Prevent Strategy
Provide Transition Warnings

Provide a warning before removing a preferred item or transitioning to a new activity. This warning should prepare the child for the transition, not enforce it.

Provide positive descriptive feedback when your child begins to engage in the transition independently.

Help your child complete the transition, while keeping him/her safe, using prompting if needed.

Providing consistent positive attention when your child engages in appropriate behavior during transitions reduces the likelihood that they will engage in challenging behavior during this time.

"In one minute we will be all done with blocks and it will be time for snack."

"You cleaned up the blocks all by yourself! Nice work!"

For a list of transition warnings you can use, click here.

For more information on providing transition warnings, click here.