

# SustainVU

Growing Responsibly

[vanderbilt.edu/sustainvu](http://vanderbilt.edu/sustainvu)



VANDERBILT  UNIVERSITY

## VU Farmer's Market – August 2, 9, 16, 23, 30

Purchase fresh fruits, vegetables, honey, locally farmed meat, cheeses, and bread every Thursday on the Medical Center Plaza from 3pm to 6pm. [Read more...](#)

## Free Shred Days – August 7, 14, 21, 28

Free paper shredding for any personal documents provided by Republic Services. For more than 10 boxes, call for an appointment, 615.728.5584. 7:30am to 3:00pm, 420 Century Ct., Franklin, TN. [Read more...](#)

## Solar Tour & Energy Efficiency Workshop – August 4

August brings more heat and more opportunities to save energy! Turn off lights when they are not needed, close window shades in mid-day, dress in light loose layers, and set indoor thermostats at 75 degrees or higher. I'm writing this from my 79°F office with the overhead lights off and window shade partially closed, but my office is still comfortable with plenty of light on this hot, sunny day. For more energy conservation tips, visit our [ThinkOne](#) website. Additional information about the stories and events included in this newsletter are available on the [SustainVU](#) website and [Facebook](#) page. Have a wonderful August!

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## Welcome back students!



Whether you're a first-year Commodore or are returning for your senior year, consider packing your belongings in

LightWave Solar and E3 Innovate will host an educational Solar Tour and Energy Efficiency Workshop Saturday, August 4th from 9am-10:30am. The event will include a tour of a solar PV system and an overview of effective efficiency measures that help make homes more comfortable, healthy, and less expensive to heat and cool. The event is free and open to the public. [Read more...](#)

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### **Nashville Green Drinks – August 15**

On Wednesday, August 15th at 6 pm, participate in Nashville Green Drinks, an organic, casual, self-organized meet up of like-minded professionals with a focus on sustainability.

Nashville Green Drinks will take place at Village Pub (1308 McGavock Pike).

[Read more...](#)

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### **USGBC Monthly Membership Meeting – August 24**

The U.S. Green Building Council of Middle TN will host their monthly membership meeting on Friday, August 24th from 11:30am to 1pm at the Adventure Science Center. [Read more...](#)

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### **Living Green Expo – August 25**

Keep Williamson Beautiful's Living Green Expo will be held August 25th, 2012 at the AG Expo Center from 9:30am-3:30pm. Activities inspiring sustainability and green living for adults and children will include: Children's Eco-Circle educational area

reusable totes to minimize waste during move-in. If you have cardboard boxes, remember to break them down and toss them into cardboard recycling dumpsters located around Branscomb, Carmichael Towers and Morgan/Lewis. The VU Cardboard Crew will assist first-year students with recycling their cardboard boxes at the Commons. For more information about recycling at Vanderbilt, visit the [SustainVU](#) website. Welcome back to Vandy!

### **Composting efforts restore balance, help campus trees thrive**

The Vanderbilt campus is home to more than 7,500 trees, but did you know that [Vanderbilt Plant Operations'](#) grounds program has been harnessing nature's own processes to help trees on campus weather the record heat this summer? Read how fallen leaves are turned into useful compost [here](#).



### **Vanderbilt's energy conservation efforts pay off during heat wave**

Even though temperatures reached a record of 109 degrees June 29th, the university's total electrical consumption was only 60 megawatt-hours, 20 percent less than Vanderbilt's all-time high usage of 72 megawatt-hours, according to Mark Petty, vice chancellor for plant operations. In addition, the university campus maintained a reserve of almost 1,000 tons of chilled water capacity in its system. These important improvements are thanks to the long-term energy conservation efforts of Vanderbilt administration as well as the ready response of Vanderbilt employees. Read the full story [here](#).

### **Save money, stay healthy with the EPA's energy reducing tips**

With summer in full swing and air conditioners blasting, it's important to keep your health and the environment in mind. The U.S. Environmental Protection Agency recently released its list of 15 Hot Tips for a Cool Summer both at home and at work. The list includes ways to save money, reduce energy usage, remain healthy, and protect the environment while enjoying all that summer has to offer. Read [more..](#)



### **“So Practical, It's Radical” college video**

and storytime, Nature Circle, recycle creations, Reuse Avenue, rain barrel making demonstrations, truck load composter sale, document shredding, and more. FREE ADMISSION! [Read more...](#)



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## contest

The Rainforest Alliance wants to know what students are doing on campus that is “So



Practical, It’s Radical”. Are you active in the recycling program or did you help start Vanderbilt’s community garden? Were you an Eco-Dore last year? What innovations have you initiated or been involved in implementing? Grab your videocameras, iPhones, or other filming devices and submit a short video about what you’re doing to make your campus more sustainable! Exciting prizes are being offered and winning videos will also be featured on the Rainforest Alliance website. Submissions are due by October 28, 2012. Find out more [here](#).



For more information on any of these stories, events and more, visit the SustainVU website at [www.vanderbilt.edu/sustainvu](http://www.vanderbilt.edu/sustainvu) or contact the Sustainability and Environmental Management Office at [sustainvu@vanderbilt.edu](mailto:sustainvu@vanderbilt.edu) or (615) 322-2057.

