

# FALL BACK INTO SCHOOL

## QUESTIONS TO ASK YOUR CHILDCARE CENTER

TOOLS TO PREPARE CHILDREN FOR  
THE RETURN TO SCHOOL: ONLINE OR  
IN-PERSON



BARTON LAB  
CONTACT:  
BARTONLABVU  
@GMAIL.COM





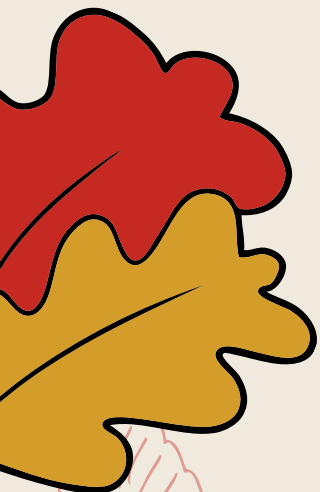
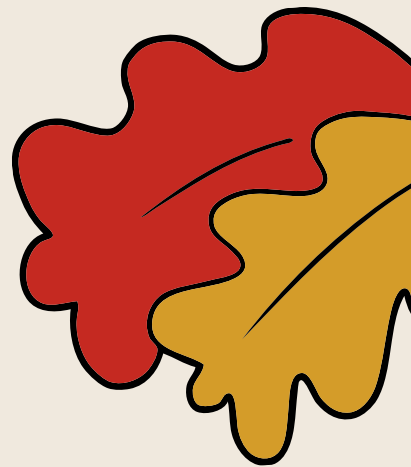
## PICK UP AND DROP OFF PROCEDURES



**How will children be checked in and out each day?**

**Are the procedures different if someone else, such as a grandparent, has to pick them up?**

**Though you may not be able to walk your child into school each day, children's safety is still important and should be reflected in changes to pick up/drop off procedures.**



**If your child is having a difficult time with new pick up/drop off procedures, make the experience more enjoyable. Create a fun handshake you can do with them or let them choose what you listen to in the car.**



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## PREVENTION AND DETECTION PROCEDURES

What will cleaning procedures look like in each classroom and throughout the building?

Click [here](#) for the CDC guidelines for children wearing masks.

What will your procedures be if another child or adult is exposed?  
Tests positive?



Will children and/or teachers be required to wear masks?

Support children as they learn new prevention procedures. You can use these [Spanish](#) and [English](#) social stories to talk about handwashing.

Click [here](#) for resources on wearing masks.



Provide children with frequent "mask breaks."



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## SOCIAL DISTANCING

**How will social distancing be practiced in the program and classrooms?**

While children's safety is a priority, children playing with each other is essential to social-emotional development. If your school plans to socially distance children, ask how social skills will be taught and encouraged.



**In what ways will social routines, such as morning greetings and centers, be adjusted to still allow children to interact with each other?**

Social opportunities should still be included throughout the day, even if they look a little different. You may be able to practice changes, such as new greetings, at home!

[Click here](#) for a resource on socially distant greetings.

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## CLASSROOM ROUTINES



**What will meal and snack times look like?**

Children may be required to bring their own snacks and lunches. Pack your child's favorite snack or write them a quick note to make them smile.

If packing snacks and lunches is difficult, ask your center about programs that may assist with providing free or reduced price snacks and lunches.

**Will children still have free play and outdoor time?**

Free play and movement breaks help children get their "wiggles" out and support their social emotional development. You can use these [resources](#) to help your child move each day.





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## SUPPORTING TEACHERS



Is there a way we can communicate about my child's development during this transition?



Many childcare centers already have a system in place to communicate with families. You can use this system to talk with your child's teacher about your child's strengths and needs. However, if this system doesn't work well for your family, request an adaptation that would be more beneficial. Bidirectional communication is critical to the success of children and caregivers.

Use bi-directional communication systems to foster positive relationships between teachers and families.



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## SHARE YOUR IDEAS

Do you have any helpful tips or strategies that work for you? **How are you supporting kids** with transitioning back to school?



**Share your expertise with us** in the comments or by tagging us in your posts!

**We would love to learn from you!**





## RESOURCES

### **CDC Guidelines for K-12 education:**

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/cloth-face-cover.html#:~:text=Appropriate%20and%20consistent%20use%20of,younger%20than%202%20years%20old.>

### **Helping Children Cope With Changes Resulting From COVID-19**

<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

