

**SustainVU**  
*Growing Responsibly*

[vanderbilt.edu/sustainvu](http://vanderbilt.edu/sustainvu)



## Engage Green: Tour De Gulch – September 2

Get an insider's look at the first [LEED ND](#) (Neighborhood Development) certified neighborhood in the Southern U.S. on September 2<sup>nd</sup> from 6-7:30pm. Kim Hawkins of Hawkins Partners, Inc. with [Urban Green Lab](#) and [Team Green Adventures](#) will lead the tour, which begins at Yazoo Brewing Company. More details [here](#).

## City Cycling 101: How to Ride your Bicycle Safely and Confidently – September 2

Want to be more confident riding your bike around Nashville? Join [Walk/Bike Nashville](#) for their course designed to help you brush up on your bike riding knowledge and skills! Get ready to

Welcome back students! We are so excited to have our students and faculty back on campus. SEMO loved meeting our new students during first year move-in and at the University Resource & Services Fair on move-in day. Thank you to all of the cardboard crew volunteers who worked hard to reduce our waste during move-in! We are looking forward to see if we set a new record for cardboard recycling again this year! If we didn't get to meet you, we look forward to seeing you around campus. Look for us at home football games! We will be the ones helping with recycling in the tailgating areas and as you enter the stadium! The Commodores have their first home game on September 3, so be sure to anchor down and recycle at all home games! Go 'Dores! Additional information about the stories and events included in this newsletter are available on the SustainVU [website](#) and [Facebook](#) page. Have a sustainable September and beginning of the school year!

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dust off your saddle and helmet and get back out on the roads! More details [here](#).

### Vanderbilt Farmers' Market – September 3, 10, 17, 25

The Vanderbilt Farmers' Market will be held every Thursday from 3:00-6:00pm through October 29. The market is relocating for this summer to the curved section of Medical Center Drive adjacent to Vanderbilt Stallworth Rehabilitation Hospital, between Children's Way and Blakemore Avenue, steps away from the intersection of Blakemore Avenue and 21st Avenue South. More details [here](#).

### Live on the Green – September 3, 10, 11, 12

Live on the Green returns with yet another great line-up this year! This free, family-friendly festival spans from mid-August to mid-September. Consider taking alternative transportation—[Walk/Bike Nashville](#) is providing free, secure valet bicycle parking, and [B-cycle](#) is providing bike rentals for only \$5.00 for the day. As always, the [MTA bus](#) is also a great option to get downtown. See transportation options and how to be green at the concert [here](#).

### National Wildlife Day – September 4

National Wildlife day brings awareness to the number of endangered animals globally and encourages citizens to stand up for animals that need a voice. Visit the



## Students welcomed to campus by Cardboard Crew

Students moving onto campus for this school year were welcomed by many volunteers helping make their move in a little



greener! The Cardboard Crew collects and recycles cardboard during first year student move in. Enormous amounts of cardboard are generated each year during move in from boxes used for packing as well as packaging for new items being purchased like televisions, microwaves, etc. In addition to cardboard, plastic film wrapping and Styrofoam are also recycled at this time.

The collaborative efforts of Cardboard Crew volunteers, Student Promoting Environmental Awareness and Responsibility ([SPEAR](#)), Plant Operations [Grounds Department](#), and the Sustainability and Environmental Management Office ([SEMO](#)) come together each year to demonstrate a commitment to environmentally responsible practices and to help make Vanderbilt a more sustainable enterprise.

Thank you to all of the volunteers and all who recycled during move in 2015!

## Eight Vanderbilt researchers named 'Inspiring Women in STEM'



Eight Vanderbilt professors are recipients of *INSIGHT Into Diversity* magazine's 100 Inspiring Women in STEM Award. The

award honors highly accomplished women working in science, technology, engineering or mathematics who have made a positive impact on the trajectories of other women thinking about or newly embarking on STEM careers.

"For many years Vanderbilt has made it a priority to encourage qualified women to assume leadership roles and cultivate a diverse intellectual community," Susan Wenthe, provost and vice

[Nashville Zoo](#) or other local animal sanctuary to enjoy our wildlife on September 4<sup>th</sup>! More details [here](#).

## Cumberland River Dragon Boat Festival – September 12

Support [Cumberland River Compact](#) during the Dragon Boat Festival on September 12<sup>th</sup> at Riverfront Park. Watch more than 50 boat teams paddle down the Cumberland River, participate in a celebration of the river, or view cultural performances on this fun-filled day! More details [here](#).

## National Drive Electric Week – September 12-20

National Drive Electric Week is a nationwide celebration to bring awareness of the widespread availability of plug-in vehicles highlight the benefits of all electric and hybrid cars, trucks, motorcycles, and more! More details [here](#).

## Nutrition Workshop: Meat & Meat CSAs – September 16

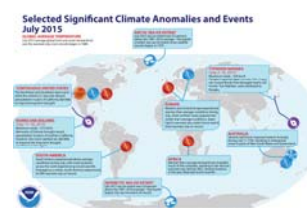
Join [Team Green Adventures](#) at the [Nashville Farmers' Market](#) on September 16<sup>th</sup> at 6pm to be introduced to some of Nashville's finest meat farmers. Learn about the impact of hormone and hormone free meats, animal living environments, the types and cuts of meat available in meat CSAs, and how to choose a meat CSA that meets your needs. More details [here](#).

chancellor for academic affairs, said. "I'm pleased that so many of our talented faculty have been recognized not only for their contributions to their respective disciplines, but also for the efforts they've made to encourage other women to consider careers in these historically male-dominated fields."

Vanderbilt boasts more recipients than any other school on the list in categories such as astrophysics, Earth sciences, engineering, engineering education and neuroscience. Vanderbilt winners include: Janey Camp, Lily Claiborne, Isabel Gauthier, S. Victoria Greene, Kelly Holley-Bockelmann, Ebony McGee, and Jessica Oster. Read more [here](#).

## July hottest month ever recorded

The National Oceanic and Atmospheric Administration (NOAA) reported that July 2015 was the



hottest month ever recorded for the globe. The July average temperature was the all-time highest monthly temperature in the 1880-2015 record, surpassing the previous record set in 1998. The first seven months of 2015 have also been record setting, as the hottest January-July in the global record. Read NOAA's [full report](#) and see a [graphic](#) detailing some significant climate anomalies and events that occurred in July 2015.

## TVA offers eScore Self Audit



Tennessee Valley Authority (TVA) launched a new program that allows homeowners and renters to take an online self-evaluation to determine their home's [eScore](#). An eScore (from

1-10) rates your home's energy efficiency. The higher your eScore, the more energy efficient your home is! Learn how your home stacks up and learn how to increase your homes energy efficiency by taking the online eScore Self Audit. Take the Self Audit by September 30<sup>th</sup> to receive a \$10 Home Depot gift card and a free energy savings kit from TVA! Get started [here](#).

## Anchor down and tackle recycling at VU Football games

## City Cycling 201: Exploring your Neighborhood by Bicycle – September 20

Looking for some tips on how to navigate your neighborhood by bike? [Walk/Bike Nashville](#) is hosting a course on September 20<sup>th</sup> designed to give you the skills to ride with confidence through your neighborhood on a variety of types of roads. More details [here](#).

## Zero Emissions Day – September 21

[Zero Emissions Day](#) is the global 24 hour moratorium on the use of fossil fuels. Consider minimizing or eliminating your use of electricity, oil, gas, and coal on September 21<sup>st</sup>. Think about how you can reduce your fossil fuel use today- try using natural light to illuminate your office, taking a break from motorized vehicles, and turning off your AC in your home for the day.

## World Carfree Day – September 22

Ditch your car this World Carfree Day on September 22<sup>nd</sup>. Instead of driving, think about walking, riding your bike, or taking public transportation to work or school. Check out SustainVU's [alternative transportation](#) webpage to find local transportation resources. More details [here](#).

## River Talks: In with the Natives, Out with the Invasives – September 23

Don't forget to anchor down and tackle recycling when you attend home Vanderbilt Football games this year! The Commodores will be playing at home on September 3, 12, and 19; October 24; and November 14 and 21.

[Vanderbilt Athletics](#) and [Waste Management, Inc.](#), with the Sustainability and Environmental Management Office ([SEMO](#)) and [Plant Operations](#) will collect recycling from the stadium and surrounding areas. Recycling bins will be located throughout the tailgating areas, right outside the stadium as you enter for the game, and inside the stadium for your convenience. Check out our [tips](#) to minimizing waste at your tailgate. Go 'Dores!



## Nashville MTA/RTA releases Strategic Plan



[Nashville MTA/RTA](#) has released its [Strategic Plan](#) on Service Improvement Strategies. The report gives an overview of the options Nashville MTA/RTA will have to choose from to improve the transit system. Nashville MTA/RTA hosted a series of public meetings last month to introduce the Strategic Plan, and continues to seek input on their reports as well as various specific surveys. More information [here](#).

## Follow us on our social media accounts!

We have added more accounts to our social media arsenal! Here are more ways you can connect with us online:

- [Facebook @SustainVU](#)
- [Instagram @SustainVUVanderbilt](#)
- [Twitter @SustainVU](#)
- [Google+ @Vanderbilt SustainVU](#)



For more information on any of these stories, events and more, visit the SustainVU website at [www.vanderbilt.edu/sustainvu](http://www.vanderbilt.edu/sustainvu) or contact the Sustainability and Environmental Management Office at [sustainvu@vanderbilt.edu](mailto:sustainvu@vanderbilt.edu) or (615) 322-2057.

[Cumberland River Compact's River Talks](#) series continues on September 23<sup>rd</sup> from 12-1pm with presentations by Steve Manning, owner of [Invasive Plant Control](#), and Kevin Guenther, landscape architect with [Ragan-Smith Associates](#). More details [here](#).

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### **Micro Urban Hen-Keeping – September 26**

Learn about the basics of backyard hen care and how hens can help your garden at this open discussion at the Green Hills library on September 26<sup>th</sup> from 10:30-11:30am. Urban Chicken Advocate ([UCAN](#)) member Alyce Dobyins will share her experience and advice on how to keep chickens in the city. More details [here](#).



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