Kristyne Dayanne Mansilla Dubón

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About me

Latin-American woman, doctor and researcher passionate about strengthening health care in communities, healthy lifestyles, social inclusion and human rights.

Experience

Title: Research Assistant to NHLBI funded study HYTREC "Implementing a Multicomponent intervention to improve Hypertension control in Guatemala and Central America (09/2018 – 08/2020)

Intitution: INCAP (Nutrition Institute of Central America and Panama) –CIIPEC (Research Center for the prevention of chronic diseases)

Contact information; INCAP Calzada Roosevelt 6-25 zona 11, Apartado Postal 1188, Guatemala, Centroamérica. +502 2315 7900 http://www.incap.int/index.php/es/

Description:

- Protocol and manual of standardized procedures development and implementation among study sites.
- Study personnel management and supervision
- Hold meetings with stakeholders
- Keep track of all procedures during the study and assure data collection quality
- Train healthcare providers at first and second level of care on intervention activities
- Validating data collection forms in Mayan languages
- Study procedures quality control
- Data Analysis and data monitoring
- Assist in manuscript writing and literature review

Title: Field activities coordinator: "Containing the HIV epidemic in Guatemala: Intensification of prevention and comprehensive care actions in vulnerable groups and priority areas of Guatemala". (02/2018 – 08/2018)

Intitution: HIVOS/ OTRANS RN

Contact information; 11th street 6th avenue zone1 Guatemala City, Panam building, 01010 Guatemala (Guatemala) http://reinasdelanoche.org.gt; http://hivos.org.gt/

Description:

- Outpatient care in the designated key population
- Integral approach towards prevention, diagnostic and treatment of STI and HIV, using national health strategies about syndromic management and international flowcharts in these matters.
- Sexual Health education and promotion of health
- Management and planning of clinic activities, and clinic staff
- Patient charts development
- Data monitoring and management using SIGPRO
- Medical Journeys to communities in search for target population

Title: General physician (08/2017 – 02/2018)

Intitution: Sanatorio "El Pilar"

Contact information; 3ra calle 10 71 z15 Colonia Tecún Uman, Guatemala City. https://elpilar.gt/

Description:

- Inpatient care
- Patient Charting
- Emergency Attention
- Specialist reference
- Medical discharge

Title: Primary care physician – SocialService (02/2016 – 07/2016)

Intitution: Ministry of Health Health Post "Virginia", Morales Izabal

Contact information; https://www.mspas.gob.gt/

Description:

- Primary health care to people living in a community in Izabal, Guatemala
- Health education and promotion

Title: Medical Intern (08/2016 – 01/2017)

Intitution: Guatemalan Institute of Social Security IGSS

Contact information; https://www.igssgt.org/

Description: Inpatient care rotations

SurgeryPediatrics

Gy&OB

• Internal Medicine

• Intensive Care

Other clinical experience

Clinical Clerkship at Jalicience Institute for Reconstructive Surgery Dr. José Guerrero Santos

08/2015 - 09/2015

https://ssj.jalisco.gob.mx/cuida-tu-salud/hospitales-a-tu-alcance/7686

Plastic and reconstructive rotatation

Education

1. Master in Public Health - Vanderbilt University 08/2020 - Current

Graduate degree in MPH Global Health track https://www.vanderbilt.edu/

2. Master in Development - Universidad del Valle de Guatemala 07/2019 - Current

Graduate degree in human development with monitoring and evaluation of social projects specialization, and development of public policy specialization https://www.uvg.edu.gt/uvgmaster/desarrollo/

3. Postgraduate specialization in Management and Maintenance of Health Facilities - Universidad de San Carlos de Guatemala 01/2017 - 12/2017

Specialization of 1 year in management of hospital and heallthcare facilities, in the engeniring faculty of Guatemalan public university. https://epostgrado.ingenieria.usac.edu.gt/

4. Medical degree, MD - Universidad de San Carlos de Guatemala 01/2011 - 07/2017

Licenced Doctor of Medicine in Guatemala https://medicina.usac.edu.gt

5. **High school diploma -** Colegio el Shaddai 01/2006 - 10/2010 http://colegioselshaddai.edu.gt

Papers and Publications

- Evaluating a multicomponent program to improve hypertension control in Guatemala: study protocol for an effectiveness-implementation cluster randomized trial. Trials 21, 509 (2020). https://doi.org/10.1186/s13063-020-04345-8
- Poster: Assesing the state of hypertension care services in rural Guatemala through site visits to healthcare facilities. Presented in HyTREC-TREIN Bianual meeting Guatemala September 2019.
- Poster: Translating and validating questionnaires into multiple Mayan languages for a hypertension T4 study in Guatemala. Presented in HyTREC-TREIN Bianual meeting Guatemala September 2019.
- Poster: Training first and second level healthcare provides to bridge the gap in hypertension control in Gutemala. Presented in HyTREC-TREIN Bianual meeting Guatemala September 2019.
- Abstract: Adapting an Evidence-Based Multicomponent Hypertension Control Progrma to Guatemala's Primary Healthcare system to be presented in CUGH conference April 2020
- Graduate Thesis: "Neonatal complications on sons of diabetic mother and its relationship with prenatal control" A case control study March – May 2017
- Postgraduate thesis: "Reorganizing the waiting area of the radiology department, through spaces humanization and color psychology, for a comfortable environment of the hospital user at general hospital "San Juan de Dios" zone 1, Guatemala city October 2017"

Volunteer Work

- Health journeys at JORMEV "Fraternidad Cristiana de Guatemala", since 2011.
 http://frater.org/
- House constructions in rural areas of Guatemala August 2010 and September 2011.
 https://techo.org.qt/

Skills

- Leadership
- Critical thinking and analysis
- Planning and scheduling
- Communication
- Compassion and empathy
- Effective decision-making and problem solving
- Emotional intelligence