

FUN FRIDAY

Sleeping Lions



Play this game with your children to work on and challenge their focus, even in distracting environments!

Barton Lab
bartonlabvu@gmail.com

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How to Play

Step 1: All children start by laying down and pretending to be asleep.



Step 2: One person walks among the sleeping lions (without touching) trying to convince the children to react and open their eyes.

Step 3: Once a child opens their eyes, they join in on the group trying to get other children to open their eyes until only one child remains.



The last lion "sleeping" gets to chose who will walk around first for the next round!

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Benefits

1

This is great practice for children to remain focused on a task while dealing with a noisy environment.

2

Children get to be creative in their own ways to 'wake up' the lions without involving a physical touch.

3

Children must work as a team to wake up the remaining 'lions'!



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bartonlabvu@gmail.com

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Share With Us!



What made your lions wake up the most?



What other animals do your children like to act as?



zzz



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Resource Reference

Mead, S. (n.d.). 9 Classic *Preschool Games That Secretly Teach Life Skills*. Whitby.
<https://www.whitbyschool.org/passionforlearning/9-classic-preschool-games-that-secretly-teach-life-skills>



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