



# FALL BACK INTO SCHOOL

## MASKS & TEMPERATURE CHECKS

TOOLS TO PREPARE CHILDREN FOR  
THE RETURN TO SCHOOL: ONLINE OR  
IN-PERSON



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# WEARING A MASK



**Talk about why it is important to wear a mask**

Check out the scripted stories linked below!



**Make it fun**

Let your kid pick out their mask or color the one they have!

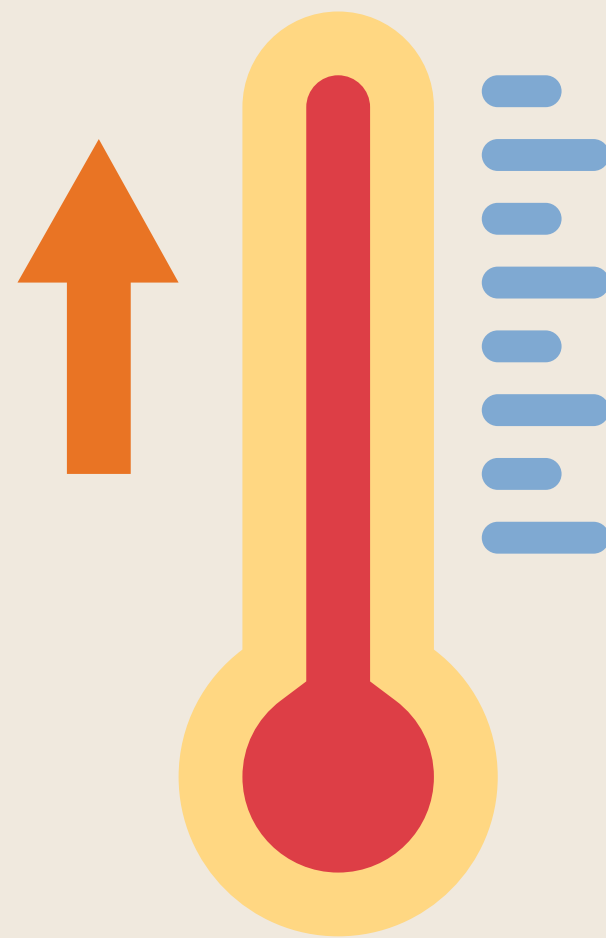




# FALL BACK INTO SCHOOL

## TEMPERATURE CHECKS

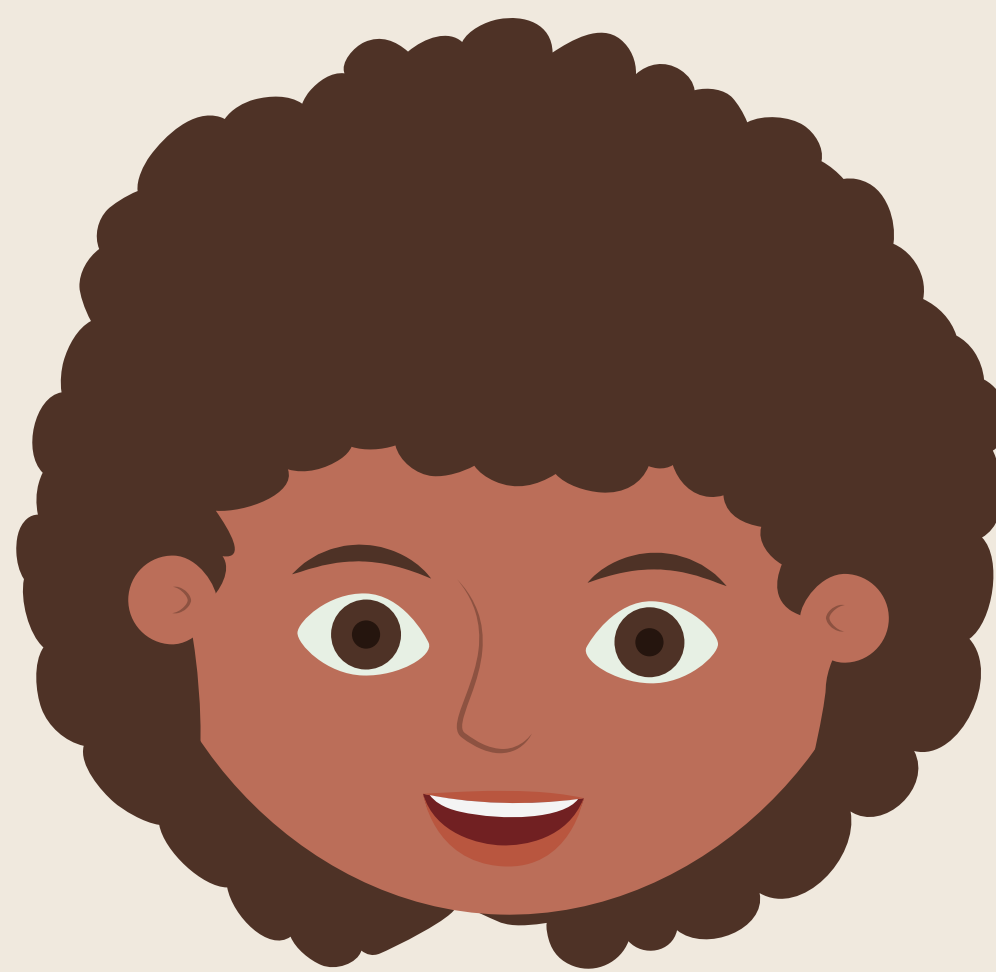
Many schools are using contactless thermometers to take everyone's temperature at the door.



Prepare children by explaining the steps



Pause



Look at adult  
(You may see  
a light!)



Listen to the  
teacher for  
what to do next

**Tips for Teachers:**  
Ask children to  
look at your silly  
face to help keep  
their faces still!



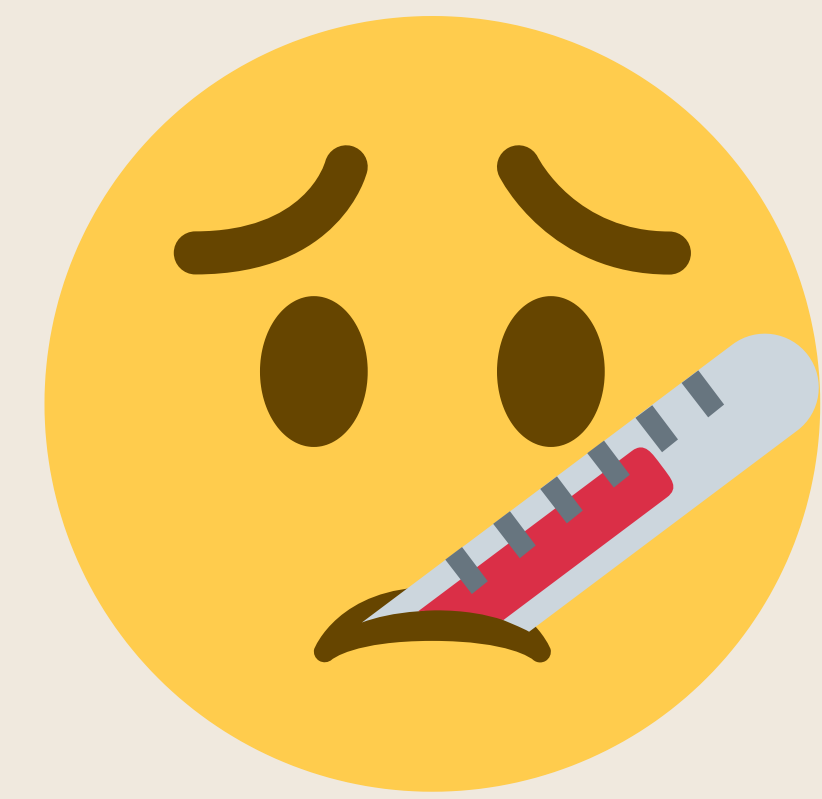


# TEMPERATURE CHECKS

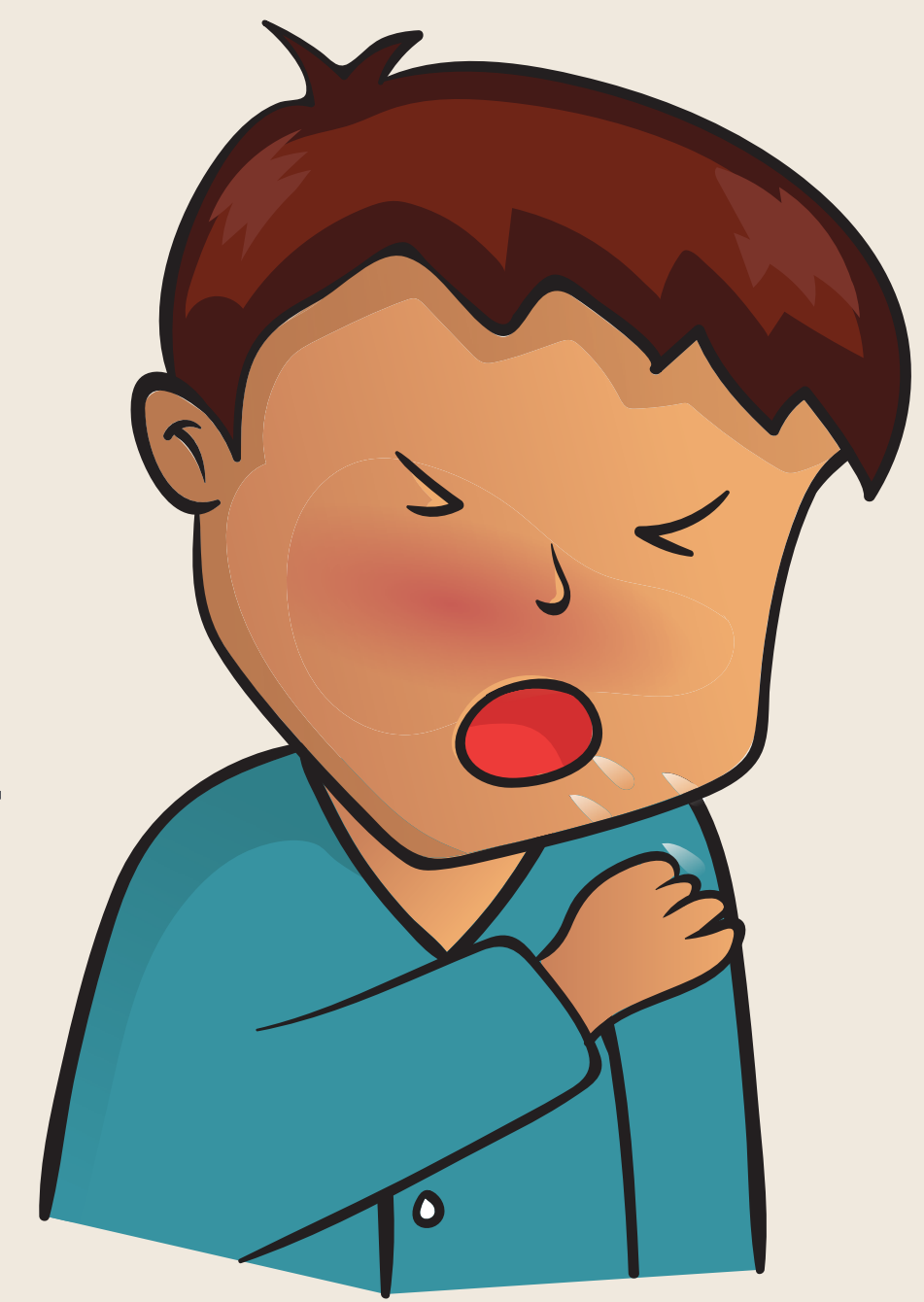
## CHECK FOR RISING EMOTIONS



Children may feel sad or scared if they have a fever.



Help children express what they are feeling- feelings are okay!



Let children know it is okay if they have to go home!







# SHARE YOUR IDEAS

Do you have any helpful tips or strategies that work for you? **How are you supporting kids** with masks and temperature checks?



**Share your expertise with us** in the comments or by tagging us in your posts!

**We would love to learn from you!**





# RESOURCES

## **Wearing Masks**

[https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks\\_Story.pdf](https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks_Story.pdf)

## **Helping Children Understand Emotions When Wearing Masks**

[https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks\\_Tipsheet.pdf](https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks_Tipsheet.pdf)

## **Tips for Helping Your Child During the Pandemic**

[https://challengingbehavior.cbcs.usf.edu/docs/Pandemic\\_helping-your-child\\_tipsheet.pdf](https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_helping-your-child_tipsheet.pdf)

## **Helping Children Cope With Changes Resulting From COVID-19**

<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>