**EVENTS AT VANDERBILT**

**PUMPKIN SPICE LATTE**

- 1/2 cup hot coffee
- 1/2 cup milk
- pumpkin spice syrup
- whipped cream
- cinnamon sprinkles

**Directions:**
1. Stir pumpkin spice flavor into milk
2. Heat in microwave until warm
3. Pour milk atop coffee
4. Top with whipped cream & spinkles

**Birthdays**
- Sara Cope | 11/16
- Jenny Zhang | 11/30

**Save the Date**
- 10/31 | Halloween Fest Coverage at Rec Fieldhouse |
- 11/02 | SEAB Professional Development Event with the Career Center |

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STRENGTHS SPOTLIGHT

Harmony (Domain: Relationship Building)
Characteristics include prioritization of consensus, conflict-avoidance, and actively seeking agreement.

I am... calm.
I will... preserve my emotional energy.
I bring... a peace-loving, conflict-resistant approach.
I need... a common ground.

Input (Domain: Strategic Thinking)
Characteristics include a craving for knowledge; often collecting and archiving a variety of new information.

I am... a utilitarian resource collector.
I will... hang on to things that will be helpful in the future.
I bring... tangible tools that can facilitate growth.
I need... space to store the resources I naturally acquire.

LOADED BAKED POTATO RECIPE
 Directions:
1. Pierce potato with fork and microwave for 5-6 mins.
2. Turn over and repeat.
3. Mix other ingredients in a bowl.
4. When potatoes are done, split open with a knife & spoon in sour cream evenly.

please, fill out the student support survey on Brightspace

shout out members from your team using this link: https://forms.gle/Y5xmCXxDj4gUD7bG6