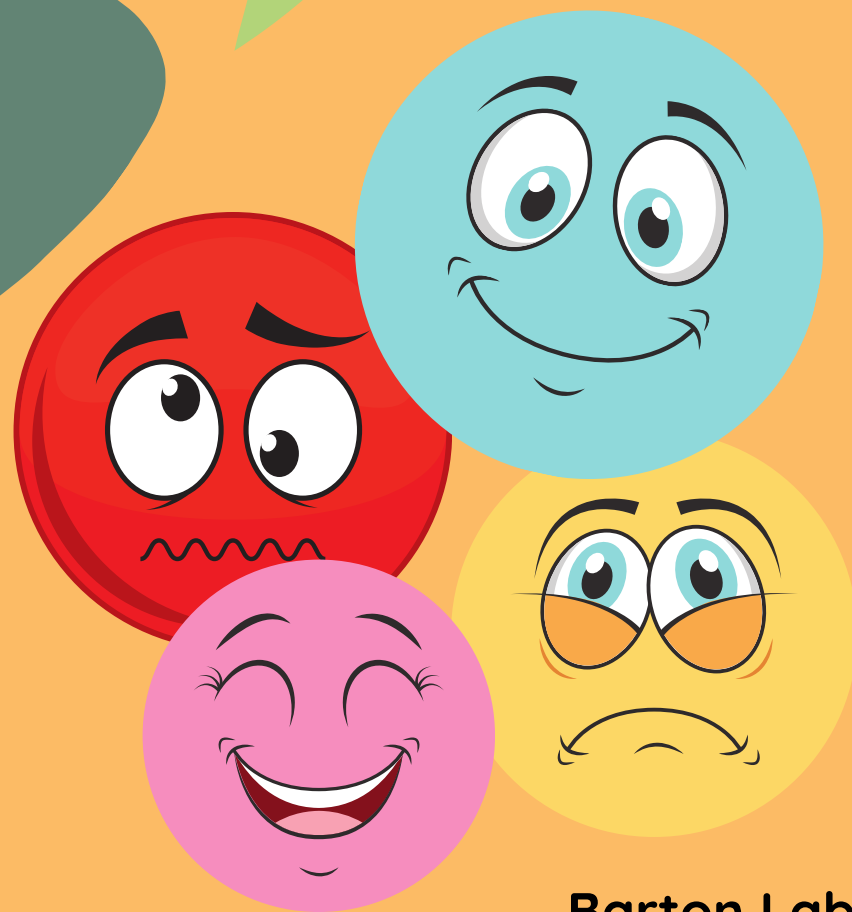


FUN FRIDAY

Emotion Charades

Practice recognizing emotions through body language, facial expressions, and more!

Great for developing social-emotional understanding!



Barton Lab

Contact: Bartonlabvu@gmail.com

How to Prepare

Make a list of emotions your child is familiar with!

Choices will depend on your child's understanding of the varying emotions.



Example List:

●	Happy
●	Angry
●	Excited
●	Sad
●	Confused
●	Surprised



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Things to Consider

Take turns acting out emotions and figuring out what emotion the other partner is acting out.

This is great for practicing turn-taking and recognizing body language.



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Discuss

Talk about what body language is and talk about how you used body language to express your selected emotion.

This will help guide the child's attention to what body language may look like with the varying emotions.



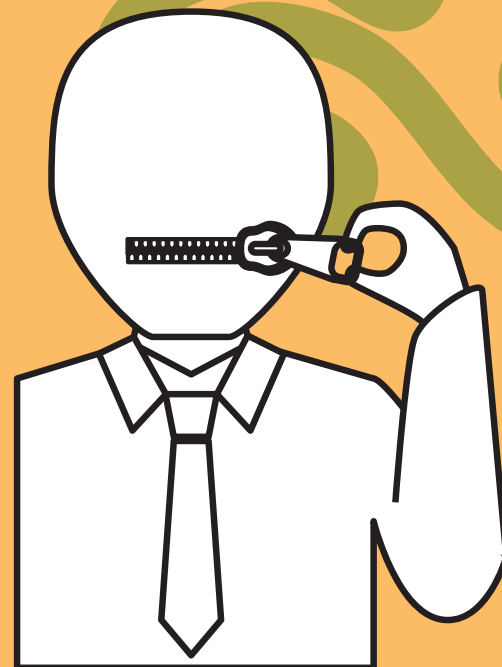
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Tips

Challenge yourself by only using body language and expressions. No words!

Use toys or animals to talk about if your child needs more practice before playing!



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Share with us!

We LOVE to see how you're able to use these activities in your own home and how to make them personal to you!

#BARTONLABSHARES



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