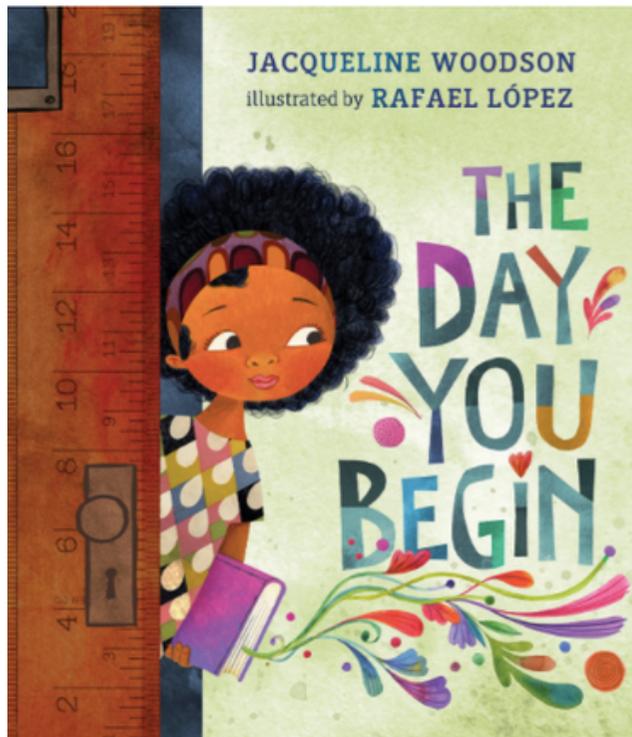
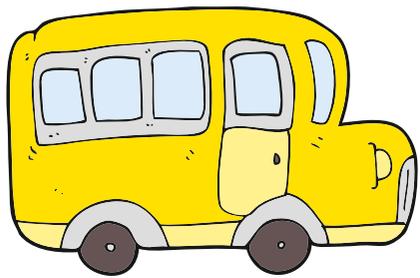


USING BOOKS TO SUPPORT CONVERSATIONS WITH YOUNG CHILDREN ABOUT RACE



THE DAY YOU BEGIN
BY: JACQUELINE
WOODSON
ILLUSTRATED BY:
RAFAEL LOPEZ

Swipe for information about the book and questions you can ask to guide conversations with children.



SUMMARY



This beautifully illustrated book is a fantastic read for parents and teachers to prepare children for a new school year. It discusses how children may feel different from other children in the room based on their appearance, the language they speak, the food they eat, or where they come from. All of these differences may cause children to feel lonely. The book encourages children to open up and share their stories as a way to connect with each other and celebrate their differences.



RECOMMENDED AGE GROUP: 5-8 YEARS



KEY CONCEPTS

Diversity

Unique

Inclusion

Culture

Acceptance

QUESTIONS AND EXPLANATIONS

Talking about being different

How does it feel to be different from people around you? It can feel lonely sometimes, but remember we are all people regardless of these differences. These differences, big or small, make each person unique. There is no one exactly like you and no one exactly like your friends which is so cool! People can share similarities, too, like having the same hair color or the same favorite food.



Talking about new situations

How does it feel to do something you've never done before, or go somewhere you've never gone? Do you feel excited or scared? It is okay to feel both! When you are scared, take a breath and remember that you can ask for help or a break if you need it. You are strong and soon those new activities and places will feel less scary. I am here to support you and build your confidence in who you are.

QUESTIONS AND EXPLANATIONS

What can they do?

...if they see someone eating a food they've never had before?

You could ask if that is their favorite food or what it tastes like.



...if they see someone being left out?

You could ask them if they want to join, or if they are okay with you being with them.



...if they hear someone speaking a different language than they one they speak?

Ask questions and work to learn words each other's languages so you can talk with each other.



SHARE WITH US



What other questions came up as you were reading?



How helpful was this book in talking with your child about tough concepts?



What was your or your child's favorite part of the book?