



Provide Help Once Your Child is Calm

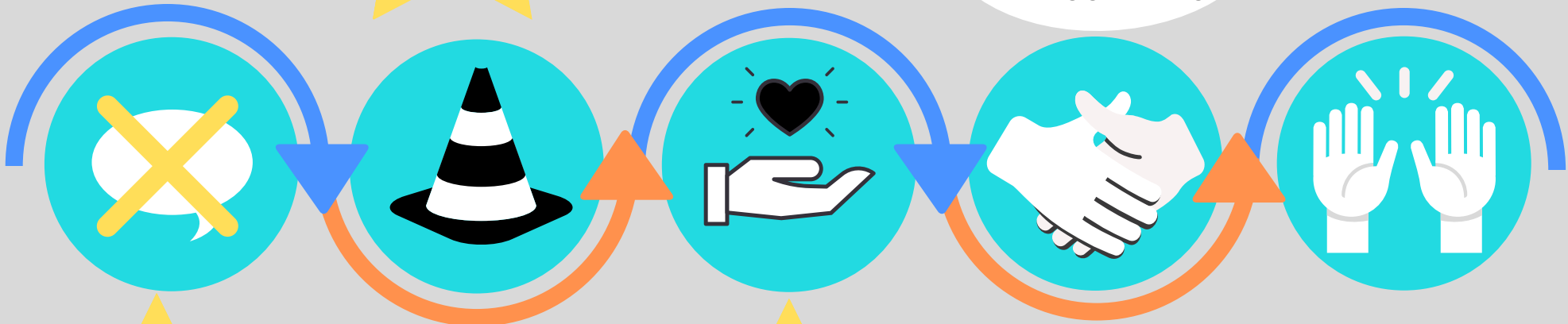
During challenging behavior, provide minimal attention. Avoid using reprimands.

Reprimands are a form of attention.

Once calm, provide positive descriptive feedback about your child being calm.

"You took deep breaths to calm down. I am proud of you for calming your body."

Provide positive descriptive feedback when your child completes the activity/routine.



When you're blocking behavior, avoid speaking to or looking at your child to minimize attention.

Ensure your child is safe by blocking harmful behavior. Clear nearby objects that might be harmful.

When removing nearby objects, do so as quietly and quickly as possible to avoid escalating your child's behavior.

Use the least amount of prompting needed to help your child complete the task.

"Wow! You put on your pajamas! That was awesome!"

Click [here](#) for more information about how to help your child when challenging behavior occurs.

