that better decisions can be made by the team to assist in recovery," said Sweeney.

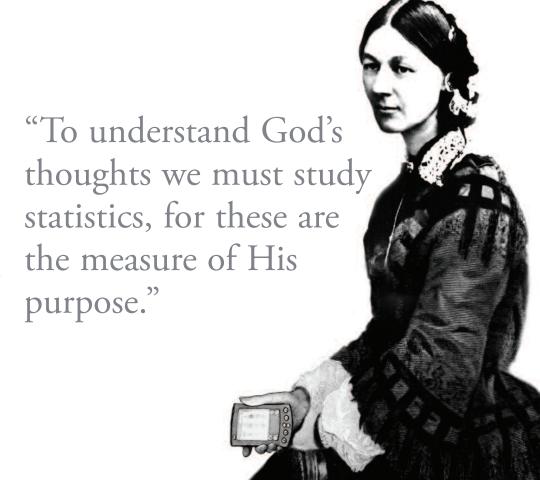
Campbell agrees, "She would say today that we stand on another precipice where quantum leaps can be made in improving the health and well-being of all. She would be pleased with the progress and no doubt suggest some changes."



This modified "Hippocratic Oath" was composed in 1893 by Lystra E. Gretter and a Committee for the Farrand Training School for Nurses, Detroit. It was called the Florence Nightingale Pledge as a token of esteem for the founder of modern nursing.

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.

This pledge is often recited at graduation/pinning ceremonies for nurses. It is also often included in programs honoring nurses during Nurses Week (May 6-12 each year) or on Nurses Day (May 6 each year). May 12 is the anniversary of the birth date of Florence Nightingale.

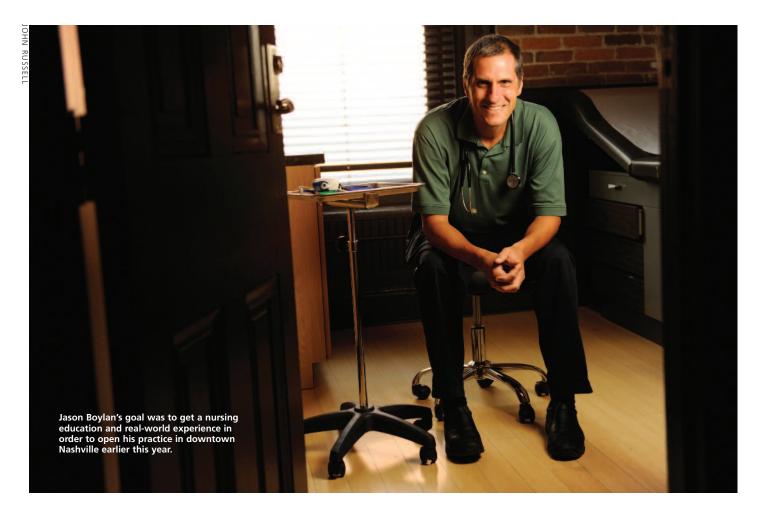




The career path of most nurses after graduation is like a wellmarked highway. This way to a large hospital unit. That way to a small private clinic. Turn here for pediatrics. Straight ahead for more education. But a few nurses choose to veer off onto a career path that's more like a dense jungle trail, one that requires a hacking machete to make any progress. ••• This is the path to owning your own business. There is no straight line from nurse to business owner, but thousands of nurses choose to do it every year. ••• Here are the stories of three Vanderbilt graduates who became their own boss, and their advice for others who may want to follow their lead.

> BY LESLIE HILL ILLUSTRATION BY GEORGE ABE





1

Get experience.

Jason Boylan, F.N.P., who graduated in 2003, always knew he would take the road less traveled and have his own practice, but he was willing to cruise the traditional career path for a few years for one reason – experience.

"As a provider you have to know when to hold 'em and when to fold 'em," Boylan said, "meaning there are many things nurse practitioners can treat competently, but we also need to understand when a specialist or internist may be appropriate. It's important to have good mentoring from other nurse practitioners and physicians as a new grad and beyond. Even with several years of experience I still will often lean on colleagues for clinical direction."

After graduating in 2003, Boylan spent five years practicing in an internal medicine/pediatric clinic and in emergency medicine.

"I made the most of my time in school and early in my career. I picked everyone's brain and learned the different core competency procedures," he said. "Then I decided I was polished enough and ready to go out on my own."

Today Boylan has a thriving clinic in downtown Nashville called 3rd and

Church Health Care and a house call business called Nashville House Calls. 3rd and Church is a walk-in clinic for urgent care, chiropractic care, and some primary care.

"It is the only urgent care offered in downtown Nashville, and it is built to get patients treated quickly and efficiently without compromising care and patient satisfaction," Boylan said.

The clinic sees about 300 patients per month, including guests staying at downtown hotels. About 80 percent of his business is clinic visits, and 20 percent is house calls to patients living close to downtown Nashville.

Lean on those who have already learned. You don't have to reinvent the wheel."

Within a few years of graduating nursing school, Boylan had drafted a business plan for an urgent care clinic following templates he found online, and he reviews that plan every three to six months.

"It's important to have a guide to go back to as the business and economics morph. If you don't have a plan, how can you give the best care to patients?"

Boylan said his years of experience gave him a good sense of medicine and sharp assessment skills, but he still "paid a lot of stupid tax" while learning to run a business.

"Lean on those who have already learned. You don't have to reinvent the wheel," he said. "Where are you getting the best bang for your buck in marketing and advertising? How can you keep your overhead low but also keep everyone happy? Look at your business from the big picture and every angle."

Because Boylan learned so much from others, he is especially willing to share the knowledge he has gained.

"Part of the mandate of being a business owner is sharing your knowledge and experience with others, especially other nurses."

3rd and Church currently has just a few employees and Boylan still manages the books himself, but the clinic and house calls are quickly outgrowing that. He knows he wants to expand house calls but isn't quite sure where the road leads next.

Start low and go slow, but go.

Carol Whitten, P.M.H.A.P.N., didn't careen wildly off the typical nursing career path and jump right into her own endeavor. She followed her No. 1 piece of advice: "Start low and go slow, but go."

She continued to work her day job while building her business, and then when her client base was established, she switched to only working weekends. Soon she had enough demand to quit her regular job and focus on her business full-time.

Whitten owns Psych-Services, a company that visits patients in long-term care facilities to manage psychiatric medications, most frequently for depression and dementia.

"We keep the nursing homes in compliance with federal and state regulations related to psychiatric medication administration, known as O.B.R.A. guidelines," Whitten explained. "The whole company is composed of psychiatric nurse practitioners, and we visit our patients as frequently as is necessitated by their medication and attempt to keep patients on the lowest possible dose. We weigh risk versus benefit and

monitor for side effects. We're on call 24/7/365 for whatever may come up."

Whitten's eight employees work autonomously, receiving their referrals by e-mail and covering nearly 4,000 clients in 50 care facilities. About 1,000 of those patients are seen in the greater Nashville area, and the rest are in rural areas.

"We cover as far as Waverly and Waynesboro to the west, and as far as McMinnville to the east, Cookeville and Sparta. We get so far out our cell phones hardly work," Whitten said.

Whitten has built this widespread client base purely through positive word of mouth. She has never spent money on marketing or want ads for nurses, and she hasn't even needed to establish a website. "The best advertising is quality care."

Psych-Services provides the personal attention that many patients in long-term care facilities need regarding psychiatric service in medically underserved areas.

"Someone who is screaming out all the time or assaultive is at risk to be sedated or isolated. Patients on the proper medications are less likely to fall, their



mood, sleep, and appetite are better, and they just do better overall," Whitten said.

"The nursing homes we cover are calm and quiet. Everyone is awake, not sedated. We're preserving the dignity of a person with progressive dementia."

Whitten cruised the clinical nursing career path for 23 years as a medical/surgical nurse and a psychiatric nurse. (Her very first ER patient was dead on arrival, shot by McNairy County Sheriff Buford Pusser during his "Walking Tall" famed time in office.)

With the feeling that she had done all she could do with her associate's degree, Whitten applied to VUSN and was awarded a scholarship for Clinical Specialist in psychiatric/mental health nursing. But it didn't come without personal sacrifice.

"I was 42 when I went to Vanderbilt. I worked a full 40 hours on the weekends, went to school full time, raised five children and had a sick and dying mother in the nursing home and a traveling husband."

Whitten graduated in 1990, and worked for Parthenon Pavilion as a nurse manager, but was beginning to feel "restless." Previous colleagues in medicine and nursing practiced psychiatric care in nursing homes, and the opportunity was obvious.

"You don't have to be a futurist or demographer to see where the population is going. The geriatric need only increases as the years pass."

In 2001 Whitten slowly built the company in response to the federal regulations passed regarding psychiatric medication management.

Though she said she had no worries

about starting a business in her 50s, Whitten is already training her replacements – her daughter Heather has two master's degrees and a bachelor's degree in business administration and facilitates business operations. Her son Jason is an intensive care nurse.

Whitten said the most crucial part of owning a nursing business is to know the requirements and regulations – "minding your Ps and Qs," as she puts it. She jokes that she has never had a sleepless night before a regulation survey.

"People ask me how I can be so calm, but they give you the rules ahead of time! You just have to know them and follow them always."

3

Identify the need.

Elizabeth Gardner Rudolph, M.S.N., R.N., J.D., found a path that accommodates both her compassionate side and her analytical brain and fills a huge need.

After working her way up through the ranks of nursing (from riding her bike to volunteer at a nursing home as a teen, all the way to teaching Pediatric Nursing at VUSN), Rudolph returned to Vanderbilt for a law degree. She married and moved to Memphis and began representing nurses and other health care providers sued for a malpractice at a large firm there.

After many years representing defendants, Rudolph began litigating for the plaintiff. With experience from both angles, she began to see a need for nurse

expert witnesses – nurses who could review and interpret medical records and testify in medical-legal cases. At the same time, Rudolph began publicly speaking on liability issues.

"Nurses would come up after my presentation and ask some question about the talk, but then get down to their real question – they wanted to know how to be a legal nurse consultant," she said.

Rudolph knew from her time in court that there was a great need for legal nurse consultants, and now she had confirmation that nurses were interested as well.

So in 2006, Rudolph opened the Jurex Center for Legal Nurse Consulting, a business that certifies nurses as expert witnesses and legal nurse consultants.

Jurex links lawyers and nurses.

"Attorneys need nurses with medical expertise as well as training in legal issues, and nurses need to know how the legal system works and how to market themselves to lawyers," she said.

Rudolph says the primary appeal of the certification is flexibility. Nurses can be trained in two days through their choice of course – online, video, audio or at four live presentations around the country each fall and spring.

"I didn't think it was necessary or fair for nurses to take weeks to get certified. A nurse can do this on his or her own schedule," she said. "Once certified, they can do this in their spare time or make it a full-time business."

After the course, nurses take a certification test, and if qualified, receive the



Professional Legal Nurse Consultant (P.L.N.C.) certification. Jurex also offers continuing education hours accredited by the American Nurses Credentialing Center.

Rudolph said Professional Legal Nurse Consultants could expect as much as \$150 an hour to review medical records and \$200 an hour to testify.

"Nurses have so much knowledge to impart. This is a chance to be a patient advocate or to defend nurses who have been sued," she said.

Nurses have been certified by Jurex in places as far away as Honolulu and Miami and all states in between.

As president of Jurex, Rudolph works with independent contractors to manage aspects of the business such as graphic design and administrative support.

One of the keys to her success is good customer service, she says.

"I always try to be timely with responses. When a nurse e-mails or calls, he or she expects a response right away, and they deserve it."

For nurses who may be teetering on the edge of making the leap to starting their own business, Rudolph says there is no time to waste.

"The time is now to start a business, whatever it may be. There is no time like the present. Small steps lead to next steps."

Nurses have so much knowledge to impart.
This is a chance to be a patient advocate or to defend nurses who have been sued."



Mary Jo Gilmer, Ph.D., M.B.A., A.P.R.N., is a pioneer in the field of pediatric palliative care helping establish the palliative care program at Monroe Carell Jr. Children's Hospital at Vanderbilt, researching ways to improve care for those with life-threatening or life-limiting illnesses, and teaching a new generation of students that there is always some way to help.

BY KATHY RIVERS
PHOTOGRAPH BY JOHN RUSSELL

How do you define palliative care?

Years ago palliative care's connotation was end-of-life care. The newer thinking and the World Health Organization's definition takes a more holistic approach, specifically to assist children and families in fulfilling four dimensions: their physical, psychological, social and spiritual goals in their lives. From the time individuals are diagnosed with lifelimiting or life-threatening conditions, they can benefit from palliative care.

How do you handle dealing with a young child or infant versus an older teenager?

There is absolutely a different way to deal with different aged children within the span of 0 to 18 years of age. They have very different understandings of life and death. A young child doesn't have an adult comprehension of death – as being universal and irreversible and inevitable – until between 6 and 9 years of age depending on their life experiences. And, parents are another

important piece. The death of a child is devastating and parents also deal with loss of having a normally developing child such as learning their child was born with a neuromuscular degenerative condition. That type of loss can be equally devastating. Half the children who die are under age 1, before they are really able to express whether they are in pain and what kinds of symptoms they are having. So, it's up to the parents and health care providers to try to discern what's going on with the child and comfort them.

What role do siblings play?

One of our current research initiatives is a National Institutes of Health-funded five-year study looking at parent and sibling bereavement after a child dies from cancer. We are trying to learn more about the factors that contribute to better adjustment as parents and siblings grieve. Parents never get over the loss of a child, but some parents are able to incorporate the memories and to adjust more easily than others. The same is true with siblings. Some fall apart, while others become more independent and seem to blossom afterwards. We want to find out what makes the difference so we can help those who don't adjust very well.

What pathways are there for nurses into palliative care?

Nurses in palliative care can work on many different levels. A bachelor's-prepared

nurse could work as a staff nurse in a hospital on a unit, like oncology, neonatal ICU, or pediatric intensive care unit. A nurse practitioner or clinical nurse specialist might work on a palliative care team to help with pain and symptom management. Nurse practitioners or D.N.P.s can coordinate care for a child who has been admitted to a palliative care service. And for those with a Ph.D., the area of research is wide open because very, very little is known about the needs and the interventions that we can use to improve quality of life.

How does U.S. palliative care compare to other countries?

We can learn a lot from other countries. Great Britain and Scandinavia, in particular, have been experts in palliative care for many years. The first residential hospital in North America was Canuck Place in Vancouver. British Columbia. We now have some residential pediatric hospices in the U.S., but Great Britain was way ahead of us. Even in some tribal areas in Africa, where they don't have all the technology and they don't have all of those decisions to make, they provide excellent palliative care, probably better than we do in intensive care units in the U.S. They are not taking someone to get an X-ray every day, they are not tube-feeding them, they are simply keeping them comfortable with family members around in their



One of our difficulties is that health care providers may not always agree. We all passionately want what is best for the child, but often we don't agree on how to achieve that.

home setting. That's one thing we strive for. If a child wants to go home, then we ought to be able to find a way. It's not always possible, but in rural Uganda, that's the only choice they have.

What are some of the biggest controversies in this field?

One of our difficulties is that health care providers may not always agree. We all passionately want what is best for the child, but often we don't agree on how to achieve that. That's especially difficult for families who look to health care providers to make recommendations. Another big question is how much technology to use. We can prolong life, but just because we can, should we? If it's not a good quality of life, it seems to me that very few of us would want our lives lengthened. I think what's really hard in pediatrics is that it's just wrong for a child to die.

How much do you tell a child who is diagnosed with cancer, for instance?

We think we should be open and honest with children. But do you tell a 5-year-old when they are diagnosed with cancer that they are going to get chemotherapy? That it's going to make them sick, make their hair fall out and make them tired all the time? Or, do you wait until they begin to experience some of that and explain to them that's from the medication? We are involved in another study to learn these and other answers about communication needs based on age, gender and prognosis as well. The study involves videotaping parents and recently diagnosed children and comparing what they say and how they interact with their scores on adjustment measures.

How do we measure the success of palliative care?

We implemented a palliative care program in Children's Hospital five years ago. At that time, we got baseline data from chart reviews of the children who died documentation of pain management, referrals to hospice or pastoral care or social workers or psychologists, and do not resuscitate orders. We also conducted parent satisfaction interviews six months after a child died. We are doing a follow-up study to see if there are differences in the pain management, referrals and parent satisfaction. So

much is based on perception, and it will be interesting to see if parents feel that they were listened to. If they perceive that the pain wasn't managed well, we have to go back to the drawing board.

Is it hard for you to say goodbye?

I do say goodbye to the child, but I don't always say goodbye to the family. Many times the family continues to work with us and members of the team. If a family has the kind of support system that will nurture them, then it's not difficult to say goodbye. But if a family is having trouble, then it's hard to say goodbye until we know they have what they need.

How do you cope with all the dying you see?

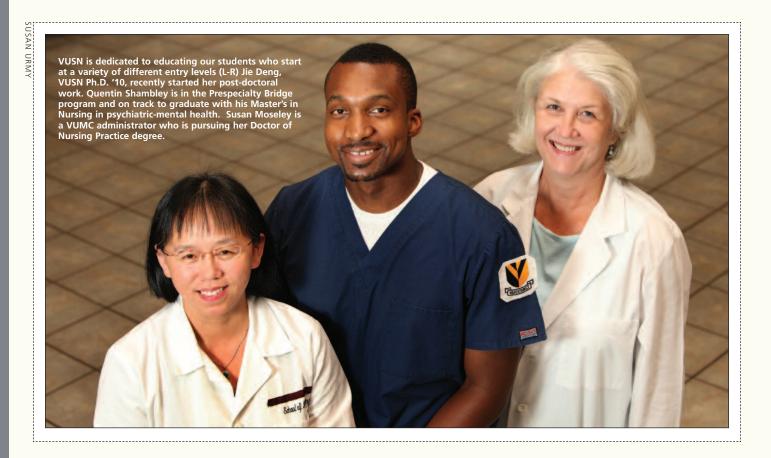
I don't feel that I really need to do anything special to cope. What feeds me, what nourishes me, is being with families. They give much more than I'm able to give. The bottom line is the families help me.

Do you feel like palliative care is gaining greater awareness?

Yes, there is an initiative with National Institutes of Health for research specifically in the area of symptom management and palliative care. We are finally acknowledging that death is a part of life. Just like you can have a birth plan moms decide what kind of birth experience they want we can have a death plan too – so that families plan where they want to be, what kind of music they want playing, which quilt they want, so there can be a good death. It sounds like an oxymoron, but it's not. Death is a life transition just like birth, adolescence and marriage.

five-year cumulative report

We hope this supplement to *Vanderbilt Nurse Magazine* will strengthen connections across our School community and share the important endeavors of our faculty. The Cumulative Report is a five-year compilation of our accomplishments from turning 100 years old, to becoming the largest professional school at Vanderbilt University, and seeing the first class of 30 students graduate from our new DNP program. In the forthcoming pages, you will see highlights from 2005 through 2010.



VUSN Female and Male Enrollment

VUSN FTE Enrollments

	2005	2006	2007	2008	2009	2010
Pre-Specialty	156	145	155	132	160	222
Specialty	315	401	437	492	531	455
Post-Masters	16	15	18	18	24	15
PhD Program	20	22	25	23	22	22
DNP				32	63	75
Total FTE*	526	545	593	609	679	789
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FTE are Full-time Equivalent enrollment figures. An FTE reflects a student taking at least 12 hours per semester.

School of Nursing Awards

FACULTY AWARDS GIVEN BY STUDENTS:

Sarah Archer Award

Established in 1983 in honor of Dean Archer to recognize excellence of faculty members whose predominant responsibilities are with classroom teaching at the School of Nursing. Awarded to the faculty member who is deemed by the students to have made outstanding contributions in teaching, scholarliness, and faculty student relations.

2005 Suzanne Baird
2006 Steve Krau
2007 Erin Rodgers
2008 Jennifer Kim
2009 Tom Christenbery
2010 Theresa Inott

Julia Hereford Award

Established in 1978 by a VUSN student to honor Dean Hereford, recognizing a faculty member making the greatest contribution to student-faculty relations outside of the classroom or clinic. Awarded to the faculty member who is deemed by students to take an active part in student and student-faculty activities not related to a course.

2005 Cathy Reisenberg2006 James Pace2007 Steve Krau2008 Penny Waugh2009 Amy Bull2010 Samantha Mulder

Clinical Excellence Award

Established in 1978 by the Senior Class of the BSN program who were members of Sigma Theta Tau. The award recognizes Prespecialty faculty who make the greatest contribution to Prespecialty students in the clinical area. Awarded to faculty deemed by the Prespecialty students who demonstrate excellence and knowledge of the clinical area, the ability to assist students and fairness in grading.

2005 Steve Krau
2006 Cheryl Freeman
2007 Penny Waugh
2008 Erin Rodgers
2009 Erica Stone
2010 Benjamin Smallheer

Shirley Titus Award

Established in 1969 to recognize Prespecialty faculty who make the greatest contribution to classroom teaching. Awarded to the faculty member deemed by students to have the greatest grasp of course content, the ability to communicate content and fairness in grading.

2005 Steve Krau
2006 Erin Rodgers
2007 Betsy Kennedy
2008 Theresa Inott
2009 Mary Ann Jesse
2010 Susan Mott Coles

FACULTY AWARDS GIVEN BY THE DEAN:

Dean's Award for Outstanding Service to Faculty and Students

Established by Dean Colleen Conway-Welch in 1985 to recognize individuals inside and outside of the Vanderbilt University community. Awarded for outstanding effort to advance the recognition and standing of the School of Nursing.

2005 Susan Cooper
2006 David Posch
2007 Debianne Peterman
2008 Craig Carmichael/Rick Wagers
2009 Harry Jacobson
2010 Rodney Deal

Dean's Award for Recognition of Faculty Achievement in Scholarly Endeavors

Established by Dean Colleen Conway-Welch in 1984 to recognize faculty who make a major contribution to the scholarly achievement of one or more of the School's tri-partite mission of Teaching, Practice and Research.

2005 Lynda LaMontagne
2006 Peter Buerhaus
2007 Mary Jo Gilmer
2008 Mary Dietrich
2009 Betsy Weiner
2010 Sheila Ridner

Dean's Award for Recognition of Faculty Achievement in Clinical Practice

Established by Dean Colleen Conway-Welch in 2010 to recognize a nurse practitioner in clinical practice who makes a major contribution to the School.

2010 Rodney Chenault

Dean's Award for VUSN Tradition Meets Innovation Award for Faculty

Established by Dean Colleen Conway-Welch in 2007 to recognize a faculty member whose work has benefited the standing and operational effectiveness of the institution and its members. The achievement of this award recipient is characterized by an exhibition of personal initiative and politically astute collaboration that proves consistently effective in such a way to establish a new standard or pathway to higher achievement for the institution and its members.

2007 Jerry Murley
 2008 Paddy Peerman
 2009 Steve Krau
 2009 Sarah Fogel
 2010 Susan Cooper

Dean's Award for VUSN Tradition Meets Innovation Award for Staff

Established by Dean Colleen Conway-Welch in 2007 to recognize a staff member whose work has benefited the standing and operational effectiveness of the institution and its members. The achievement of this award recipient is characterized by an exhibition of personal initiative and politically astute collaboration that proves consistently effective in such a way to establish a new standard or pathway to higher achievement for the institution and its members.

2007 Ellen Smogur
 2008 Cheryl McMurtry
 2009 Carla Beals
 2010 Ryan McNew

FACULTY AWARDS GIVEN BY NURSING PEER FACULTY:

Ingeborg Mauksch Award for Excellence in the Mentoring Role

Created by the VUSN faculty to honor Ingeborg Mauksch, who was a prolific writer on nursing practice and theory and a frequent keynote speaker on the future of nursing. It recognizes a current faculty member who has demonstrated excellence in the ability to mentor faculty and alumni.

2005 Judy Sweeney
2006 Randolph Rasch
2007 Trish Trangenstein
2008 Carolyn Bess
2009 Melanie Lutenbacher
2010 Tom Christenbery

Rebecca Clark Culpepper Award

Established in 2006 jointly with the School of Nursing and Vanderbilt Patient Care Services to recognize a current faculty member for promoting the nursing profession, committing to professional development at all levels, and mentoring of fellow nursing staff, faculty and students.

2006	Sarah Hutchison
2007	Judy Sweeney
2008	Sandra Seidel
2009	Vickie Stalmasek-Perencevic
	_

2010 Jan Malone

FACULTY EXCELLENCE IN TEACHING AWARDS:

Awarded at the School of Medicine and School of Nursing annual Faculty Assembly. These awards each carry an honorarium.

Excellence in Teaching Award in the Lecture or Small Group Setting

Created in 2001 by Dean Colleen Conway-Welch to recognize faculty who display excellence in teaching in the lecture or small group setting.

2005	Janie Daddario
2006	Barbara Petersen
2007	Roberta Bradley
2008	Julie Rosof-Williams

2009 Ann Moore2010 Shelagh Mulvaney

Excellence in Clinical Teaching Award

Created in 2001 by Dean Colleen Conway-Welch to recognize faculty who display excellence in teaching in the clinical setting.

2005	Dawn Vanderhoef
2006	Jennifer Scroggie
2007	Sara Fogel
2008	Terri Donaldson
2009	Penny Waugh
2010	Aggie Read

Excellence in Teaching Award for Educational Innovation

2005	Renee McLeod
2006	Maria Overstreet
2007	Terri Crutcher
2007	Bonnie Pilon
2007	Pam Jones
2007	Cindy Waller
2007	Tom Christenbery
2007	Susan Newbold
2008	Leslie Welch Hopkins
2009	Jeff Gordon
2010	Dawn Vanderhoef

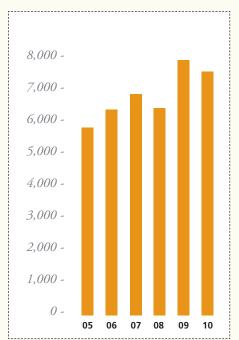
STAFF AWARDS:

School Life Staff Award

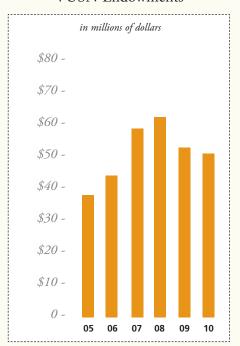
Awarded to a VUSN staff member who promotes the mission of the school by contributing to a positive working environment for faculty and staff and a positive learning environment for students through the consistent excellent performance of his or her duties. This award carries an honorarium.

2000 - 2001	Clay Sturgeon
2001 - 2002	Carolyn Arakelian
2002 - 2003	Jackie Dawson
2003 - 2004	Glen Davis/Cheryl Giles
2004 - 2005	Phronietta Kendrick
2005 - 2006	Mazo Freeman
2006 - 2007	Sarah Ramsey
2007 - 2008	Angela Sharp
2008 - 2009	Sharon Stinson
2009 – 2010	LeeAnne Ruderer

VUSN Alumni



VUSN Endowments

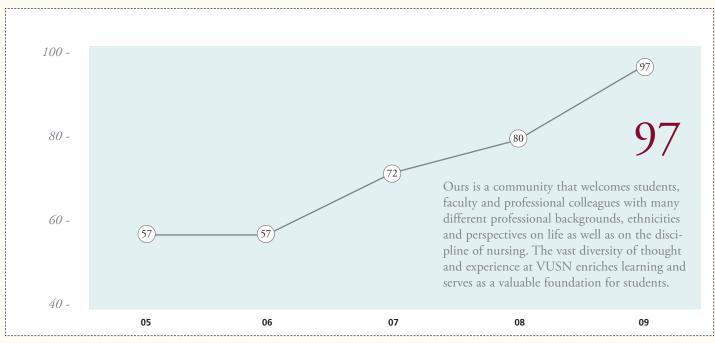


VUSN Revenues





Minority Enrollments



Research and Training Awards

2009

Principal Investigator: Betsy Weiner "SIM PROF: Crafting the Ultimate Faculty Simulation Experience," funded by Health Resources and Services Administration, \$1,607,884.

Principal Investigator: Betsy Weiner "Bridging the Gap to Quality Care: The ISAT Initiative for Nursing Faculty," funded by Health Resources and Services Administration, \$1,297,204.

Principal Investigator: Sheila Ridner "Low Level Laser Treatment and Breast Cancer related Lymphedema," funded by Oncology Nursing Society, \$50,000.

Principal Investigator: Sheila Ridner "Home-based Compression Therapy for Arm and Truncal Lymphedema in Breast Cancer Survivors – A Pilot Study," funded by Tactile Systems Technology, Inc., \$207,724.

Principal Investigator: Linda Norman "Nurse Faculty Loan Program – Phase I," funded by Health Resources and Services Administration, \$512,000.

Principal Investigator: Linda Norman "Nurse Faculty Loan Program (ARRA) – Record 2 of 2," funded by Health Resources and Services Administration, \$451,792.

Principal Investigator: Donna McArthur Advanced Education Nursing Program (DNP)," funded by Health Resources and Services Administration, \$749,724.

Principal Investigator: Steve Guillot Jr. "Hospital Preparedness," funded by Tennessee Department of Health Services, \$1,234,000.

2008

Principal Investigator: Steve Guillot Jr. "BETA Group Elicitation," funded by Battelle Memorial Institute, \$14,986.

Principal Investigator: Steve Guillot Jr. Scientific and Medical Analysis and Response Team (SMART)," funded by Battelle Memorial Institute, \$295,572.

Principal Investigator: Sarah Fogel "Evaluation of a Predominately Lesbian

Weight Loss Intervention," funded by Gay and Lesbian Medical Association, \$9,980.

2007

Principal Investigator: Sheila Ridner "Effects of Expressive Writing in Breast Cancer Survivors with Lymphedema," funded by American Cancer Society, \$438,000.

Principal Investigator: Bonnie Pilon "TennCare Case Management Services VUMC 32105," funded by State of Tennessee Direct Funding, \$532,308.

Principal Investigator: Bonnie Pilon "Provision of Prenatal Clinical Services in Davidson County," funded by State of Tennessee Bureau of TennCare, \$17,160.

Principal Investigator: Stewart Bond "Neurocognitive Impairment in Older Adults with Cancer," funded by American Academy of Nursing, \$120,000.

Principal Investigator: Linda Norman "Addressing the Nursing Faculty Shortage through Expansion of a PhD Nursing Science Program," funded by Health Resources and Services Administration, \$843,232.

Principal Investigator: Linda Norman "Vanderbilt Advanced Education Nursing Traineeships," funded by Health Resources and Services Administration, \$835,318.

Principal Investigator: Panaru Wisawatapnimit

"Assessment of Family Quality of Life among Families with a Member who is a Cancer Patient," funded by American Nurses Association, \$9,801.

2006

Principal Investigator: Susan Cooper "State of Tennessee Special Policy Advisor Agreement," funded by the State of Tennessee, \$245,522.

Principal Investigator: Cathy Taylor "Visiting Professor in Health Literacy and Clear Communications," funded by Pfizer Corporation, \$7,500.

Principal Investigator: Peter Buerhaus

"Census Variability, Its Causes and Its Impact on Nurse-to-Patient Ratios in Medical/Surgical Units," funded by Boston University, \$54,500.

Principal Investigator: Peter Buerhaus "Peter Buerhaus, Mayo Clinic, Robert Wood Foundation," funded by Robert Wood Foundation, \$72,634.

Principal Investigator: Peter Buerhaus "Improving the NQF Failure to Rescue Metric," funded by Mayo Clinic, \$72,634.

Principal Investigator: Melanie Lutenbacher

"Family to Family Health Care," funded by Tennessee Disability Coalition, \$81,204.

Principal Investigator: Melanie Lutenbacher

"Reducing the Premature Births through the Tennessee Connection for Better Birth Outcomes," funded by BlueCross/BlueShield of Tennessee, \$2,480,755.

Principal Investigator: Bonnie Pilon "Focused Expansion-Vanderbilt Faculty Practice Network," funded by Health Resources and Services Administration, \$1,194,409.

Principal Investigator: Randolph Rasch "Family and Acute Care NPs in Emergency Settings (FACES)," funded by Health Resources and Services Administration, \$882,086.

Principal Investigator: Linda Norman "Advanced Education Nursing Traineeship (AENT) Program FY 2006," funded by Health Resources and Services Administration, \$208,132.

Principal Investigator: Linda Norman "Nurse Faculty Loan Program," funded by Department of Health and Human Services, \$496,688.

Principal Investigator: Nancy Wells "Examining the Effect of Healing Touch on Radiotherapy Induced Fatigue," funded by Discovery Grant, \$100,000.

Principal Investigator: Nancy Wells "A Comprehensive Evaluation of a Safe Handling Program," funded by Robert Wood Johnson Foundation, \$75,000.

Principal Investigator: Shelagh Mulvaney "Adolescent Self Management of Diabetes: An Intervention," funded by National Institute of Diabetes and Digestive and Kidney Disease, \$415,936.

Principal Investigator: Mike Vollman "Coping, Depression and Heart Failure Outcomes," funded by National Institute of Nursing Research, \$259,205.

Principal Investigator: Sarah Fogel"TN TXT 2 Quit: Impact of Cell Phone Text Messages on Smoking Cessation Rates among Childbearing-Age Women in Tennessee," funded by American Legacy Foundation, \$90,000.

Principal Investigator: Steve Guillot, Jr. "Scientific and Technical Analysis and Response Team (START)," funded by BattellePharma, \$707,907.

2005

Principal Investigator: Mary Jo Gilmer "Sibling and Parent Bereavement from Childhood Cancer," funded by NIH - The National Cancer Institute, \$605,637.

Principal Investigator: Joan King

"Advanced Nursing Education Grants," funded by HSR, \$782,832.

Principal Investigator: Linda Norman "Geriatric Education Center," funded by HSR, \$197,550.

Principal Investigator: Mavis Schorn "Nurse Midwifery Training Program Expansion," funded by HSR, \$302,737.

Principal Investigator: Trish Trangenstein "Nurse Education Practice and Retention Educational Informatics – Keys to Future Nursing Education," funded by HSR, \$827,658.

Principal Investigator: Peter Buerhaus "Alternative Study Designs for Evidence-based Practice," funded by Agency for Health Care Research and Quality, \$19,202.

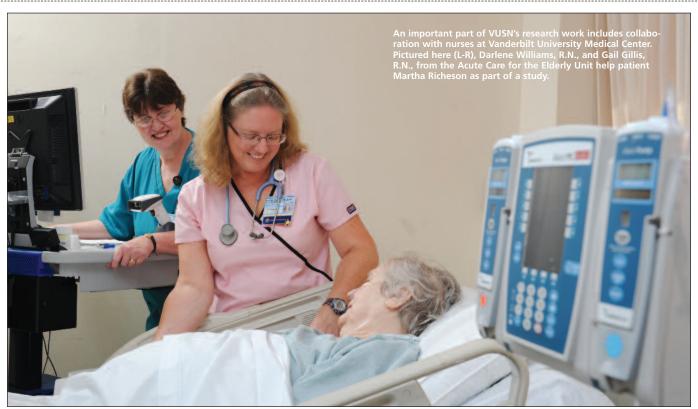
Principal Investigator: Peter Buerhaus "Analyzing Nurses' Impact on Outcomes Using Detailed Data," funded by Mayo Clinic, \$151,681.

Principal Investigator: Peter Buerhaus "Analyzing Nurses' Impact on Outcomes Using Detailed Data," funded by Agency for Health Care Research and Quality, \$99,790.

Principal Investigator: Bonnie Pilon "Diagnosis and Treatment of COPD," funded by Boehringer-Ingelheim Pharmaceutical Corporation, \$8,000.

Principal Investigator: Bonnie Pilon "TennCare Case Management Services," funded by State of Tennessee, \$133,782.

Principal Investigator: Betsy Weiner "Pediatric Endocrinology Evaluation and Management by Advanced Practice Nurses," funded by Genentech, Inc., \$98,323.



JOE HOWELL

ANNE RAYNER

As the Julia Hereford Society Scholarship Recipient for 2009, Julia Viselli has finished her coursework and is preparing to enter the world of advanced practice nursing. Thanks to the generous support of many, hundreds of VUSH students each year eceive some form of financial support to ease the financial burden of their education.

Scholarship Awards



Faculty Recognition

2010

Honors and Awards:

Peter Buerhaus: Selected as Chair of the National Health Care Workforce Commission

Terrah Foster: Hospice & Palliative Nurses Association New Investigator Award

Mary Jo Gilmer, Sheila Ridner and Debra Wujcik: Inducted as Fellows of the American Academy of Nursing

Ann Minnick and Mary Jo Gilmer: Named as two of 60 alumni honorees by the College of Nursing at Michigan State University

Bonnie Pilon: 2010 Nashville Business Journal Health Care Heroes and John William Runyan Jr. Community Nursing Award

Linda Norman, Bonnie Pilon and James Pace: Named as members of the University of Alabama at Birmingham School of Nursing's 60 Visionary Leaders

Janie Daddario: National Treasurer of Nurse Practitioners in Women's Health and on the Board of Directors

Jana Lauderdale: Mary Jane Werthan Award for contributing to the advancement of women at Vanderbilt on a systemic level

Susan Newbold: HITMEN and WOMEN Award for improving patient care through health information technology, at the HIMSS conference

Deanna Pilkenton: ACNM Foundation Award for Excellence in Teaching

Clare Thomson-Smith: Inducted as Fellow of the American Academy of Nurse Practitioners

Presentations:

Susie Adams: "SBIRT Update: Teaching Resources and Applications for Colleges, Emergency Departments and Primary Care," at the 36th Annual Conference: National Organization of Nurse Practitioner Faculties

Sharon Holley: "Dads Doing Hard Labor: Rethinking Care for the Male Partner during Childbirth," at the American College of Nurse-Midwives annual meeting

Sally Miller: "Geriatric Simulations in Second Life: Virtual Reality for Interdisciplinary Collaboration," at the Hartford Institute of Geriatric Nursing annual conference

Anne Moore: "Menopausal Symptom Management," at the Women's Health 2010 18th Annual Congress; "Fibromyalgia," "Female Sexual Dysfunction," and "Recurrent Vaginitis," at the Kentucky Coalition of Nurse Practitioners and Midwives, and "Women's Sexual Health: Addressing Low Libido," at the Nebraska Nurse Practitioners 19th **Annual Congress**

Shelagh Mulvaney: "A Pilot Study Using Mobile Technology to Measure Patient Reported Self-Care," at the AMIA meeting, "Communication Focused Technologies in Pediatrics: Interventions to Improve Outcomes for Adolescents with Chronic Illness," at the AHRQ grantees meeting

Susan Newbold: "New Technology in Clinical Practice," at the HIMSS Kentucky Bluegrass Chapter

Debra Partee: "Don't Wait until Withdrawal: Difficult Questions and Treatment Options with Substance Abusing Survivors," at

the Tennessee Coalition against Domestic and Sexual Violence

Patti Scott and Clare Sullivan:

"Focus Groups for Fun and Feedback: Using Caregiver Focus Groups to Inform and Evaluate School Health Programs," at the National Assembly on Schoolbased Health Care Conference

Randolph Rasch, et al:

"Developing Your Academic Professional Portfolio — Keys to Success," at the National AANP Conference

Ken Wallston: "Lessons Learned about Smoking Cessation from the Behavioral Sciences," at the 2010 Tennessee Annual Cancer Summit

Publications:

Amy Bull: "Screening for Bipolar Disorder in Primary Care," in the Journal for Nurse Practitioners

Sarah Fogel: "But I Have Big Bones! Obesity in the Lesbian Community," in Lesbian Health 101: A Clinician's Guide

Ann Minnick, Linda Norman, et al: "Defining and Describing Capacity in U.S. Doctoral Nursing Research Programs," in Nursing Outlook

Anne Moore: "Bioidentical Hormone Therapy: What Practitioners Need to Know," and co-authored "Attention and Intervention: Responding to Vaginal Changes of Menopause," in the Practical Journal for Nurse Practitioners

Elizabeth Moore: "Systemic Review: Mothers Bottle Feeding their Babies feel Negative Emotions such as Guilt and Worry, and Receive Little Information about Bottle Feeding," in Evidence-Based Nursing and co-authored "Effect of Early Skin-to-Skin MotherInfant Contact During the First Three Hours Following Birth on Exclusive Breastfeeding during the Maternity Hospital Stay," in the Journal of Human Lactation

Shelagh Mulvaney, Ken Wallston, Mary Dietrich, et al:

"An Internet-based Program to Improve Self-management in Adolescents with Type 1 Diabetes," in Diabetes Care

Randolph Rasch, et al: "A Collaborative Partnership Between a Faith-based Institution and a For-profit Methadone Clinic Developed to provide Access to Methadone for Indigent Clients," and "Preliminary Outcomes of a Model Program for Increasing Treatment Access for African American Women Who Use Crack Cocaine and are at Risk for Contracting HIV," in the Journal of Evidence-Based Social Work

Mavis Schorn: "Measurement of Blood Loss," in the Journal of Midwifery & Women's Health

Sandy Seidel: Co-authored "Openness of Patients Reporting with Use of Electronic Records: Psychiatric Clinicians' Views," in the Journal of American Medical Information Association

Vaughn Sinclair and Ken Wallston: "Psychological Vulnerability Predicts Depressive Symptoms in Individuals with Rheumatoid Arthritis," in Nursing Research

Book Chapters:

Suzanne Baird: "Pregnancy at Risk: Preexisting Conditions," "Pregnancy Risk: Gestational Conditions," "Labor and Birth at Risk," in the 4th Edition of Maternal Child Nursing Čare, and "Obstetrical Critical Care Nursing," in the 5th Edition of Critical Care Obstetrics

2009

Honors and Awards:

Susie Adams: International Nursing Society in Addictions Award for Excellence in Education

Karen D'Apolito: National Perinatal Association Individual Contribution to Maternal Child Health Award

Anne Moore: Post-master's certificate and nationally certified Adult Nurse Practitioner

Betsy Weiner: Membership in the American College of Informatics and appointed to the Centennial Independence Foundation Professor of Nursing

Presentations:

Susie Adams: "The Interaction of Victimization, Substance Use and Mental Health Disorders among Women Offenders: Predictors of Treatment Retention," at the International Nurses Society on Addictions Annual Conference

Michelle Collins: "Opioid Addiction and Pregnancy;" "Want to be a Teacher when you Grow Up? How to Become Midwifery Faculty," and "Textbook Teaching in a Dot Com World," at the American College of Nurse-Midwives

Donna McArthur: "Pain Perception and Quality of Life in Adults with ALS," at the Amyotrophic Lateral Sclerosis/Motor Neuron Disease Nursing Symposium

Donna McArthur and Terri Donaldson: "The DNP in Academia: Contributions and Dilemmas," at the National Doctors of Nursing Practice Conference

Randolph Rasch: "Developing Your Professional Portfolio: How Do You Let People Know What You Have Really Done?" at the AANP Annual Conference and "Evidence-based Practice in Nursing Education, Dimensions of Evidence-based Nursing Practice," at Sigma Theta Tau Research Conference

Sally Miller: "Revising an Academic Simulation for Hospital Education: A Story of Successful Sharing," at the Tennessee Center for Nursing Simulation Conference; "Teaching Geriatric Nursing Concepts Using A Simulated Medical-Surgical Setting," at the Geriatric Nursing, Education and Clinical Simulation International Conference, and "Simulation Debriefing Using the GRASP Strategy," at the Annual Clinical Simulation Conference

Sally Miller and Maria

Overstreet: "Using a Simulated ACE Unit to Increase Nursing Staff Knowledge of Older Adult Care," at the Hartford Institute for Geriatric Nursing NICHE Annual Conference

Susan Newbold: "Information Technology Competencies for the Doctor of Nursing Practice Student and Graduate," at the Summer Institute in Nursing Informatics; co-presented "A Study of Best Practices for Clinical Documentation System Implementation;" and "Creating a Governmental Policy Framework for Adoption of an Electronic Health Record," and "Initiatives to Support the Emergence of Nursing Informatics," at the International Congress on Nursing Informatics, and "Nursing Staffing Ratios," at the HIMSS Annual Convention and Exhibition

Publications:

Melanie Allison: "Assessment of the Obese Adult," in the *Journal* for Nurse Practitioners

Stewart Bond: "Delirium at Home — Strategies for Home Health Clinicians," in *Home Health Nurse* and co- authored "Delirium Resolution in Hospitalized Older Patients with Cancer," in *Cancer Nursing*

Linda Buescher: Co-authored "Prevalence of Constipation Symptom in Nursing Home

Residents," in the Journal of the American Geriatrics Society

Amy Bull: "Screening for Intimate Partner Violence: Offering the Tissue Box," in the *Journal for Nurse Practitioners*

Tom Christenbery: "Manuscript Peer Review: A Guide for Advanced Practice Nurses," in the *Journal of the American Academy of* Nurse Practitioners

Karen D'Apolito: "Neonatal Opiate Withdrawal: Gynecologic Management," in *Newborn and Infant Nursing Reviews*

Sarah Fogel, et al: "The Experience of Group Weight Loss Efforts Among Lesbians," in Women & Health

Becky Keck, et al: "Integrating Physician Response into an Academic Medical Center Emergency Operations Response Plan," in the *Journal of Emergency* Nursing

Jennifer Kim: "Assessment of Safe Living for Seniors," in the *Journal* for Nurse Practitioners

Donna McArthur: Co-authored "Saying No to Secondary Prevention Guidelines: Client Values, Beliefs and Evidence-based Practice," in the *Journal of the American Academy of Nurse Practitioners*

Sally Miller: "How Do I Care for a Patient with Diabetic Ketoacidosis?" in *Nursing* and "Journal Writing: A Teaching Strategy for Gerontology Nursing Courses," in *Journal of Gerontological Nursing*

Anne Moore: Co-authored "Tackling the Tricky Issue of Bioidentical Hormones," and "Hormone Therapy in Menopause: Applying research Findings to Optimal Care and Education," in Women's Health Care: A Practical Journal for Nurse Practitioner; and "Pharmacologic Treatment Options for Menopausal Symptoms," in Female Patient

Susan Newbold: "Information Technology Competencies for the Doctor of Practice Student and Graduate;" "Nursing Informatics — Connecting Health and Humans: Report from NI 2009," and American Medical Informatics Nursing Informatics History Committee Update," in CIN: Computers, Informatics, Nursing

Susan Newbold, et al: "Personal Health Information Management around the World — National Examples — USA in Nursing Informatics Where Caring and Technology Meet;" "Technical and Infrastructure Requirements for Personal Health Information Systems, in International Nursing Informatics Congress Workshop; "Informatics and Healthcare Technology," in Issues and Trends in Nursing: Essential Knowledge for Today and Tomorrow, and "Technical and Infrastructure Requirements for Personal Health Information Management Systems," proceedings of the Post Congress Workshop of the 10th International Nursing Informatics Congress, and "The First World Nursing Informatics Leadership Conference," in CIN: Computers, Informatics, Nursing

Randolph Rasch, et al:

"Perceptions of Injection and Sexual Risks for HIV among African American Women who use Crack Cocaine in Nashville, TN," in *Health and Social Work*; "Racial Differences in Retention in Residential Substance Abuse Treatment: The Impact on African American Men," in *Research on Social Work Practice*, and "The Experiences of African American Male Commercial Sex Workers At-Risk for HIV: Accessing Outreach Services," in the *Journal of Gay and Lesbian Social Services*

Mavis Schorn: "African American Nurse-Midwives: Continuing the Legacy," in the *Minority Nurse*; "Pharmacological Management of Acute Pain in Breastfeeding Women," in the *Journal of Emergency Nursing*, and "The Effect of Guided Imagery on the third Stage of Labor," in the

Journal of Alternative and Complementary Medicine

Mavis Schorn and Jennifer Wilbeck: "Unexpected Birth in the Emergency Department: The Role of the Advanced Practice Nurse," in Advanced Emergency Nursing Journal

Mike Vollman, Lynda LaMontagne, and Ken Wallston: "Existential Well-being Predicts Perceived Control in Adults with Heart Failure," in Applied Nursing Research

Penny Waugh: Co-authored "Assessment of the Newborn and Newly Delivered Mother," in *Intrapartum Management Modules: A Perinatal Education Program*

Jennifer Wilbeck: Co-authored "Noninvasive Ventilation in Emergency Care," in the Advanced Emergency Nursing Journal

Ken Wallston, et al: "The Interaction of Locus of Control, Self-efficacy, and Outcome Expectancy in Predicting HbAlc in Medically Underserved Individuals with Type 2 Diabetes," in the Journal of Behavioral Medicine; "Public Health Literacy Defined," in the American Journal of Preventive Medicine; "Diabetes Numeracy Mediates the Association between African American Race and Poor Glycemic Control," and "Addressing Literacy and numeracy to improve Diabetes Care: Two Randomized Controlled Trials," in Diabetes Care; "Patient-Physician Race Concordance and its Relationship to Perceived Health Outcomes," in Ethnicity and Disease; "Activation and Perceived Expectancies: Correlations with Health Outcomes among Veterans with Inflammatory Bowel Disease," in Journal of General Internal Medicine; "Costly Myths: An Analysis of Idling Beliefs and Behavior in Personal Motor Vehicles," in Energy Policy, and "Patient Perspectives on Fluid Management in Chronic Hemodialysis," in Journal of Renal Nutrition

Betsy Weiner and Trish Trangenstein: "The Emerging Role of Educational Informatics," at the Connecting Health and Humans: Proceedings of NI 2009, the 10th International Congress on Nursing Informatics

Betsy Weiner, Trish Trangenstein, Jeff Gordon, and Donna McArthur: "Nursing Informatics for Future Nurse Scholars: Lessons Learned with the Doctorate of Nursing Practice," at the Connecting Health and Humans: Proceedings of NI 2009, the 10th International Congress on Nursing Informatics

Kathleen Wolff and Ken Wallston: "The Diabetes Literacy and Numeracy Education Toolkit: Materials to Facilitate Diabetes Education and Management in Patients with Low Literacy and Numeracy Skills," in *Diabetes Educator*

2008

Honors and Awards:

Susie Adams, Carolyn Bess, Suzanne Baird, Peter Buerhaus, Charlotte Covington, Marilyn Dubree, Tom Christenbery, Carol Etherington, Susan Cooper, Rolanda Johnson, Mary Jo Gilmer, Pam Jones, Steve Guillot, Joan King, Larry Lancaster, Jana Lauderdale, Donna McArthur, Barbara Petersen, Julie Rosof-Williams, Ann Minnick, Linda Norman, Bonnie Pilon, Anne Moore, James Pace, Randolph Rasch, Betsy Weiner, Judy Sweeney, Mike Vollman, and Ken Wallston: Top 100 Leaders during the School's Centennial Celebration

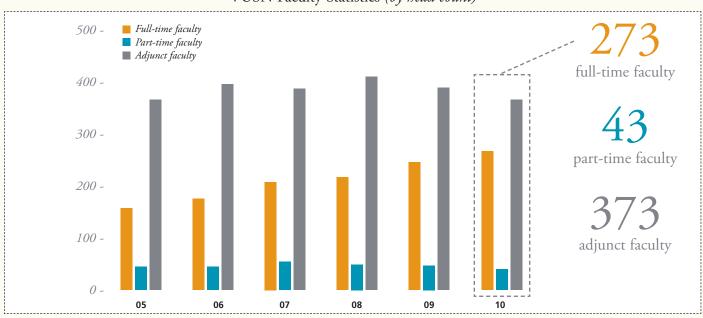
Susie Adams: Fellow of the American Academy of Nurse Practitioners and the American Psychiatric Nurses Association Excellence in Nursing Education Award

Michelle Collins: American College of Nurse-Midwives Excellence in Teaching Award

Marilyn Dubree: Tennessee Board of Nursing by Governor Phil Bredesen

Pam Jones: Hospital Director for Patient Care Services and Nursing for VUH

VUSN Faculty Statistics (by head count)



Jana Lauderdale: Poster Presentation Excellence Award for her "Talking Circles for Comanche Women's Breast Health," at the National Coalition of Ethnic Minority Nurse Association

Lorraine Mion: Joined the faculty as a tenured professor and holder of the Independence Chair in Nursing. Her area of research is gerontology.

Anne Moore: Chair of the Board of Directors for the National Association of Nurse Practitioners in Women's Health and to the Editorial Board for Women's Health Care: A Practical Journal for Nurse Practitioners, and keynote speaker at the Advanced Practice Nursing Symposium

Susan Newbold: Technology Informatics Guiding Education Reform Leadership Award

Linda Norman: Executive Committee Member for the Nurse Educator Workforce Development Advisory Council of the National League for Nursing

Randolph Rasch: Keynote speaker for the 13th Annual Helen Miller Lectureship

Clare Thomson-Smith: Middle Tennessee Advanced Practice Nurse of the Year, for her work in government affairs and as teacher and mentor

Colleen Conway-Welch: Advisory Committee to the Director for the National Institutes of Health, where the committee will advise the NIH Director on policy and planning issues

Betsy Weiner: Information Technology Award from Sigma Theta Tau International for her promotion of innovative and creative approaches of knowledge building, synthesis, utilization and dissemination through advanced technology and Virginia K. Saba Nursing Informatics Award, American Medical Informatics Association Presentations:

Susie Adams and Dawn Vanderhoef: "Innovative On-line Technology: Enhancement of PMHNP Education," at the American Psychiatric Nurse Association

Michelle Collins: "Chaos and Distress: Creating Change for Families who Struggle with Addiction," at the National Meeting of the American College of Nurse Practitioners, "Opioid Addiction and Pregnancy," at the American College of Nurse-Midwives, and "Gotta' Go, Gotta' Go," in Health for Women

Terri Crutcher: "Understanding and Leading Change for Improvement," at the Leadership Development Conference for Federal Bureau of Prisons Nurse Managers

Terri Donaldson: "Heart Transplantation: Pearls and Pitfalls," at the American Association of Critical Care Nurses National Teaching Institute and Critical Care Exposition

Donna McArthur: "Perception of Pain in Adults with ALS," at the American Academy of Nurse Practitioners National Conference

Sally Miller: "Making Simulation Real," at the First Annual Simulation Conference: Empowering Nurse Educators in Tennessee

Sally Miller and Maria Overstreet: "Getting Past the Plastic: Students Performing Caring-Based Interventions during High-Fidelity Simulation," at the International Nursing Learning Resource Centers Conference

Elizabeth Moore: "Cochrane Review of Early Skin-to-Skin Contact for Mothers and their Healthy Newborn Infants," at the International Lactation Consultant Conference

Maria Overstreet: "Debriefing Following Nursing Clinical

Simulation," at the International Nursing Learning Resource Centers Conference; "A Dissertation Study of Debriefing: An Overview of Current Work," at the International Nursing Learning Resource Centers Conference, and "What is the Current Practice of Debriefing in Schools of Nursing in the State of Tennessee?" at the Research in Education

Publications:

Susie Adams: Co-authored "Substance Abuse Treatment for Women Offenders: A Research Review," for the *Journal of Addictions Nursing*, and et al co-authored "Substance Abuse Treatment for Women Offenders: A Research Review," in the *Journal of Addictions Nursing*

Linda Beuscher: "Spirituality in Coping with Persons with Dementia," in the Journal of Nursing and Healthcare of Chronic Illness, and "Challenges of Conducting Qualitative Research with Persons with Dementia," in the Research in Gerontological Nursing

Margaret Buxton: "Skin Infections: Rethinking Management," in the *Journal of* Midwifery

Tom Christenbery: Co-authored "A Strategy for Learning Principles and Elements of Informed Consent," in *Nurse Educator*

Michelle Collins: "What's the Treatment for Bacterial Vaginosis?" in *Nursing* and "Induction of Vaginal Birth after Cesarean Using Intracervical Foley Bulb," in the *Journal of Midwifery and Women's Health*

Charlotte Covington:

"Diagnosing Patients with Chronic Diarrhea," in the *Journal of Nurse Practitioners*

Janie Daddario: "Dyspareunia in Women," in the Journal of Nurse Practitioners

Suzanne Baird and Betsy
Kennedy: "Obstetrical
Emergencies," in Intrapartum
Management Modules: A Perinatal
Education Program, 4th Edition,
and "Myocardial Infarction in
Pregnancy," and et al, co-authored
"Burns in Pregnancy," in the Journal
of Perinatal and Neonatal Nursing

Jennifer Kim: "Nutritional Assessment in Elderly Clients," in the *Journal for Nurse Practitioners*

Anne Moore: "Vaginal Candidasis: Improving Diagnosis and Treatment," in *Female Patient*; "Focus on Hormonal Contraception," and "Premenstrual Disorders," in *Clinical Challenges in Women's Health in the 21st Century*

Susan Newbold: "Informatics and Healthcare Technology" in the Issues and Trends in Nursing: Essential Knowledge for Today and Tomorrow;" co-edited "Developing Online Learning Environments in Nursing Education," and co-authored "CIN: Computers, Informatics, Nursing," at the First World Nursing Informatics Leadership Conference

Maria Overstreet: "The Use of Simulation Technology in the Education of Nursing Students," in *Nursing Clinics of North America*

Randolph Rasch: "Evaluation of the Patient with Hand Pain and Numbness: Carpal Tunnel Syndrome," in the *Journal for* Nurse Practitioners

Penny Waugh and Erin Rodgers: "Assessment of the Newborn and Newly Delivered Mother," in Intrapartum Management Modules: A Perinatal Education Program

Julie Rosof-Williams: "Assessing the Victim of Sexual Abuse or Assault," the Journal of Nurse Practitioners and co-authored a four-hour seminar entitled "Our Kids Medical Evaluation: A Multidisciplinary Approach to Child Sexual Abuse," at the International Association of Forensic Nurses Scientific Assembly

Mavis Schorn: Co-authored "African American Nurse-Midwives: Continuing the Legacy," in Minority Nurse and "Midwifery: A Career for Men in Nursing," in the Men in Nursing Journal

Maria Overstreet and Lois Wagner: "Tennessee Nursing Partnership Promotes Skill-Advancement in Simulation Technology for Nurse Educators in Tennessee," in Nursing Perspectives

Ken Wallston: Co-authored "Development and Validation of as Religious Health Fatalism Measure for the African American Faith Community," in the Journal of Health Psychology; "Development and Validation of the Diabetes Numeracy Test," in the BMC Health Services Research; "Association of Numeracy and Diabetes Control," in the Annals of Internal Medicine, and "Cognitive Adaptability as a Moderator of Expressive Writing Effects in an HIV Sample," in AIDS and Behavior

Betsy Weiner: "Supporting the Integration of Technology into Contemporary Nursing Education," in Nursing Clinics of North America

Jennifer Wilbeck: "How Often do Patients Need Tetanus Prophylaxis?" in the Clinical Queries, Nursing

Jennifer Wilbeck, Mavis Schorn, et al: Co-authored "Pharmacological Management of Acute Pain in Breastfeeding Women," in the Journal of Emergency Nursing

Book and Book Chapters:

Susie Adams: "Identifying Research Questions," in "Evidence Based Practice for Nurses: Appraisal and Application of Research"

Travis Dunlap: Co-authored "Palliative Practices from A – Z for the Bedside Clinician."

Betsy Kennedy: "Intrapartum Modules," 2nd Edition and

Suzanne McMurtry Baird contributed two chapters

Jana Lauderdale: "Transcultural Perspectives in Childbearing," in "Transcultural Concepts in Nursing Care"

Susan Newbold: "Technology Developments Applied to Health Care and Nursing," in "Nursing Informatics 2020: Towards Defining our Future"

James Pace: Co-authored "Palliative Care;" "Sexuality and Palliative Care;" "Funeral Planning;" "Infection," and "Seizures," in "Palliative Practices from A-Z for the Bedside Clinician, 2nd Edition"

Betsy Weiner and Linda Norman: "Bioterrorism and Disaster Preparedness," in "Contemporary Nursing: Issues, Trends, and Management, 4th Edition"

2007

Honors and Awards:

Susie Adams: "Rising Star in Research" by Sigma Theta Tau International

Stewart Bond: Claire M. Fagin Fellowship from the John A. Hartford Foundation to study neurocognitive impairment in older cancer patients

Susan Cooper: Appointed Commissioner of Health for the State of Tennessee by Governor Phil Bredesen, becoming the first registered nurse to serve as Commissioner

James Pace: Advocating for Clinical Excellence in Transdisciplinary Palliative Care Education Project Award Julia Phillippi: Excellence in Teaching Award from the American College of Nurse Midwives

Julie Rosof-Williams: Chaired the committee that the certification examination for sexual assault for nurse examiners in pediatrics for

the Forensic Nurses Certification

Mavis Schorn: W. Newton Long Award for research and the ACNM Region III Award for Excellence from the American College of Nurse Midwives

Cathy Taylor: Assistant Commissioner for the Tennessee Department of Health's Bureau of Health Services Administration

Betsy Weiner: Computer-based Professional Education Technology Award from Sigma Theta Tau International and inducted into the inaugural class of the UK College of Nursing Hall of Fame for being a pioneer in informatics and technology as it applied to nursing

Presentations:

Terri Crutcher: "Pain Management in Primary Care," for the Tennessee Public Health Association

Sally Miller and Maria **Overstreet:** "Simulation in the Skills Lab: Enhancing Clinical Experiences," at the National Conference on Nursing Skills Laboratories

Debra Partee: "Screening for Domestic Violence," at the Tennessee Association of Physician Assistants

Publications:

Susie Adams: Co-authored "Screening and Referral for Alcohol Problems: What Will it Take?" in Substance Abuse and et al co-authored "Nurses Attitudes, Beliefs and Confidence Levels Regarding Care for Those who Abuse Alcohol: Impact of Education Intervention," in Nursing Education in Practice

Bonnie Pilon, Terri Crutcher, et al: Co-authored "Improving Diabetic Retinopathy Screening Rates Using Telemedicine-based Digital Retinal Imaging Technology — The Vine Hill Study in Diabetes Care

Travis Dunlap: "Methicillin-resistant Staphylococcus Aureaus in Critical Care Areas," in Critical Care Nursing Clinics of North America Journal, and "Tracking Changes in the Patient with Heart Failure," in the *Journal for Nurse* Practitioners

Trish Trangenstein, Betsy Weiner, Jeff Gordon: "Data Mining Results from an Electronic Clinical Log for Nurse Practitioner Students," Proceedings of MEDIN-FO 2007, at the International Medical Informatics Association

Anne Moore: "Hysterectomy and Surgical Menopause: A Management Plan based on Expert Opinion," in *Contemporary OB/GYN*; "Sexually Transmitted Infections: A Practical Guide for Primary Care," in Human Press; "Intrauterine Contraception: Who, Why, and How," in Clinical Advisor; "Migraine Preventive Therapy: NP Role in Management," in American Journal for Nurse Practitioners; "Guidelines for Screening and Management of Cervical Disease," in Women's Health Care: A Practical Journal for Nurse Practitioners, and "Her First Pelvic Examination: Helpful Hints for the Nurse Practitioner," in the Journal for Nurse Practitioners

Anne Moore: Co-authored "Treating Vasomotor Symptoms of Menopause," in the Journal of the American Academy of Nurse Practitioners; "Exploring Options in Premenstrual Dysphoric Disorder Management;" "A Good Option for Many: Focus on Extended Regimen OC's in Sexuality, Reproduction and Menopause; "Early Assessment of Fertility: A New Home-Based Screening Method," and "Practical Considerations for Extended OC Regimens," in Women's Health Care: A Practical Journal for Nurse Practitioners

Elizabeth Moore: "Systematic Review: Mothers Bottle Feeding their Babies Feel Negative Emotions such as Guilt and Worry, and Receive Little Information about Bottle Feeding," in Evidence-Based

Nursing; co-authored "Early Skinto-Skin Contact for Mothers and Their Health Newborn Infants," in the Cochrane Database of Systematic Reviews, and "Randomized Controlled Trial of Very Early Mother-Infant Skin-to-Skin Contact and Breastfeeding Status," in the Journal of Midwifery & Women's Health

Shelagh Mulvaney: "Barriers and Facilitators of Evidence-based Practice Perceived by Behavioral Science Professional," in *Journal of Clinical Psychology* and "Normative Psychomotor Vigilance Task Performance in Children Ages 6 to 11— The Tucson Children's Assessment of Sleep Apnea," in *Sleep and Breathing*

Susan Newbold: Co-authored "Challenges and Opportunities in Documentation of the Nursing Care of Patients: A Report of the Maryland Nursing Workforce Commission Documentation Work Group," for the Maryland Board of Nursing; "Tiger on the Move: Vision — Action — Collaboration," for *Nursing* Outlook; "Effecting Change by the Use of Emerging Technologies in Healthcare: A future Vision for U-Nursing in 2020," for the Health Informatics New Zealand 6th Annual Forum, and "Technology Developments Applied to Healthcare/Nursing," in Nursing Informatics 2020: Towards Defining Our Own Future

Randolph Rasch, et al: Coauthored "Metropolitan Community AIDS Network: Faith-based Culturally Relevant Services for African-American Substance Users at Risk for HIV," and "Evaluation of Faith Based Culturally Relevant Services for African American Substance Users At-Risk for HIV;" "Laboratory Screening in Men: What to Consider?" in Men in Nursing, and "Evaluation of a Patient with Hand Pain and Numbness: Carpal Tunnel Syndrome," in the Journal of Nurse Practitioners

Mavis Schorn: "Midwife Practice and Beliefs about Discharging

Clients from their Practice," in the Journal of Midwifery & Women's Health

Betsy Weiner and Trish Trangenstein: "Informatics Solutions for Emergency Planning and Response," for the International Medical Informatics Association

Ken Wallston: Co-authored "Clinical Inertia: A Common Barrier to Changing Provider Prescribing Behavior," in the *Joint Commission Journal on Quality and Patient Safety;* "Do Religious and Control Cognitions Predict Risky Behavior?" and "Development and Validation of the Alcohol-related God Locus of Control Scale for Adolescents," in *Cognitive Therapy and Research,* and "Psychometric Properties of the Perceived Diabetes Self-Management Scale," in the *Journal of Behavioral Medicine*

Betsy Weiner, et al: Co-authored "Guideposts to the Future: An Agenda for Nursing Informatics," in the *Journal of the American Medical Informatics Association*

Jennifer Wilbeck: "Making Sense of Sciatica," in the Journal of Nurse Practitioners and co-authored "VRE in Critical Care Areas," in the Critical Care Nursing Clinics of North America

Book Chapters:

James Pace: Co-authored "The Advanced Practice Nurse in Palliative Care," and "Palliative Care for Persons with HIV/AIDS," in *Palliative Practices from A-Z for the Bedside Clinician, 2nd Edition,* and "Spirituality," in *Fundamental of Nursing: Thinking and Doing*

2006

Honors and Awards:

Peter Buerhaus: Health Services Research Impact Award for establishing a relationship between hospital nurse staffing and adverse patient outcomes Colleen Conway-Welch:

Appointed to the Board of Regents of the Uniformed Services University of the Health Sciences by President George W. Bush

Tom Cook: Named to the School Food and Nutrition Committee of the Institute Committee of the Institute of Medicine's Food and Nutrition Board

Susan Cooper: Special policy adviser for one year to work with the administration on the state's health care safety net for recently disenrolled TennCare patients and other uninsured Tennesseans by Governor Phil Bredesen

Mary Jo Gilmer: Children's Project on Palliative/Hospice Services leadership team to ensure that the services be available to care providers

Steve Guillot: One of 550 Certified Emergency Managers by the International Association of Emergency Managers

Joan King: American Nurses Credentialing Center's ACNP Expert View Panel reappointed to serve a four-year term

Anne Moore: Chair of the Board of Nurse Practitioners in Women's Health two-year term, which establishes guidelines for practice and education for women's health nurse practitioners

Linda Norman: Trailblazer award from the National Black Nurses Association for her development of an educational partnership with Fisk University

James Pace: Fellow to the American Academy of Nurse Practitioners and evening chaplain for the department of Pastoral Care at VUMC/VUH

Bonnie Pilon: Tennessee Primary care Association's Logan Beasley Leadership Excellence Award given to an individual who works to improve health care for all Tennesseans Randolph Rasch: Chair of the Membership Committee two-year term for the National Organization of Nurse Practitioner Faculties

Mavis Schorn: Program director for the nurse-midwifery program

Michael Vollman: Research Task Force for the American Association of Heart Failure Nurses

Betsy Weiner: Outstanding Alumna Award from the University of Kentucky and Honorary Alumna Award from VUSN

Presentations:

Charlotte Covington: "Domestic Violence," at the American College of Nurse Practitioners National Conference

Terri Crutcher: "Improving the Rate of Diabetic Retinal Screening in an Inner City Primary Care Clinic," at the National Nursing Center Consortium Conference

Randolph Rasch: "Nursing as Opportunity: Implications for Educational Recruitment and Retention," at the Colorado Health Education Center and "Nurses Caring for Nurses: Appreciating our Diversity," at Clarian Health Partners

Publications:

Suzanne Baird: Co-authored "Cardiac Disease in Pregnancy," in *Critical Care Nursing Quarterly*

Tim Christenbery: "Dyspnea Self-Management Strategies," in the *Heart and Lung Journal*

Trish Trangenstein, Betsy Weiner, Jeff Gordon: "Demonstration: An Online Clinical Log for Nursing Practitioners," in *Proceedings of Nursing Informatics 2006*

Betsy Weiner, Jeff Gordon, et al: Co-authored "An International Online Curriculum for Nurses in Emergency Planning and Response," in *Proceedings of* Nursing Informatics Anne Moore: "Identifying and Managing Premenstrual Disorders: Putting Strategies into Practice," in Clinical Advisor; 'Identifying and Treating the Patient with Migraine," in the American Journal of Nurse Practitioners, and "Hormonal Contraception: Incorporating Therapeutic Uses and Quality-of-Life Benefits," in Clinical Advisor

Anne Moore: Co-authored "Women and Menstruation: The Impact of Cycle Related Symptoms," in Women's Health Care: A Practical Journal for Nurse Practitioners and "Considering Contraception: What Practitioners are Saying," in A WHONN Lifelines

Elizabeth Moore: Co-authored "Prenatal and Postpartum Focus Groups with Primiparas: Breastfeeding Attitudes, Support, Self-efficacy and Intention," in the Journal of Pediatric Health Care

Susan Newbold: "Twenty five Years of Capital Area Roundtable on Informatics in Nursing: A National Group for Informatics Nurses," in CIN: Computer, Informatics, Nursing; "Technology Can Help alleviate the Nursing Shortage," in Health IT News; "Technology and the Nursing Shortage," in Nursing Outlook; "Nursing Informatics Special Interest Groups," in Introduction to Nursing Informatics, and "Ambulatory Care Systems," in Essentials of Computers for Nurses: Informatics for the New Millennium

Susan Newbold: Co-authored "The Evolution of Education Information Systems and Nurse Faculty Roles," in Nursing Education Perspectives; "The Future for Nurses in Health Informatics," in Introduction to Nursing Informatics, and "American Medical Information Association Nursing Informatics History Committee," in CIN: Computer, Informatics, Nursing

James Pace: Co-authored "Factors Associated with Adherence to Antiretroviral Therapy," in the Journal of the Association of Nurses in AIDS Care

At the foundation of Vanderbilt University School of Nursing is our talented faculty with diverse expertise, as clinicians, researchers, health system leaders and informaticists. They have been recognized nationally and internationally for their expertise and contributions to the profession. They teach our students to ask the right questions, become critical thinkers and embrace the concepts of lifelong learning and risk-taking. Our faculty and our staff foster the positive educational culture that is an intrinsic part of the educational experience at the School."

Dean Colleen Conway-Welch

Randolph Rasch: "Teaching Opens New Doors," and "Wanted: More Men in Nursing," in Men in Nursing, and co-authored "Ear, Nose, Mouth and Throat," in the Advanced Assessment: Interpreting Findings and Formulating Differential Diagnoses

Mavis Schorn: "How Does Oral Emergency Contraception Work?" in Nursing

Cathy Taylor: "Clustering of U.S. Women Receiving No Prenatal Care: Differences in Pregnancy Outcomes and Implications for Targeting Interventions," in an issue of Maternal and Child Health Journal

Betsy Weiner and Trish Trangenstein: "Preparing our Public Health Nursing Leaders with Informatics Skills to Combat Bioterrorism in the United States," and "Meeting the Informatics Needs of Today's Nursing Students," in Proceedings of Nursing Informatics 2006

Betsy Weiner: "Addressing Emergency Preparedness and Response Competencies for Nurses through Simulation Experiences," in the Clinical Simulation in Nursing Education: Journal of the International Nursing Association for Clinical Simulation and Learning, and "Preparing Nurses Internationally for Emergency Planning and Response," in the OJIN: The Online Journal of Issues in Nursing, and "Informatics can Play a Key Role in Emergency

Preparedness and Response," in Nursing Outlook

Linda Norman, Betsy Weiner, et al: Co-authored "Integrated Decision Making in Response to Weapons of Mass Destruction Incidents," in Disaster Medicine

Jennifer Ezell Wilbeck: "What is Secondary Adrenal Insufficiency?" in the Clinical Queries, Nursing

Joan King and Jennifer Ezell Wilbeck: Co-authored "How do I Manage Ischemic Stroke in a Menstruating Woman?" in the Clinical Queries, Nursing

Book Chapters:

Carolyn Bess: "Supervising RN Students in an RN and MSN Program: VUSN," in the "Distance Education in Nursing 2nd Edition"

2005

Honors and Awards:

James Pace: Fellow in the American Academy of Nurse Practitioners

Bonnie Pilon: VUMC Nurse of the Year Award

Randolph Rasch: Fellow in the American Academy of Nurse Practitioners

Presentations:

Charlotte Covington: "Domestic Violence," at the National Conference for Nurse Practitioners

Debra Partee: "Domestic Violence," at the National Conference for Nurse Practitioners

Clare Sullivan: "Assessing the School-Aged Child," at the Tennessee Association of School Nursing Conference

Publications:

Susan Newbold: Co-authored "Evaluation of a Nursing Informatics Training Program Shows Significant Changes in Nurses' Perception of their Knowledge of Information Technology," in the Health Informatics Journal

Mavis Schorn: "Emergency Contraception for Sexual Assault Victims: An Advocacy Coalition Framework," in Policy, Politics, and Nursing Practice

Book Chapters:

James Pace: Co-authored "AIDSrelated Malignancies," in Cancer Nursing: Principles and Practice

Cumulative report data compiled by Cheryl McMurtry

50s

Kathleen "Kay" Gainor Andreoli, MSN '59, DSN, RN, FAAN, is Emeritus Kellogg Dean of the Rush University College of Nursing. A fellow in the American Academy of Nursing, Andreoli was elected to the Institute of Medicine of the National Academy of Sciences. She received the Vanderbilt University School of Nursing's Distinguished Alumna award in 1984 and the UAB School of Nursing's Distinguished Alumni honor in 1991. Andreoli also received the Melanie C. Dreher Outstanding Dean Award from Sigma Theta Tau International nursing honor society in 2003 and the 2009 GE Health-AACN Pioneering Spirit Award. She serves on the Board of the Rehabilitation Institute of Chicago, which cares for disabled patients of all ages and conducts research to help adults and children with serious physical and mental impairments.

Bonnie Weaver Battey, MSN '59, Ph.D., is a nursing consultant in private practice, serving nursing education clients nationally and internationally. She earned her Ph.D. at the University of Kansas, Lawrence, majoring in Speech Communication and Human Relations. She was a recipient of the Nurse Scientist Scholar grant for her doctoral studies. Her post-doctoral work included the Advanced Quantitative Methodology Institute and the National Center for Nursing Research. Battey is listed in "Who's Who among American Nurses," 1988-1995, "Who's Who in American Education," 2007-2008, and "2000 Outstanding Intellectuals of the 21st Century."

60s

Betty Anne Curtis Cook, BSN '60, has retired to the Chapel Hill, N.C. area with frequent visits to her family home on Cape Cod. She has three grown daughters, living in Chapel Hill, New York and San Francisco, and seven grandchildren. She participated in the Fall Reunion and looks forward to re-establishing contact with those who didn't make the reunion.

Carol Bruno Komara, BSN '62, was recently elected president of the Kentucky Board of Nursing for the 2010-11 term, in addition to her three-year term as a board member. Although retired from the University of Kentucky, she loves working with staff nurses as a career coach for Central Baptist Hospital on a part-time basis. Komara received her M.S.N. from Bellarmine University in Louisville, Ky.

Ginger Trundle Manley, BSN '66, MSN '81, was a winner of the Vanderbilt University Medical Center House Organ writing contest in the non-fiction division for her story, "What Everyone Dies Of." This article can be viewed at www.mc.vanderbilt.edu/houseor gan/Manley1.htm

70s

Jean Austin Massey, BSN '71, works at a high-volume and high-acuity Internal Medicine practice in Columbia, S.C., where she also precepts nurse practitioner students. She wishes her best to all her 1971 BSN classmates, and hopes to see them at the 40th reunion.

Linda Raker Rogers, BSN '75, was selected as the 2009-2010 School Nurse of the Year for North Carolina at the state con-



Cathy R. Arvidson, BSN '78, PhD, FNP, was inducted as a Fellow of the American Academy of Nurse Practitioners (AANP) for her outstanding contributions to health care through nurse practitioner clinical practice, research, education and/or policy. Arvidson coordinates the family nurse practitioner program at Idaho State University, and

serves as Region 10 Director (Idaho, Oregon, Washington and Alaska) for the AANP.

ference. She and her husband live in Raleigh, N.C., where she works as a school-based public health nurse in Wake County.

Mary Lyn Field-Nguer, MSN '76, joined the AED Center on AIDS & Community Health as vice president, deputy director of the center, and director for international AIDS Programs. Most recently, she served as director of HIV and AIDS Programs for John Snow, Inc./Washington, where she also acted as the pediatric HIV adviser to the BASICS Project, principal investigator of a CDC-funded study on Health Care Worker Safety in Tanzania, and co-chaired the HIV Implementers' Group, hosted by the Global Health Council.

Rebecca (Becky) Tittle Snyder, BSN '77, is working at Driscoll Children's Hospital in Corpus Christi, Texas. After serving as an adjunct clinical instructor position for Texas A&M University in the BSN program helping with Pediatric clinical rotations this past spring, she has joined the faculty full-time and loves working with students.

Wendy Baker, BSN '78, recently completed the Psychiatric Mental Health Nurse Practitioner Certificate at the University of Washington and now works part-time at Comprehensive Mental Health of Central Washington in Yakima, Wash. She continues to teach full time in the Associate Degree nursing program at Yakima Valley Community College.

Jennifer Lawson Williams, BSN '78, works at the Sullivan County Regional Health Department in Blountville, Tenn., and celebrated her daughter's graduation from college in August.

80s

Elizabeth Burgess-Dowdell, PhD, BSN '84, has been invited to serve a three-year term on



Lori Goldenberg, BSN '80, worked for 18 years in home care nursing, including direct care as a visiting nurse, nursing supervisor, home care educator and ultimately a director of a home care and assisted living agency. For the past six years, she has applied her nursing education in the arena of medical esthetics for a plastic surgeon

and dermatology practices, and loves the change. She is divorced, living in Ridgefield, Conn., with companion, Bill, and her 1-year-old golden retriever, Caileigh.



Jules DeZonia Mason, BSN '80, pictured on the left with classmate Barbara Duffy Johnson at the 1980 VUSN capping ceremony, lives in Brentwood, Tenn. She and husband, Dick, celebrated their 30th

anniversary this year, along with their four children, ages 15-26. In 1987, she and her husband started Mason Corporation, manufacturing commercial water slides and a children's scooter known as The Flying Turtle or Roller Racer. She keeps her nursing license current by working in the summer at Camp Rockmont, a boys' camp in Black Mountain, N.C. Her home was damaged in the Nashville floods, and she is learning hands-on about demolition and reconstruction.

the Nursing Research Grant Reviewer Committee of the American Nurses Foundation (ANF), the philanthropic arm of the American Nurses Association. She was chosen based on her research experience.

Jennifer Camp Lunny, BSN '84, earned her master's in nursing science and is an assistant professor of Nursing at Broward College, Coconut Creek, Fla.

Sandra Southern, BSN '84, is working as a nurse case manager for the Houston Independent School District. She believes that diminishing disability and improving functional outcomes for injured workers is a very rewarding type of nursing.

Kristi Lundberg Stickleman,

BSN '84, is a nurse manager for Sirona Infusion Company in Scottsdale, Ariz. After 25 years, classmates and roommates Jennifer Lunny and Kristi Stickleman reconnected in Fort Lauderdale, Fla. Lunny said, "It was so fun and special to dis-

cuss our Vandy Nursing School memories and experiences and to discuss our current passion for the nursing profession and our hopes for the future."

Polly McClanahan McArthur, BSN '84, earned her Ph.D. hood from the College of Nursing at the University of Tennessee, Knoxville (UTK) in May and officially graduated in August. Her dissertation is entitled "Case Study: Community Perspectives of a Service Learning Partnership Involving One School of Nursing in the Southeastern United States," and she teaches at the

UTK College of Nursing.

Lois J. Wagner, MSN '84, Ph.D. '04, is an assistant professor at VUSN. She also serves as the executive director of the Tennessee Center for Nursing, a nursing workforce research group that tracks the supply and demand for nurses to meet the current and future demand in Tennessee.

Lana Leinbach Yaney, BSN '86, CRNA, MS, has been reelected as an American Association of Nurse Anesthetists Journal reviewer for the Sept 2010-August 2011 year.

90s

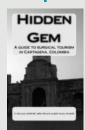
Barbara Meadows, MSN '90, after many years in home health care and five years as Quality Improvement Specialist for QSource, Tennessee's Healthcare Quality Improvement Organization, she recently moved to AmeriChoice to the role of Clinical Quality Analyst for CHOICES, the TennCare home- and community-based services program.

Cheryl Nail, MSN '92, is the vice president of Nursing at Evergreen Hospital Medical Center, and was formerly the medical center's chief nursing officer for the Seattle-area system. She joined Evergreen in 2000 as a clinical nurse educator in the Family Maternity Center and was named Director of Nursing in 2005. She served 10 years active duty in the U.S. Army as combat medic, LPN, RN and assistant head nurse. She is originally from Chattanooga, Tenn.

Susan LeCates, MSN '94, has worked in the Headache Center in the Division of Pediatric Neurology at Cincinnati Children's Hospital Medical Center since 1999. She recently presented on "Strategies for Acute Treatment and Preventative Therapy in Pediatric Headache" at the 35th National Primary Care Nurse Practitioner Symposium in Copper Mountain, Colo.

Frances E. Likis, MSN '94, was inducted into the Fellowship of the American College of Nurse-Midwives (FACNM). She is editor-in-chief of the Journal of Midwifery & Women's Health and an investigator for the Vanderbilt Evidence-based Practice Center.

John B. Brewer, MSN '95, is pleased to announce that his twin sons graduated from Franklin



Kristin Eckland, MSN '05, an acute care nurse practitioner, recently moved to the Virgin Islands, and is working as a nurse practitioner in Cardiology. Her first book, "Hidden Germ: A Guide to Surgical Tourism in Cartagena, Colombia," was published in August, and she is busy working on her second.



Kathleen L. Wolff, MSN '83, VUSN clinical instructor, has co-written a book, A Life of Control: Stories of Living with Diabetes, with Anne Brown, BA '74, MSN '83, VUSN clinical instructor, and Alan Graber, M.D., Vanderbilt University School of Medicine professor emeritus, which will be published this fall.



Mary Hyndman, BSN '83, has remained active in the prevention arena teaching CPR and Safety classes and Prenatal/Postpartum Exercise for The Dallas Association for Parent Education for more than 10 years. She is also an independent distributor for Shaklee. Mary and her husband, Peter (VU ME '80), recently celebrated 25 years of marriage. Their children, Pete, 24 (VU BA '07), Jenna, 23, and Aimee, 15, are well on their way in the world, and Hyndman is going back to school to get her Biblical Counseling Degree from The Dallas Theological Seminary this fall.

Classical School, both summa cum laude. Both will attend Millsaps College in Jackson, Miss., to play lacrosse for a newly forming Division III team. Son, Christian, plans to pursue engineering, while son, Brittain, plans to pursue the ministry.

Michael Briley, MSN '94, DNP, owner of Primary Care Specialists-South in Jackson, Tenn., held a ribbon-cutting in April for its new clinic location in Twelve Oaks Place. Briley has been in practice in the Jackson area for more than 16 years and wanted additional space to make the patient-office experience more comfortable.

Heather Jill Wareing Keiming, MSN '95, is proud to welcome her fifth child, Elizabeth Ann, born on April 23, who joins siblings Rose, William, Julianna and Theodore. She reports that Elizabeth was born safely and easily at home, with the assistance of a midwife, her fifth vaginal, un-medicated birth. She feels she uses her FNP education nearly every day as she helps her children grow and as she has achieved healthy pregnancies.

Clare Thomson-Smith, MSN ('98), RN, JD, was inducted as a Fellow of the American Academy of Nurse Practitioners during the AANP national conference in Phoenix, Ariz., in June. She is the director for the Center for Advanced Practice and Allied Health (CAPNAH) at VUMC and was recently named as the Assistant Dean for Faculty Practice at VUSN. She also co-coordinates the Legal and Ethical Environment course for DNP students.

2000s

Amanda Amelang Harper, MSN '00, and husband, Chris, announce the birth of Sophie Marin on July 12. She joins big brother Noah and big sister Emily. Amanda works as a neonatal nurse practitioner for Pediatrix Medical Group in Savannah, Ga.

Julia Mitzel, MSN '00, lives in Seattle, with her husband, Neil, and their three boys, Finnegan, 5, and 18-month-old twins, Hugo and Beckett. She is a nurse practitioner in the neurodevelopment clinic at Seattle Children's Hospital and a sexual assault nurse examiner at Harborview Medical Center.

Melanie Allison, MSN '03, is a full-time nursing instructor for VUSN. She is married and has a 5-year-old daughter, Maggie, and a 1-year-old son, Jack. Allison had an article published in the January 2009 Journal for Nurse Practitioners on "Assessment of the Obese Adult."

Mary Julia Garcia Kaiser, MSN '03, married Travis Kaiser in July 2004, and they reside in Gallatin, Tenn., with their two children: Will, 4, and Ellie Claire, 2. Mary is a part-time family nurse practitioner for Allergy and Asthma Associates in Hendersonville, Tenn.

Lou Kaelin, MSN '03, recently assumed a new role of Interim Director for Workforce Management at Vanderbilt University Clinical Staffing Resource Center.

Regina Sentell, MSN '03, is excited about being published this year. She wrote 14 counseling articles for a Mom's Bible, published by Thomas Nelson.

Ty Williams, MSN '03, began the DNP program at Vanderbilt University School of Nursing this fall. He is a new member of the VUSN Alumni Association Board of Directors and currently lives in Los Angeles.

Terri McLeroy Hartman, MSN '04, transferred from the Vanderbilt Accreditation and Standards Department to the Vanderbilt Privacy office. She really enjoys her job and her life. Her two daughters are in college, and she and husband, David, have been married five years.



Julie Priest, MSN '94, has been working in community health since graduation. She has worked at the Indian Health Center in San Jose, Calif., for eight years. She took a one-year hiatus to work with a non-governmental organization in Northern Iraq doing relief and development work with a small team in 2004-2005, where she ran a project educating local nurses and lay midwives on prenatal and postpartum care. She recently purchased a

home in San Jose, and continues to be thankful for the education she received at Vanderbilt.



(L-R) Julia Phillippi, MSN '99, Tonia Moore-Davis, VUSN Instructor, and Francie Likis, MSN '94, have all received the prestigious "Kitty" Award from the ACNM in recent years.

Lisa K. Tabor, MSN '04, APRN, ACNP-BC, recently accepted a position with the Memphis, Tenn.-based company Provider Health Services. She will have a pioneering role in establishing a house calls model in assisted living communities throughout Louisiana. She will be instrumental in opening this new geriatric health care market and in creating new jobs for nurse practitioners.

Alice Bernet, MSN '05, after four years of working as a psychiatric nurse practitioner at a local community mental health agency, has returned to VUSN to pursue her Ph.D. in Nursing Science. She was awarded the VUSN Centennial Scholarship and started her coursework in Fall 2009. She also works at the Nashville Veteran's Administration, coordinating psychiatric care for high-risk veterans. She was recently awarded a two-year fellowship with the Veterans Administration Quality Scholars Program.

Eydie Cloyd, MSN '05, recently published an article for

Mosby's Nursing Skills entitled "Consent, Capacity, and Competency Issues." She lives in Nashville and is the proud parent of 3-year-old daughter, Eva.

Mary Louis Lydick Quinn,

MSN '05, works as a nurse practitioner at The Kirklin Clinic in Birmingham, Ala. She and her husband welcomed a daughter, Margaret Curran, on July 30, 2009.

Helen Moss Marshall, MSN '05, initially worked for one year at the Vanderbilt Surgical Intensive Care Unit after graduation and for four years as a nurse practitioner in ENT clinics in Hermitage, Tenn., and Jackson, Miss. She and her

husband live in Jackson, with their 18-month-old son. Marshall is taking time off from her nursing career as the couple's second child is on the way, but she plans to keep up her certifications through continuing education and volunteering.

Abigail Watkins-Morgan, MSN '05, recently moved to Gaborone, Botswana, to help open Bokamoso Private Hospital, a new hospital providing many services and specialties to the people of Botswana that were not previously available, like renal dialysis.

Angela Stroth Watson, MSN '05, and Willie Watson, of Nashville-based band Old Crow Medicine Show, welcomed their beautiful daughter, Everley Jane, at home in Topanga Canyon, Calif., on June 5. Leslie Stewart, CNM, and Meharry graduate (1981) was in attendance for the home/water birth. Watson has been doing home births and birth center births for women of Orange County since 2008 and joined the UCLA Westwood Midwifery practice in September.

Melissa Willmarth, MSN '05. was part of the first Doctor of Nursing Practice graduating class from VUSN in May. She was one of two students

selected to present a poster at the 2010 American College of Nurse-Midwives meeting. Her presentation, which was also her DNP scholarly project, was entitled "Maternal Satisfaction with Induction of Labor." She and her husband, Kevin Willmarth, Psy.D., live in Florence, Ky., with their son, Brooks.

Rachael Bartosch, MSN '06, ACNP-BC, works as a nurse practitioner in Bone Marrow and Stem Cell Transplant at Rush University Medical Center. Prior to that, she worked as a nurse practitioner in Interventional Endoscopy at the University of Chicago Medical Center. After attending school in Chicago to become a professional brewer, her husband is the head brewer at Rock Bottom in Warrenville, III. The couple will celebrate their fifth anniversary this year.

Amanda Brickhouse-Murphy, MSN '06, is a certified nursemidwife. She is a mother of two boys and lives in Asheville, N.C.

Amy Youree Hall, MSN '06, married Walter C. Hall in June. She works at Monroe Carell Jr. Children's Hospital at Vanderbilt as a neonatal nurse practitioner. Her husband is vice president of Purchasing at Thomas Nelson, Inc. The couple lives in Nashville

MSN'06. is a psychiatric nurse practitioner working in Ft. Campbell, Ky., with the wounded warriors unit. After recovering from a three-year illness,

Margaret Elaine Johnson,

she gives thanks to the support of her Vanderbilt friends, the amazing providers at the Cleveland Clinic, family, friends,



Kate Moore, DNP, MSN '96, RN, is an assistant professor at the University of Kentucky College of Nursing. Her acute care nurse practitioner clinical practice is with Trauma and Surgical Critical Care at UK Chandler Hospital. In October 2009, she was promoted to the rank of Colonel in the U.S. Army Reserve and

serves as the Army Reserve member of the Tri-Service Nursing Research Advisory Council.



Jennifer Wilbeck, MSN '99, along with husband Chris, welcomed Anna Claire Wilbeck on March 22, weighing 6 pounds and measuring 19 inches long. Big brother Owen is ready to help.

her church and hometown, for helping her pull through.

Amy Clark-Cole, MSN '07, volunteered as a nurse practitioner and nurse-midwife in Central and South America with Project Hope and in Haiti



Kiersten Brown Espaillat, MSN '03, and Luis Espaillat proudly welcomed Kayleigh (13) and Kaiden (6) to their family on Feb. 8.

with Midwives for Haiti. She married in 2009 and purchased a family practice in 2010, Cole Family Practice, LLC, in Old Hickory, Tenn. The practice, one of only a few nurse-practitioner owned practices in Nashville, is doing well and is precepting Vanderbilt family

nurse practitioner and certified nurse-midwifery students. www.colefamilypractice.org

Elizabeth Downer York, MSN '07, RN, MSN, FNP-C, welcomed daughter, Adeline Grace York, born Sept. 17, 2008. After being a full-time mom, the acute care practitioner graduate recently earned her post-master's certificate as a family nurse practitioner.

Angel R. Epstein, MSN '08, attended the American Psychiatric Nurses Association's annual psycho pharmacology conference in Reston, Va., in June.

Laura Rae Morette, MSN '08, is working as a pediatric nurse practitioner in Pace, Fla. She welcomed Kennedy Elizabeth Morette on April 22.

Bryce Eichelberger, MSN '09, works in a rural family practice and emergency room in Robbinsville, N.C. The Eichelberger family just welcomed their second son, Samuel Duncan.

Belinda Shultz Daniel, MSN '09, finished a post-master's program at the University of Texas Health Science Center Houston in May with a focus on Emergency Department Competencies for the Family Nurse Practitioner. She works at The Schumacher Group, loves what she's doing and thanks all the VUSN family nurse practitioner staff and preceptors who helped her along the way.

Karin Kellerman, MSN '09, RN, MSN, CRNP, moved to a new position as a neurovascular nurse practitioner at Abington Memorial Hospital in Pennsylvania with the Neurovascular Associates of Abington. She is managing inpatients in the neuro-critical care unit as well as step-down and post procedure patients.

Ginny Massey-Holt, MSN '09, works for Prohealth Medical Centers in Columbia, Tenn., a small community health center in her hometown with FQHC-Look-Alike status. She has a patient population with an age

range of 4 months to 84 years. She has several three-generation families, and has grown this base from fewer than 20 visits in December 2009 when she first re-opened to nearly 150 last month. The center recently received a grant from Baptist Healing Trust in Nashville to help reduce the nominal fee for cash-pay patients, and support further focus on hypertension control, type 2 diabetes management and reducing hyperlipidemia.

Ellen McGinnis, MSN '09, recently became a nurse practitioner with the Division of Endocrinology at Duke University Medical Center.

Sheryl Redlin Frazier, MSN '09, has a new management role in the Vanderbilt Breast Center at Vanderbilt Health One Hundred Oaks as Manager of Patient Care Services. This fall, the Breast Center's services will expand to include comprehensive breast cancer care with an interdisciplinary team approach.



Christy Lucas, MSN '07, husband Nick Lucas, and 2-year-old daughter, Anna Marie, welcomed a second child, Emma Jane, on May 11.

Mike Tedrick, MSN '10, accepted a research coordinator position in Tulsa with the Warren Cancer Research Foundation, Saint Francis Health Systems - the same organization that facilitated his preceptorship experience during the 2006 spring semester.

Kathleen Roberts, DNP '10. has been a nurse since 1972 and was a member of the first DNP graduating class from VUSN. At the American Academy of Nurse Practitioners National convention in Phoenix, Ariz., this June, she received the Excellence in Nursing Award.

IN MEMORIAM

Virginia Leake Clarke, attended '38, died on Jan. 19 in Tucson, Ariz.

Marie Buckley, BSN '43, died Sept. 9 in Little Rock, Ark.

Dorothy Shaughnessy, attended '45, died April 8 in Westwood, Kan.

Frankie Jenkins Nolan, attended '47, died Jan. 4 in Vacaville, Calif.

Inez Kelly Bramley, attended '69, died on June 9 in Nashville.

Elizabeth Krantz Johnson, BSN '35 and former faculty

member, died on March 27 in St. Paul, Minn.

Ouida McIntyre Tucker, BSN, '37, died on March 26 in Nashville.

Rebecca Lett Arendal, BSN '46, died on April 7 in Jackson, Tenn.

Louise Spraggins McDavid, BSN '47, died on March 20 in Pelzer, S.C.

Elizabeth Summers Skaggs,

BSN '48, died on June 22 in Bridgeport, W.Va.

Betsy Firestone Bowers Dolan, BSN '57, died on May 22 in Asheville, N.C.

Barbara Ann Hay, BSN '68, died on Nov. 14, 2009, in Southern Pines, N.C.

Janice Ambrey Stalcup, BSN '68, died on June 5 in Oakland, Calif.

Joan Padberg, MSN '71, died on April 3 in Oklahoma City, Okla.

Lula Curtis Scott, MSN '72, died on March 8 in Memphis, Tenn.

Carol Massey Olson, MSN '73, died on May 1 in Memphis, Tenn.

Eleanor Smith Land, BSN '82, died on June 14 in Ojai, Calif.

Lorraine June Biddle Holzapfel, BSN '85, MSN '87, died on July 16 in Normandy, Tenn.

Ashley Stevens Gesler, MSN '00, died on April 6 in Murray, Ky.

SEND ALUMNI NEWS AND

PICTURES TO

Susan Shipley VUSN Alumni Relations Director Vanderbilt University Medical 2525 West End Ave., Suite 450 Nashville, TN 37203 susan.shipley@vanderbilt.edu (615) 936-3046 Toll Free: (800) 288-0028

VISIT US ON THE WEB

www.vanderbilt.edu/vanderbilt nurse

don't forget

January 2011

County Music Marathon training begins for team VUSN. The marathon takes place in Nashville, Tenn., on April 30, but participants start training on the weekends at local parks in and around Nashville. Come join the fun!

March 25, 2011

Information Session on Billing Codes - Director of Billing Compliance at the University of Texas Southwestern Medical Center in Dallas and VUSN Alumni Board Member Doug Arrington (MSN '88) will be at VUSN to discuss this often complex yet important part of health care. For more information, email alumninursing@vanderbilt.edu.

March 26, 2011, from 10 a.m. to 2 p.m.

Spring Alumni Board Meeting – All alumni are invited to attend this meeting that covers topics including fundraising, networking and raising the awareness nursing among the community.

April 2011

VUSN Volunteer Day – spring boarding off the summer 2010 Volunteer Day, VUSN graduates throughout the country will be encouraged to participate in community service in their own way and in their own hometowns. Contact the VUSN Alumni Office if you are interested in leading a volunteer group in your area.

For further information about School of Nursing alumni events and activities, contact Susan Shipley, VUSN director of alumni relations, at (615) 936.3046 or susan.shipley@vanderbilt.edu

2010 pinning

The largest group in Vanderbilt University School of Nursing's history received their professional pins of Nursing at a ceremony held Aug. 8 at Belmont University's Curb Event Center. Dean Colleen Conway-Welch, Ph.D., C.N.M., awarded pins to 267 students witnessed by a crowd of more than 2,000 friends and family members.

Vanderbilt's nursing program begins and ends in August. The Pinning ceremony formally recognizes students when they finish their master's program, and many students return to campus for Vanderbilt's official commencement in the spring.

"You join thousands of VUSN nursing graduates who are making a difference around the world," Conway-Welch told the students.

- **1.** Jhijian Wang celebrates as she walks across the stage to receive her nursing pin.
- **2.** Marie A. Mattei-Weiland stands up to receive the Amy Frances Brown Prize for Excellence in Writing.
- **3.** Morgan Stone shows her surprise as she is named the winner of the Family Nurse Practitioner specialty award. Each specialty recognized one student in this way.
- **4.** Emily Eckert and Cody Bowers pose for a photo during the jam-packed reception following the official ceremony. Earlier in the afternoon, Bowers was named the recipient of the VUSN Alumni Association's Award for Excellence in School and Leadership to the School and Community.

















2010 graduation

This year marked the first graduating class of VUSN Doctor of Nursing Practice students, 308 master's-prepared graduates and two who earned their Ph.D. degree.

"You are joining an important group of Vanderbilt-educated advance practice nurses who are redefining the roles of health care providers," said Jeff Balser, M.D., Ph.D., vice chancellor for Health Affairs and dean of the School of Medicine, who addressed the graduates, families and friends during the academic hooding ceremony on Branscomb Quadrangle.

Although most of the school's master's students officially completed their advanced practice nursing education last August, more than 100 returned for commencement and investiture of the academic hood ceremonies. It was a day of celebrations.

- 1. Many members of VUSN's first graduating class of Doctor of Nursing Practice students pose for a quick picture as other graduates start lining up for Commencement.
- 2. Dean Colleen Conway-Welch at the VUSN Investiture Ceremony
- **3.** Lauren King shares a smile with her classmates during Commencement on Alumni Lawn.
- **4.** Members of the first graduating Doctor of Nursing Practice class, Tony Smith and Stacy Scarbro, take in the sights and sounds of the Vanderbilt Commencement.
- **5.** Ryan Henderson (middle) stands with his mother, Karen, and father, Reggie, during the reception following the Investiture Ceremony at Branscomb Quadrangle.
- **6.** Jennifer Roemer, the VUSN 2010 Founder's Medalist, waits for the VUSN Investiture Ceremony to begin.



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