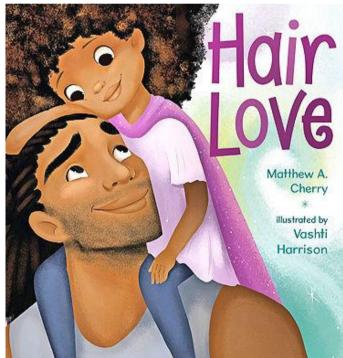


### USING BOOKS TO SUPPORT CONVERSATIONS WITH YOUNG CHILDREN ABOUT RACE



HAIR LOVE BY MATTHEW A. CHERRY AND VASHTI HARRISON

Swipe for information about the book and questions you can ask to guide conversations with children.



# SUMMARY

This book is about a girl named Zuri who absolutely loves her beautiful hair. She can completely transform into a princess or a superhero depending on how she styles it. Today is a big day for Zuri though. Her mom is coming home so she needs the most special hairstyle. She recruits her dad to style her hair for the first time and together they figure out the perfect hairstyle for her mom's arrival.

**RECOMMENDED AGE GROUP: 4-8 YEARS** 



# **KEY CONCEPTS**

## Self-love

# **Confidence** composition

## Family roles

### Uniqueness

Family



## **QUESTIONS AND EXPLANATIONS**

#### Talking about self-love

What made Zuri special? What makes you special? Why should we love what makes us special? We each have something that makes us unique or different than other people. Learning to love what makes you who you are, differences and all, is important to helping you be the best person you can be. We are all unique, so celebrate being you!





### Talking about family

Zuri was happy her mom was coming home. Where do you think her mom was? Who are you excited to see when you go home? Families don't always look the same. Some children live with their grandparents or with their friends. Some children have many siblings but others may be the only child. Sometimes a child may switch back and forth between houses with different people. Families are unique, just like you.



## **QUESTIONS AND EXPLANATIONS**

#### **Talking about kindness**

If Zuri's hair gave her superpowers, how can you help your friends find their superpowers? Kindness is a superpower we should all work to have. Being kind can make you and your friends feel good. What are ways you can be kind besides helping a friend find their superpower? Maybe you can give them a compliment about something they've built, or something they've drawn. You could even unite and have a superpower together!





#### **Talking about differences**

Is your hair the same or different as your friends' hair? What makes our hair different? How can you treat people who look different than you? People can have all different kinds of hair. Hair can be curly, straight, long, short, braided, twisted, shaved, soft, coarse, all sorts of colors, and more. Sometimes hair looks different because of the way it's styled (colors, braids, pony tails, puffs, etc.) and other times it is because of our genetics (curly, coarse, thin, straight, etc.). Remember, we all have something about us that makes us different from the person next to us. We can work together to love these differences and celebrate them.

# SHARE WITH US



What other questions came up as you were reading?

How helpful was this book in talking with your child about tough concepts?



What was your or your child's favorite part of the book?

