

Meagan Rainock
meagan.r.rainock@vanderbilt.edu
**formerly known as Meagan Hilmo*

EDUCATION

Vanderbilt University
Nashville, TN

Doctorate of Philosophy, Sociology

expected 2023

Brigham Young University
Provo, UT

Master of Science, Sociology

Aug 2018

Bachelor of Science, Sociology, Minor in International Development

Aug 2016

RESEARCH INTERESTS

Sociology of Health and Mental Health
Sociology of Education
Race and Ethnicity
Social Impact Assessment and Program Evaluation
International Development
Mixed Methodology

MASTER'S THESIS

Hope for Utah: Exploring the Long-Term Impacts of Peer-Based Suicide Prevention Among Adolescents

Current research studies on the success of peer-based outreach programs for adolescent suicide prevention are inconclusive (Mann et al. 2005; Gould et al. 2003). Fewer still have measured the feelings and experiences of the peers who are responsible for reaching out to suicidal friends within such a program. This exploratory research study examines the experiences and perspectives of past participants of an adolescent peer-based outreach program, Hope4Utah, based in a state with high rates of suicide and mental illness. Findings from this mixed-method study of Hope4Utah support that peer-outreach suicide prevention programs have far-reaching benefits, on both the participants and their surrounding communities, which extend into adulthood. Themes that emerged from analysis of interviews are consistent with literature on school communities, adolescent alienation, stigma reduction, compassion fatigue, and formation of social roles and mental health beliefs through the social interactionist framework. This paper also explores promising avenues for future research into understanding the formation of these roles and beliefs.

PRESENTATIONS

Ward, Carol, **Meagan Rainock**, Jake Wixom, Liberty Tatham, Hannah Horan, and Mandy Pershing. "I Am a Scientist Too!" – Understanding Native Undergraduate Experiences with STEM Internships." Research presentation, annual meeting of the *Pacific Sociological Association*, April 2018.

Ward, Carol, **Meagan Rainock**, Jake Wixom, Liberty Tatham, Hannah Horan, and Mandy Pershing. "Native Undergraduate Experiences with STEM Internships." Research poster, *Mary Lou Fulton Conference*, April 2018.

Hoffmann, Brian and **Meagan Rainock**. “Promo-Palooza – Solutions for Utah Suicide.” *Utah Society of Public Health Educators*, October 2017.

Rainock, Meagan, Dallin Everett, Andrew Pack, Eric Dahlin, and Christopher A. Mattson. “A Review of the Antecedents and Consequences of Social Innovation.” Research presentation, annual meeting of the *American Sociological Association*, August 2017.

Rainock, Meagan, Dallin Everett, Andrew Pack, Eric Dahlin, and Christopher A. Mattson. “The Social Impacts of Products.” Research poster, *Mary Lou Fulton Conference*, April 2017.

Ward, Carol, **Meagan Rainock**, Jake Wixom, Daehyeon Kim, and Kacey Jones. “The Role of Math Performance in Tribal College Student Persistence: A Case Study of Chief Dull Knife College.” Research presentation, annual meeting of the *Pacific Sociological Association*, April 2017.

Hilmo, Meagan.* “Marital Homogamy, Female Empowerment, and Child Nutrition in Ghana.” Research poster, *Mary Lou Fulton Conference*. April 2016.

PUBLICATIONS

Rainock, Meagan, Dallin Everett, Andrew Pack, Eric Dahlin, and Christopher A. Mattson. “The Social Impacts of Products: A Review.” *Impact Assessment and Project Appraisal*. 36(3):230-241.

WORKS IN PROGRESS

Ward, Carol, **Meagan Rainock**, Janie Demetropolous, Jake Wixom, Liberty West, and Hannah Horan. “Experiences of Native American Students in Higher Education.” in *On Indian Ground. Book chapter forthcoming 2018*.

Ward, Carol, **Meagan Rainock**, Jake Wixom. “The Role of Math Performance in Tribal College Student Persistence: A Case Study of Chief Dull Knife College.” *In progress*.

TECHNICAL REPORTS & APPLIED RESEARCH

Rainock, Meagan and Benjamin Gibbs. Policy Brief: Understanding Student Perspectives on Misbehavior and Recommended Solutions. Prepared for Eisenhower Elementary School, Arizona, January 2018.

Ward, Carol, **Meagan Rainock**, Janie Demetropolous, Hannah Horan, Liberty Tatham, Jake Wixom. University of Montana REU Program Assessment Report, 2018.

Under subcontract for student research and program evaluation with Chief Dull Knife College (CDKC), Northern Cheyenne Reservation, Montana. Programs funded STEM internships and CDKC’s math program. In addition to providing various statistics regarding its student population and educational outcomes throughout the year, we completed the following reports and presentations:

Ward, Carol, **Meagan Rainock**, Liberty Tatham, Hannah Horan, Jake Wixom, Mandy Pershing. National Science Foundation ICE-TI Evaluation Report, 2017-18, prepared for Chief Dull Knife College, Montana, 2018.

Ward, Carol, **Meagan Rainock**. Presentation: Comparison of Educational Outcomes in Different Math Program Cohorts, 2001-2017. Presented to Student Affairs of Chief Dull Knife College, Montana, 2017.

Ward, Carol, Kacey Jones, Janie Demetropolous, Hannah Horan, **Meagan Rainock**, Liberty Tatham, Jake Wixom. NASA Project Evaluation Report prepared for Chief Dull Knife College, Montana, 2017.

Ward, Carol, Kacey Jones, Janie Demetropolous, Hannah Horan, **Meagan Rainock**, Liberty Tatham, Jake Wixom. National Science Foundation: ICE-TI Evaluation Report prepared for Chief Dull Knife College, Montana, 2017.

Under contract for evaluation with the Provo School District's after-school program at three elementary schools. We provide two-part reports (qualitative and quantitative), which cover current mechanisms and activities of the program, academic outcomes of the student population in relation to program participation, and recommended improvements to the program. On-site observations, teacher interviews, parent surveys, and school records are used in the making of these reports.

Ward, Carol, **Meagan Rainock**, Jake Wixom, Liberty Tatham, Hannah Horan, Mandy Pershing. Research Report: Evaluation of the After-School Program. Prepared for Provo School District, Utah, 2018.

Ward, Carol, **Meagan Rainock**, Janie Demetropolous, Jake Wixom, Liberty Tatham, Hannah Horan. Research Report: Evaluation of the After-School Program. Prepared for Provo School District, Utah, 2017.

Ward, Carol, Can Cheng, Janie Demetropolous, **Meagan Rainock**, Jake Wixom, Liberty Tatham, Hannah Horan. Research Report: Evaluation of the After-School Program. Prepared for Provo School District, Utah, 2016.

Ward, Carol, Can Cheng, **Meagan Hilmo**,* Barry Johnson, Tess Huntington, Janie Demetropolous, and Jake Wixom. Research Report: Evaluation of the Teens Act Program. Funded by BYU MEG, Prepared for Teens Act program, Provo, Utah, 2015.

Gregory, Bradley and **Meagan Hilmo**.* Research Report: Evaluation of Liahona Children's Foundation. Funded by PEAT, Liahona Children's Foundation, and Mary Lou Fulton Grant. Prepared for Liahona Children's Foundation, Peru and Ecuador, 2015.

TEACHING

Teaching Assistant, SOC 301 – Applied Research Methods

August – Dec 2016

Brigham Young University

- Lectured on topics such as data management in Excel and qualitative coding
- Graded student interviews, observations, coding, assessments, and other assignments
- Facilitated group discussions, lead observations, and provided constructive feedback during and outside of class

AWARDS AND HONORS

- USOPHE Promo-Palooza, 2017 – Suicide Solutions for Utah, 1st place competition winner
- ORCA Research Grant, 2015 – for studying female empowerment and child nutrition in Ghana
- Mary Lou Fulton Grant, 2015 – for studying family nutrition practices in Peru and Ecuador
- Dean's List, Sociology, Winter 2015
- BYU OneStop Scholarship, 2015-2016 – for presenting ways to improve and expand the BYU OneStop office
- FLSR Spanish Housing Scholarship, 2014-15 – for Spanish language proficiency
- BYU Academic Scholarship, 2012-2013

LANGUAGE AND OTHER SPECIALIZED TRAINING

- Spanish language proficiency
- Statistical Software: STATA, SPSS, R
- Qualitative Coding Software: Dedoose, NVivo
- Other Technical Skills: Microsoft Office (including Excel), Wordpress

OTHER ACTIVITIES

- Social Innovations Solutions Competition, BYU, 2016 – created an international model for a refugee resettlement nonprofit organization (SINGA)
- BYU-Idaho Pathway Speaking Partner Program, 2015-2016 – practiced English language skills with international students
- BYU Changemaker Club, 2014-2015 – developed solutions for humanitarian organizations

- *Socorro Bogota* Program Developer, 2014 – developed personal safety app in Colombia
- Eagle Condor Humanitarian Hunger Banquet, 2014 – created presentation for fundraising dinner