



Using a First-Then Visual



First-then visuals are a great tool to use to let your child know your expectations and what is coming next. Follow the steps below to create your own first-then board:

1

Place a picture of a less preferred routine or activity in the "first" square.

2

Place a picture of a preferred routine or activity in the "then" square.

3

Cut out the images provided, or use your own!



[Click here](#) for more information on how to teach your child how to use visual schedules see the visual schedules resources.



First

***Place picture of a less
preferred activity your child
should do first.***



Then

***Place picture of a preferred
activity your child can do next.***

First

Next

Then

Place picture of a less preferred activity your child should do first.



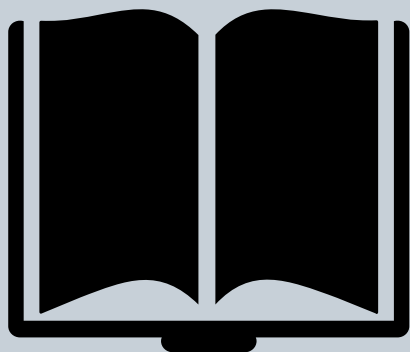
Place picture of another less preferred activity your child should do next.



Place picture of a highly preferred activity your child can do once they finish the first two.



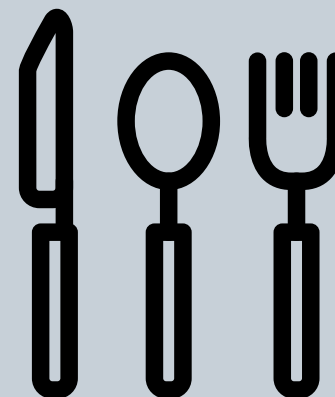
Use this visual only after your child has learned a first-then visual and is able to complete multi-step directions



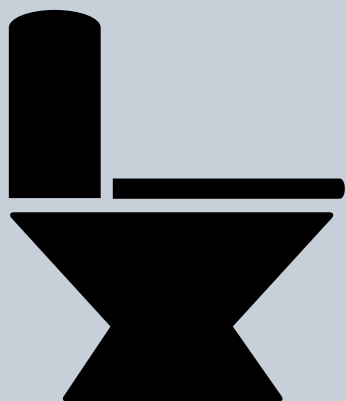
Work



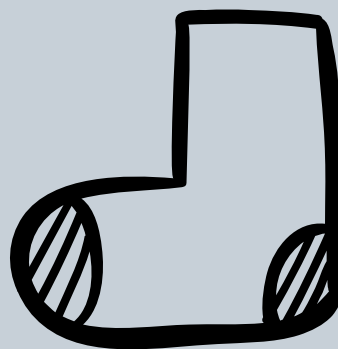
Bath



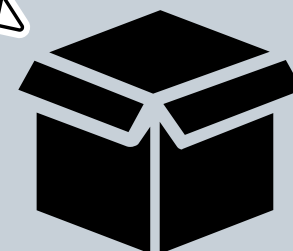
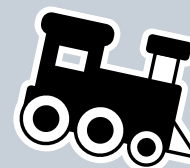
Eat



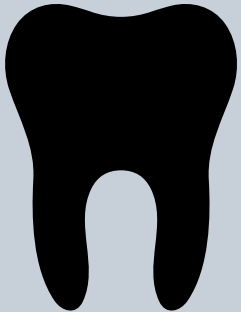
Bathroom



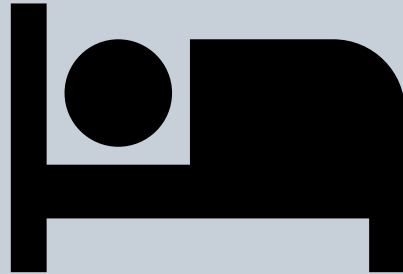
**Get
dressed**



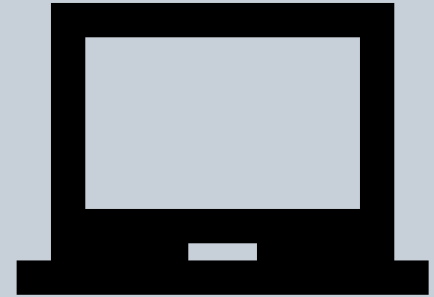
Clean up



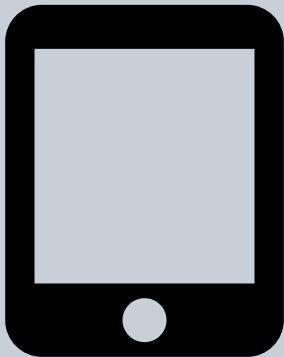
**Brush
teeth**



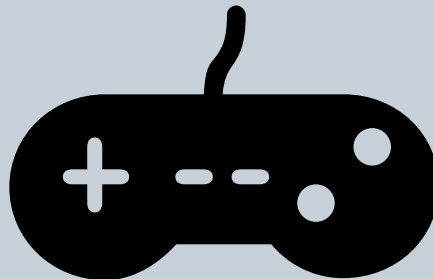
Nap



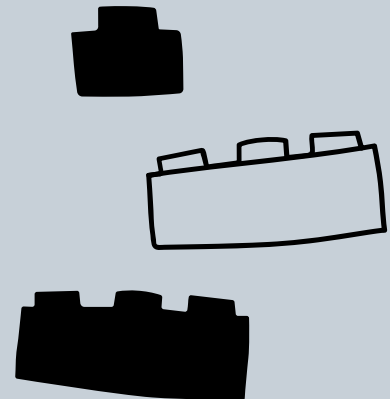
Computer



iPad



Game



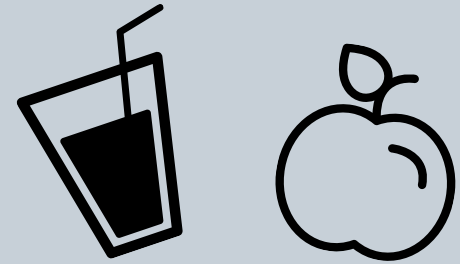
Play



Music



Tv



Snack



School



Doctor



Store