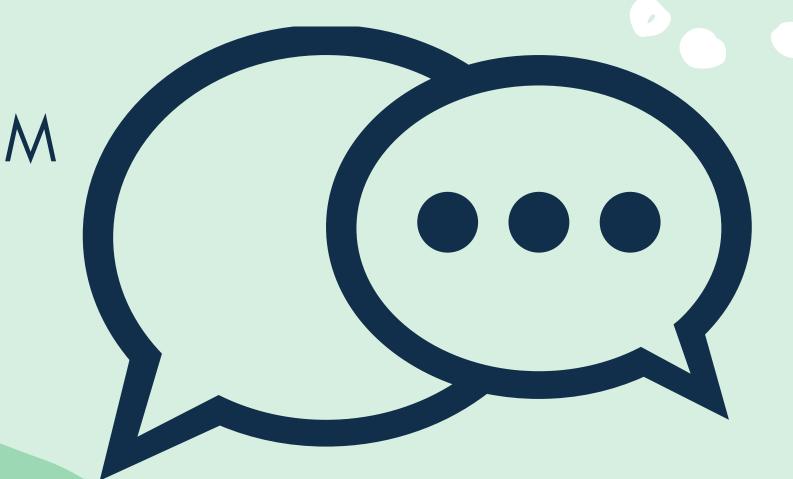
ACTIVELY ANTI-RACIST BARTON LAB VU

CONTACT: BARTONLABVU@GMAIL.COM



Being Vocal About Anti-Racism

Talking honestly, openly, and frequently with children about race and racism

Try not to be embarrassed by children when they bring up potentially uncomfortable comments or questions. They are learning to navigate a complex world, just like you.

WHAT TO TALK ABOUT:

- Injustices faced by Black people and other oppressed groups
- The efforts of people in history who have pushed against these injustices
- How people use many features of themselves to construct their identity
- How people are similar and different
- The anti-racist behavior of others

Talk About It

Talking about these issues in a developmentally appropriate way can feel overwhelming for adults.

Try using anti-racist children's books and other forms of anti-racist media to guide conversations.

"Today we are going to read a book about Frederick Douglass and how he helped fight inequality."



Just as adults are encouraged to think critically about their biases and actions, children need to be encouraged to do the same.

Think Critically

QUESTIONS TO CONSIDER WHEN SUPPORTING YOUR CHILD'S CRITICAL THINKING:

What makes something fair or unfair?

What can you do when you see someone engaging in racist behavior?

How does that behavior make that person feel?

When you are talking with your child about anti-racism, it is important to give them the tools they need to do their part in cultivating an anti-racist society.

Teach children to talk positively about their identity and what makes them who they are.

Empowering Your Child

"You have dark curly hair just like me, but your skin is a little more brown. We are the same in some ways and different in others, but we are who we are and that is something special."

"When you see someone being treated unfairly, you can tell the person that they are being unfair and work together to make the situation more fair for everyone."

Support children in taking action against unfair behaviors and stereotypes.

Additional Resources

To learn more:



Tatum, B. D. (1997). Why are all the black kids sitting together in the cafeteria? And other conversations about race. New York, NY: Basic Books.



Derman-Sparks, L., & Edwards, J. O. (2015, July 8). Teaching young children about race: A guide for parents and teachers. Teaching for Change. https://www.teachingforchange.org/teaching-about-race.