

Cranial Nerves Tests!

Test out all your cranial nerves!

Cranial Nerve 1: Smell

Try to sniff something around you – can you smell all the different scents?

Cranial Nerve 2: Vision

Have someone shine a light towards your eye, or look into a mirror and do it yourself. Do you see your pupil (the black part in the middle) get smaller?

Cranial Nerves 3, 4, and 6: Eye Movement

Follow along with a moving target in front of you without moving your head – just your eyeballs!

Cranial Nerve 5: Let's you feel things on your face

Have someone touch different parts of your face? Can you feel it?

Cranial Nerve 7: Face Movements

Lift your eyebrows, squint your eyes, and give a big smile!

Cranial Nerve 8: Hearing

Rub your fingers together next to each ear. Can you hear that?

Cranial Nerve 9 and 12: Wiggling your Tongue

Stick your tongue out and wiggle it up and down!

Cranial Nerve 10: Swallowing and Speech

Take a gulp of water and say ahhhh!

Cranial Nerve 11: Shoulder Muscles

Shrug your shoulders up and down