**BACKGROUND**

Primeros Pasos
- Nonprofit primary care clinic in Quetzaltenango, Guatemala
- Principally engaged in primary care and health outreach programs in 12 rural indigenous communities in the Palajunoj valley
- Outreach programs were on hold for the first half of 2018 as they underwent programmatic and organizational restructuring.

Malnutrition
- Stunting is defined as being 2 SD below the median of height in the reference population. The primary cause is malnutrition.
- Guatemala has one of the ten highest proportions of stunting in children under 5, with a prevalence of 46.5%. In the United States, the prevalence is 2.1%.
- Malnutrition disproportionately affects rural indigenous communities.

**PURPOSE**

The Need
Primeros Pasos wanted to restart their historically successful nutrition outreach program in the four most underserved communities, but wanted to make sure results were well measured.

Goals of the Practicum
- Develop culturally appropriate data collection tools to support the nutrition outreach program
- Sustainably implement data collection tools to provide actionable data for the organization
- Collaborate with a team of health professionals to advance the goals of Primeros Pasos
- Improve Spanish language proficiency to approach minimum professional working proficiency as defined by the United States State Department

**OUTCOMES**

Primary Activities
- Development and Revision of Nutrition Program’s SMART Goals
- LogFrame
- M&E Framework
- REDCap Surveys
- Community Visits
- Supporting the startup of mobile clinics
- Statistical analysis of results from Medics Voladores

**DISCUSSION**

A monitoring and evaluation system was developed and implemented over a three month period for the nutrition outreach program.

Results should allow the clinic to show stakeholders the outcome of the nutrition outreach program.

**ACKNOWLEDGEMENTS**

- Thank you to the Overall Family Fellowship, the Vanderbilt Institute for Global Health, and the Vanderbilt MPH Program for funding support.
- Thank you to Primeros Pasos for welcoming us into their clinic family.

**REFERENCES**