

THOUGHTFUL THURSDAYS

VIRTUAL BACKGROUNDS ON ZOOM

**INCREASE PRIVACY
WHILE ONLINE WITH
THESE TIPS FOR
NAVIGATING ZOOM
BACKGROUNDS**

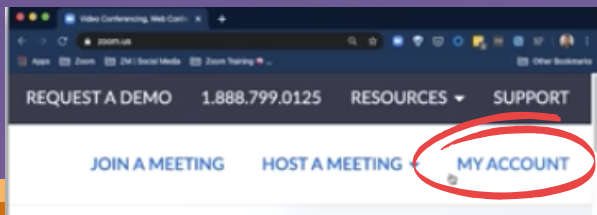


SET UP: PT 1

1

LOG INTO YOUR WEB PORTAL

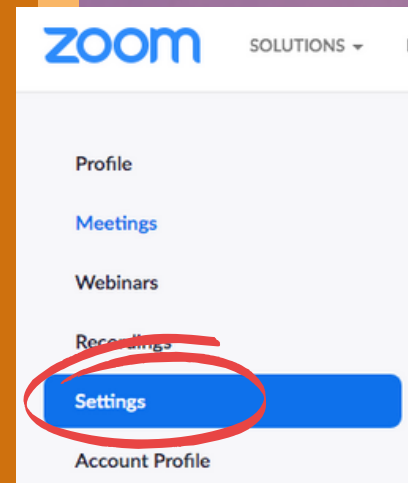
Type in Zoom.us into your web browser. Click 'My Account' in the top right corner.



2

CLICK 'SETTINGS'

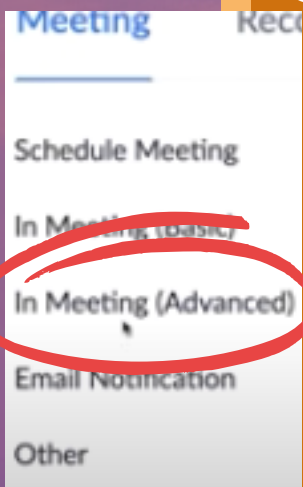
On the left of your screen, find the blue Zoom icon. Scroll down until you find the settings button on the left. Click 'Settings'.



3

CLICK: IN MEETING (ADVANCED)

Scroll down the menu until you find 'Virtual Background'. Click the slider to the right to enable this feature.



4

LOG INTO ZOOM DESKTOP APPLICATION

This can be found by searching Zoom.us in your search bar on your desktop. Top right for Mac and bottom left for Windows on the home screen.

zoom.us

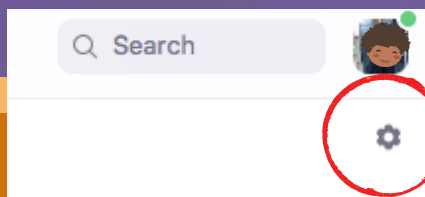


SET UP: PT 2

5

CLICK SETTINGS ICON

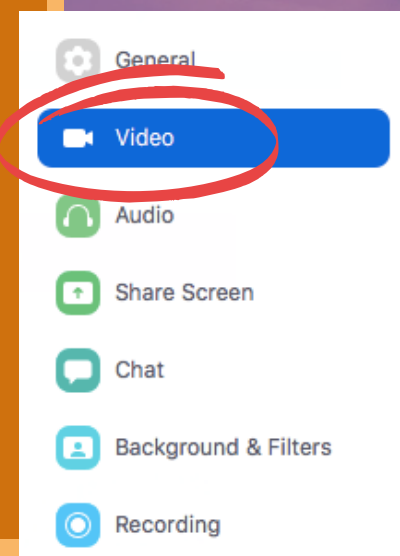
This will be a grey colored wheel icon located at the top right corner of your Zoom desktop application.



6

CLICK 'VIDEO' ON LEFT

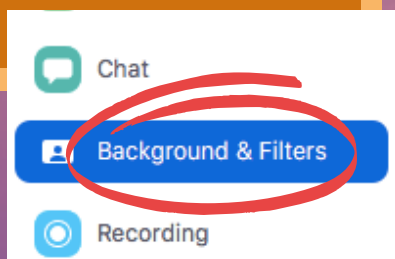
This will allow you to check your lighting around you to assure there are no dark areas or over exposed bright areas behind and around you.



7

CLICK: BACKGROUND & FILTERS

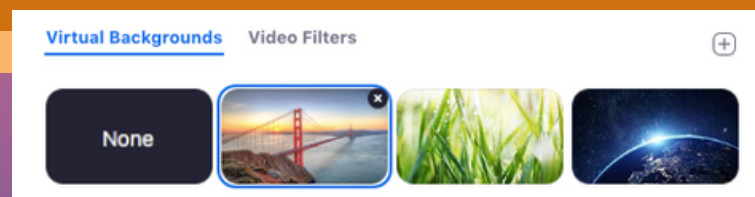
Once you've determined your lighting is sufficient, click the "Background & Filters" tab on the left.



8

CHOOSE BACKGROUND

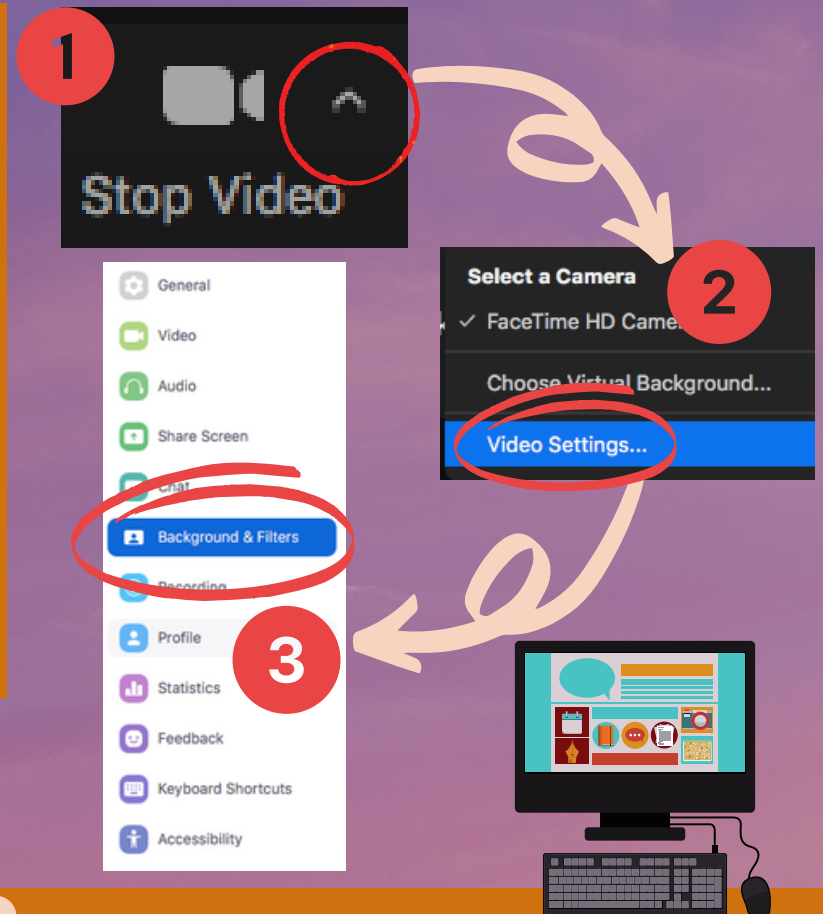
Select from the list of available backgrounds or upload one of your own! Once you select it, it will automatically be loaded for your meetings until you choose to turn it off!



GENERAL TIPS

MID MEETING BACKGROUND CHANGE

If you want to change your background in the middle of a meeting, click the carrot (^) next to 'Stop Video' icon. Next, select 'Video settings'. Once your settings menu is open, click 'Backgrounds & Filters' on the list to the left and select the new background you'd like to use.



Computer doesn't meet requirements

Your computer doesn't meet the minimum requirements to use this feature without a green screen background. [Learn more](#)

OK

I have a green screen ?

Mirror my video

Studio Effects (Beta)

POTENTIAL COMPUTER ISSUES

If Zoom doesn't allow you to enable the background feature, click 'Okay' and select the 'I have a green screen' option on the bottom of the screen. Make sure you have a solid colored background for this to work!

SHARE WITH US!

**What problems did
you have when
trying to navigate
Zoom backgrounds?**

**What other
learning platforms
other than Zoom
do you use?**

Share with us on
Facebook or Instagram!
#bartonlabshares

Barton Lab
Contact: bartonlabvu@gmail.com

