



# ACTIVELY ANTI-RACIST: ACTIVITIES TO TRY WITH YOUR CHILDREN REFLECTIONS













# **SELF-PORTRAITS**



### Possible Supplies

Pencils, paper, crayons, markers

Glue, tissue paper, clay, beads, stamps

### Suggestions

Have children draw, sculpt, or create a selfportrait in any way Children can write and draw things about themselves in their portrait

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## SUPPORT AND CONNECT

Display visual examples of other portraits and model creating your own

Point out characteristics in the portraits that children share and those that are different

Encourage conversations between children about their portraits

Remind children that despite differences, we are all human and should receive kindness and respect

# SHARE WITH US

Display children's self portraits and encourage further self reflection!

Share your experiences and with us! #bartonlabshares

Collaborate
with coworkers
and share
ideas with us!

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