

## RESUME

1. **Name:** AKOKO BENTLEY MBEKWA
2. **Date of Birth:** 29<sup>TH</sup> APRIL 1989
3. **Gender:** MALE
4. **Marital Status:** SINGLE
5. **Nationality:** CAMEROONIAN
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(+237) 679908035
7. **Profession:** MEDICAL DOCTOR

### 8. Education and Qualifications:

<b>2007 - 2015</b>	Faculty of Health Sciences, University of Buea, Cameroon: <b>Doctor of Medicine</b>
<b>2005 - 2007</b>	Sacred Heart College, Mankon: <b>General Certificate of Education (G.C.E) Advanced Level</b> , 5 papers (21/25 grade points). Made the national honor roll list.
<b>2000 – 2005</b>	Sacred Heart College, Mankon: <b>General Certificate of Education (G.C.E) Ordinary Level</b> , 11 papers (29/33 grade points). Made the national honor roll list.
<b>1995 - 2000</b>	Saint Theresia International Bilingual Nursery and Primary School Molyko, Buea: <b>First School Leaving Certificate</b> . A Grade.

### 9. Work Experiences:

<b>December 2016 to present</b>	<b>Physician at Batibo District Hospital</b> (82 bed capacity hospital in a resource poor setting in rural Cameroon). Roles: <ul style="list-style-type: none"> <li>• <b>Clinical:</b> General in-patient and out-patient care, surgical interventions, emergencies and outreach activities.</li> <li>• <b>HIV/AIDS Treatment Centre Coordinator:</b> Holistic management and follow up of persons living with HIV. Data management, planning and coordination of outreach activities. Includes management and follow up of patients with Tuberculosis.</li> <li>• <b>Medical Adviser:</b> Adviser to the hospital Director on clinical and administrative matters. Member of hospital management committee. Supervision and mentoring of medical and nursing students. Coordination of continuous medical education,</li> </ul>
<b>July 2015 to November 2016</b>	<b>Physician at Mbingo Baptist Hospital</b> (300 bed capacity hospital in a resource poor setting in rural Cameroon). Roles: <ul style="list-style-type: none"> <li>• <b>Clinical:</b> General in-patient and out-patient consultations, night calls, and minor surgical interventions</li> <li>• <b>HIV/AIDS Treatment Centre Coordinator:</b> Holistic management and follow up of persons living with HIV. Data management, planning and coordination of outreach activities. Includes management and follow up of patients with Tuberculosis.</li> </ul>

## 10. Internships:

<b>December 2014 – April 2015</b>	<b>House Officer at Bamenda Regional Hospital</b> , North West Region, Cameroon. Role: General in-patient and out-patient consultation, mentoring of 4 <sup>th</sup> and 5 <sup>th</sup> year medical students, minor surgical procedures and calls.
<b>March 2014 - June 2014</b>	Specialty rotations in Ophthalmology, Ear Nose and Throat, Intensive Care, Anesthesiology and Emergency Medicine at the Douala General Hospital, Douala Laquintinie Hospital and Buea Regional Hospital. Activities: Working with specialists during consultations and ward activities.
<b>October 2013 – February 2014</b>	<b>Integrated (Clinical and Community) Medicine internship at Saint Martin de Porres Catholic Mission General Hospital, Njinikom.</b> Role: Hospital Intern with rotations in internal medicine, pediatrics, surgery and obstetrics and gynecology. Skills gained in addition to clinical skills include knowledge on hospital administration and management, district health service functioning and coordination and community health activities.
<b>2011 – 2013</b>	<b>Clinical postings in Internal Medicine, Pediatrics, Surgery and Obstetrics and Gynecology in four referral-level hospitals in Cameroon</b> (Douala General Hospital, Laquintinie Hospital Douala, Buea Regional Hospital and Limbe Regional Hospital). Done under the supervision of lecturers and specialists with objectives to do patient clerking, make diagnosis, outline management and gain basic surgical skills.
<b>2007 – 2009</b>	<b>Community Health Practice - Limbe Urban Zone II Health Area:</b> Working in communities to evaluate their knowledge, attitudes and practices with respect to sources of drinking water, waste disposal, personal sanitation, common infectious diseases (malaria, helminthic infestations) and chronic morbid conditions such as hypertension and diabetes.

## 11. Awards/Honors:

- June 2015: Doctor of Medicine (M.D) degree, Faculty of Health Sciences, University of Buea.
- 2010 – 2014: Beneficiary of Annual Presidential grants for academic excellence in university education.
- June 2007: Honor roll for the General Certificate of Education Advanced Level examinations.
- June 2005: Honor roll for the General Certificate of Education Ordinary Level examinations.

## 12. Research and Publications:

**Akoko BM**, Fon PN, Ngu RC, Ngu KB. Knowledge of hypertension and compliance with therapy among hypertensive patients in the Bamenda Health District of Cameroon: a cross-sectional study. *Cardiol Ther.* 2017;6:53–67:

<https://rdcu.be/bcSGy>

## 13. Certification/Licensure:

January 2017: Cameroon Medical Council - Membership number 8368

## 14. Membership:

- June 2016 to Present: Member of the Medical Doctors Research Group (MDRG).
- 2015 to Present: Member of the Buea Medical Students Alumni.

- 2015 to Present: Member of the Cameroon Medical Council.
- 2008 to 2015: Member of the Buea Medical Students Association (BMSA).
- 2007 to 2015: Member of the Health Sciences Students Association (HESSA).
- 2007 to 2008: Member of the University of Buea Students Union (UBSU).

**15. Short Courses/Seminars:**

Year	Course/Seminar	Organizer(s)
2018	Training on Integrated Management of HIV and Tuberculosis	CBC Health Services and PEPFAR
2018	Training on Emergency Obstetrics and Neonatal Care	North West Regional Fund for Health Promotion
2017	Training on the collection, storage and transportation of specimens for viral load testing in HIV/AIDS patients	North West Regional Technical Group for HIV
2017	Training on Viral Load testing and paraclinical follow-up of persons living with HIV/AIDS	HIV Free North West Project in collaboration with PEPFAR and Regional Technical Group
2017	Training on the holistic management of children living HIV/AIDS	Elizabeth Glazer Pediatric AIDS Foundation
2017	Training on Diagnosis, Management and Prevention of Malaria	Regional Technical Group for Malaria
2017	Workshop on formulation of Health District Development Plans	Ministry of Public Health
2016	Training on Resistance Testing in persons living with HIV/AIDS	National AIDS Control Committee and Regional Technical Group for HIV
2016	Training on Pediatric HIV Diagnosis and Management	HIV Free North West Project in collaboration with PEPFAR
2016	Training on follow-up and reporting of side effects following vaccination	Regional Delegation of Public Health
2015	Training on the Management of Pediatric HIV.	Elizabeth Glazer Pediatric AIDS Foundation
2014	Training on Research Methods	Faculty of Health Sciences, University of Buea

**16. Languages:**

- **English** – Written and spoken fluently (first language).
- **French** - Written and spoken fluently.

**17. Skills:**

- Computer software: Microsoft Office, SPSS, Endnote.

**18. Interests/Hobbies:**

- Sports: Watching and playing football (soccer), tennis, basketball.
- Reading: World news, scientific work.