

Fun Friday

Time Capsule Creations

**Swipe to see how you and
your family can capture
memories of your year to
cherish them later on by
creating a time capsule!**

Barton Lab
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Fun Friday ✨

Getting Started

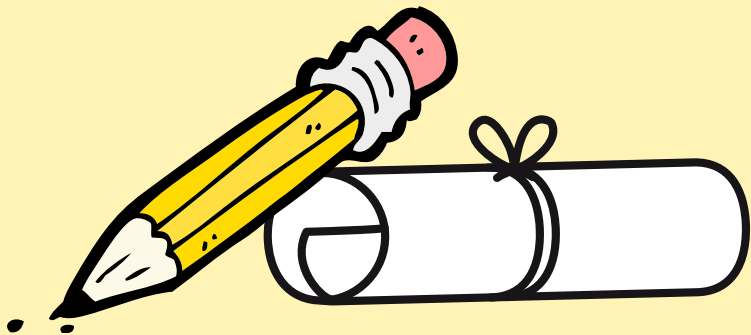
Find a Jar!

1

It can be a recycled salsa jar, a thrifted jar, or one you've had laying around the house!



Gather Items!



2

Find items that remind you of the year. It can be art, a letter, a nonperishable food, a mask, a picture, etc.

Reflect on Items!

Write a letter describing the items and summarize your year. Place all items in your jar and decide where to put it.

3

Tip:

If burying, bury at least three feet below the surface!

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Benefits of Activity

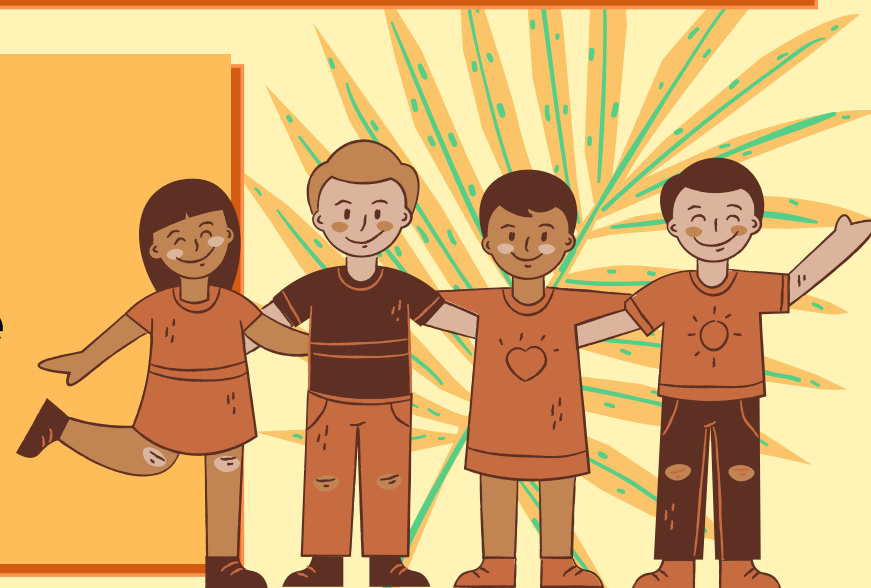
Builds communication skills by discussing items chosen for capsules.



Builds writing skills by reflecting and writing about the reasons behind the items chosen.



Opens conversation for reflection once the capsule is reopened for viewing.



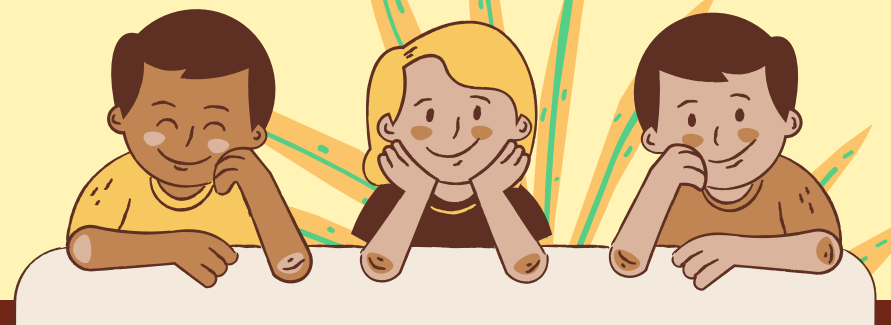
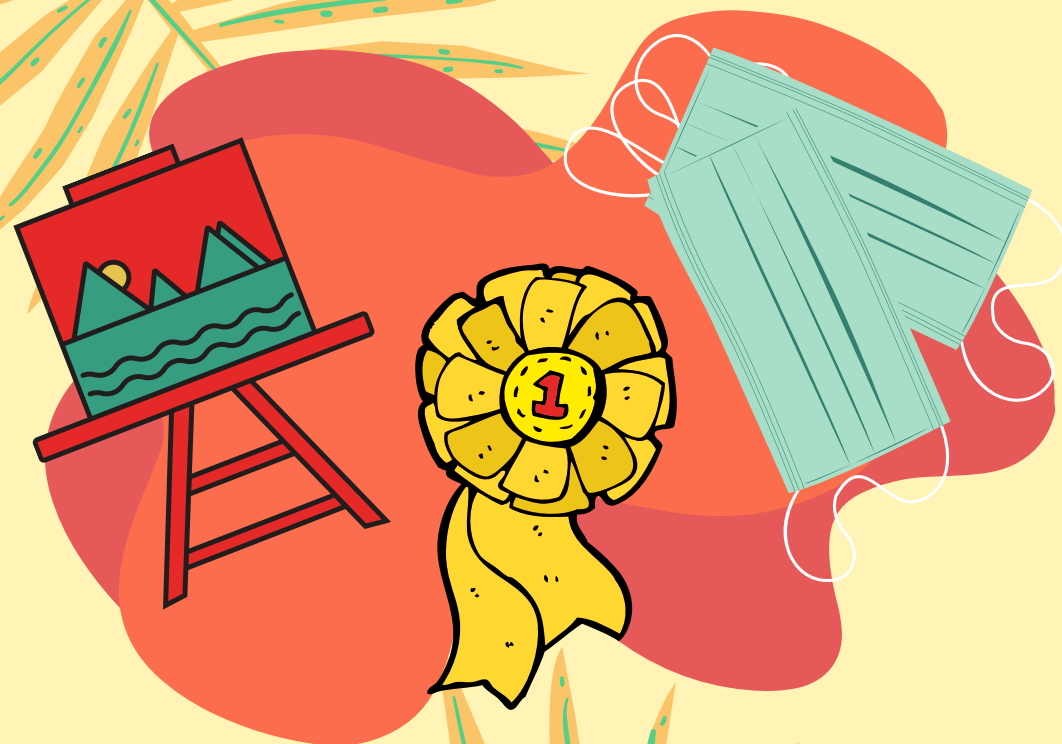
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Share With Us!

What did you put
in your capsule?

How did you adapt
this activity?

What skills did you focus
on in this activity?



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