COACHING TIPS: GIVING FEEDBACK

It's hard to give feedback, especially if it's not positive. Consider these steps that can help you overcome and avoid feedback complications.

7 CHARACTERISTICS OF ACTIONABLE FEEDBACK



Specificity - What specific behaviors have I observed from this person?



Illustrations/Examples - What did the person say or do that caused me concern?



Impact - What are the consequences of this behavior if the person does not change?



Emotional Neutrality - How are my feelings affecting my approach to this person?



Understanding, Answered Questions, Filled-in Gaps - What additional info might help this person gain a clearer picture?



Timeliness - When/where could this feedback be received most constructively?



Positive Future Focus - How can I help this person move forward?

