



Creating a Visual Daily Schedule



Visual schedules let your child know when activities or routines will happen and what to expect throughout the day.

1

Cut out the relevant activities and routines provided below and place them in the space on the right of the "My Day" page (p.2) using Velcro.

2

Identify images that go with the activity/routine to help your child understand the schedule and place these in the square on the left.

3

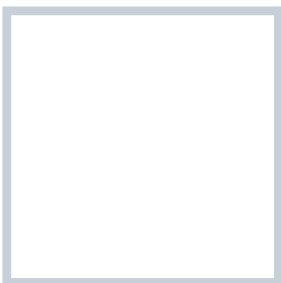
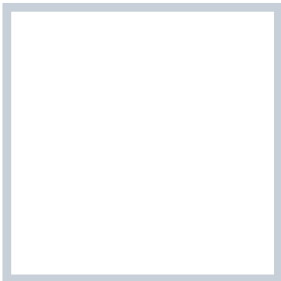
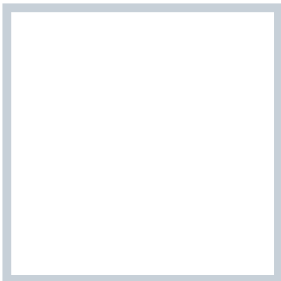
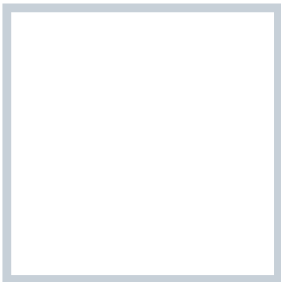
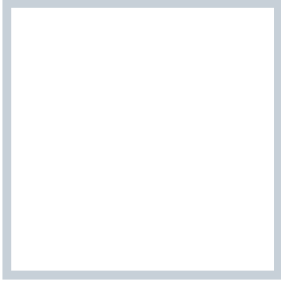
As your child completes each activity or routine, remove the image from the schedule and place it in an envelope or ziploc bag labeled "All Done."

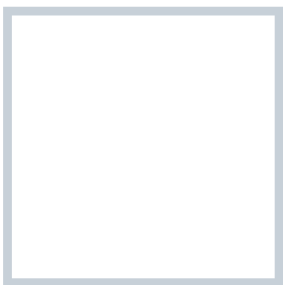
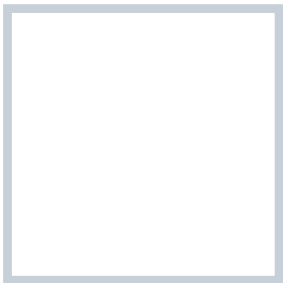
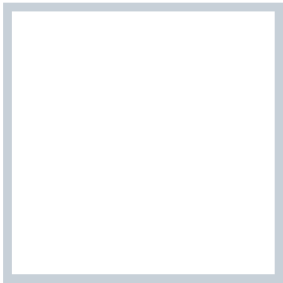
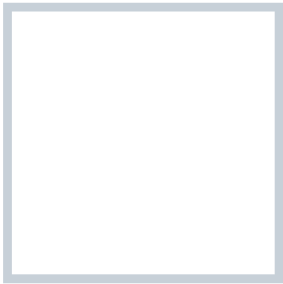
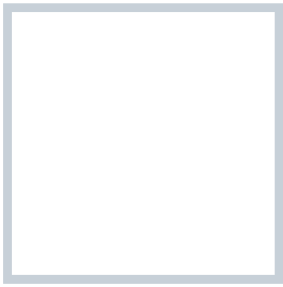


For additional visual support resources, visit the [FBSApp infographics webpage](#).



My day





Wake up	Eat snack
Brush teeth	Do work
Eat breakfast	Go outside
Brush hair	Take medicine
Get dressed	Watch TV
Play	Time with mom
Go to school	Time with dad
Story	Music
Bedtime	Crafts
Go to therapy	Go to doctor
Go to store	
Eat lunch	
Eat dinner	
Bath	

