APRIL NEWSLETTER

BIRTHDAYS
Grace Gallo 4/6
Virginia Richards 4/10
Michelle Zhu 4/11
Jasmin Kim 4/30

UPDATES

Commencement Staffing Sign-Up due April 2nd. Dates include May 1st, 2nd, and 15th.

Welcome our new managers!
Oliver Xu, SLC/Alumni Manager
Dominic Liu, SLC/Alumni Manager
Thalia Irwin, Commons Manager

Employee Appreciation Week begins April 11th

Commons Team says goodbye to Matt. Congratulate him on graduating!

"My mommy went back to work. Tell her I miss her."
- Baby Perry
CHIA SEED PROTEIN BITES

1.5 CUPS QUICK-COOKING OATS
0.5 CUP CREAMY PEANUT BUTTER
0.5 CUP CHIA SEEDS
0.5 CUP HONEY
0.25 CUP VANILLA PROTEIN POWDER
0.25 CUP UNSWEETENED SHREDDED COCONUT

** KEEP ADDITIONAL SHREDDED COCONUT

MAKES 30 BITES
15 MIN. PREP + CHILL

In a large bowl, combine the first 6 ingredients listed. Refrigerate for 1 hour. Eat bite should be about 1in in diameter. Roll each ball in additional shredded coconut if you desire. Store in a refrigerator.

FLOWER ACTIVITY

1. PLACE 3 PIPE CLEANERS ON TOP OF EACH OTHER IN A STAR PATTERN
2. SECURE THE PIPE CLEANERS TOGETHER BY BENDING
3. SPIRAL ONE OF THE SIDES TO THE CENTER
4. REPEAT SPIRAL WITH ALL SIDES
5. ATTACH STEM TO FLOWER. TWIST TO SECURE
6. CUT PIPE CLEANERS FOR CENTER PART OF FLOWER.
7. COIL CENTER PART OF THE FLOWER.
8. ATTACH CENTER TO FLOWER BY ADDING GLUE
9. REPEAT THESE STEPS TO MAKE A BOUQUET
10. PLANT PIPE CLEANERS IN A CLAY POT USING A FOAM BASE AND ARTIFICIAL MOSS.

Brooke is going on maternity leave. We will miss you!