



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage for medical, call Aetna at 1-800-743-0910 or visit [www.Aetna.com](http://www.Aetna.com); for pharmacy call Capital Rx at 1-833-599-0942 or visit [www.cap-rx.com](http://www.cap-rx.com). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms see the Glossary. You can view the Glossary at <https://hr.vanderbilt.edu/benefits/UniformGlossaryTerms.pdf> or call 1-800-743-0910 to request a copy.

Important Questions	Answers	Why This Matters:
<a href="#">What is the overall deductible?</a>	\$2,000 individual or \$4,000 family In-Network; \$3,550 individual or \$7,100 family for Out-of-Network	Generally, you must pay all of the costs from providers and prescriptions up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. For those enrolled in family tiers, before <a href="#">coinsurance</a> can begin, the total family <a href="#">deductible</a> must be met by one or more family members. There are separate deductibles for each network.
<a href="#">Are there services covered before you meet your deductible?</a>	Yes. <a href="#">Preventive care</a> services are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount, but <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<a href="#">Are there other <a href="#">deductibles</a> for specific services?</a>	No other specific <a href="#">deductible</a> .	
<a href="#">What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</a>	For <a href="#">in-network providers</a> , combined \$4,500 individual/ \$9,000 family; for <a href="#">out-of-network providers</a> \$7,000 individual / \$13,000 family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
<a href="#">What is not included in the <a href="#">out-of-pocket limit</a>?</a>	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay for these expenses, they don't count towards the <a href="#">out-of-pocket limit</a> .
<a href="#">Will you pay less if you use a <a href="#">network provider</a>?</a>	Yes, for a list of preferred in-network providers visit Aetna's <a href="#">Provider Search Webpage</a> or call 1-800-743-0910.	This <a href="#">plan</a> uses a provider <a href="#">network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services. See the chart starting on page 2 for how this plan pays different kinds of providers.
<a href="#">Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</a>	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider / Non- Vanderbilt Pharmacy	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% <u>coinsurance after deductible</u>	60% <u>coinsurance after deductible</u>	You may have to pay for services that aren't preventative. Ask your provider if the services needed are preventative. Then check what your plan will pay for.
	<u>Specialist</u> visit	20% <u>coinsurance after deductible</u>	60% <u>coinsurance after deductible</u>	
	<u>Preventive care/ screening/ immunization</u>	No Charge	No Charge	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>coinsurance after deductible</u>	60% <u>coinsurance after deductible</u>	View plan booklet at <a href="http://hr.vanderbilt.edu/benefits/sbc-eoc.php">http://hr.vanderbilt.edu/benefits/sbc-eoc.php</a>
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance after deductible</u>	60% <u>coinsurance after deductible</u>	
If you need drugs to treat your illness or condition  More information about <u>prescription drug coverage</u> is available at <a href="http://www.cap-rx.com/">www.cap-rx.com/</a>	Maintenance Generic	20% <u>coinsurance after deductible</u>	Not Covered	Full prescription drug costs are subject to the same <u>deductible</u> , <u>coinsurance</u> and <u>out-of-pocket maximum</u> as other medical expenses under this <u>plan</u> .
	Level 1	20% <u>coinsurance after deductible</u>	Not Covered	
	Level 2	20% <u>coinsurance after deductible</u>	Not Covered	
	Level 3	20% <u>coinsurance after deductible</u>	Not Covered	
	<u>Self-Administered Specialty drugs</u>	Not Covered	Not Covered	Only available for a 30-day supply at the Vanderbilt Outpatient Pharmacies. Subject to <u>plan deductible</u> and <u>coinsurance</u> .
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance after deductible</u>	60% <u>coinsurance after deductible</u>	View plan booklet at <a href="http://hr.vanderbilt.edu/benefits/sbc-eoc.php">http://hr.vanderbilt.edu/benefits/sbc-eoc.php</a>
	Physician/surgeon fees	20% <u>coinsurance after deductible</u>	60% <u>coinsurance after deductible</u>	
If you need immediate medical attention	<u>Emergency room care</u>	20% <u>coinsurance after deductible</u>	20% <u>coinsurance after deductible</u>	View plan booklet at <a href="http://hr.vanderbilt.edu/benefits/sbc-eoc.php">http://hr.vanderbilt.edu/benefits/sbc-eoc.php</a>
	<u>Emergency medical transportation</u>	20% <u>coinsurance after deductible</u>	60% <u>coinsurance after deductible</u>	
	<u>Urgent care</u>	20% <u>coinsurance after deductible</u>	60% <u>coinsurance after deductible</u>	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider / Non-Vanderbilt Pharmacy	Out-of-Network Provider (You will pay the most)	
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	View plan booklet at <a href="http://hr.vanderbilt.edu/benefits/sbc-eoc.php">http://hr.vanderbilt.edu/benefits/sbc-eoc.php</a>
	Physician/surgeon fees	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
<b>Outpatient</b>	Outpatient office visit	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	View plan booklet at <a href="http://hr.vanderbilt.edu/benefits/sbc-eoc.php">http://hr.vanderbilt.edu/benefits/sbc-eoc.php</a>
<b>If you need mental health, behavioral health, or substance abuse services</b>	Other Outpatient services	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	View plan booklet at <a href="http://hr.vanderbilt.edu/benefits/sbc-eoc.php">http://hr.vanderbilt.edu/benefits/sbc-eoc.php</a>
	Inpatient services	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
<b>If you are pregnant</b>	Prenatal/Postnatal Office visits	No charge	60% <a href="#">coinsurance after deductible</a>	<a href="#">Cost-sharing</a> does not apply for in-network prenatal/postnatal preventative office visits, but depending on the types of services, <a href="#">coinsurance</a> or a deductible may apply.
	Childbirth/delivery professional services	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
	Childbirth/delivery facility services	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	Home health care – 120 visit max per calendar year Physical Therapy, Occupational Therapy, & Speech Therapy, Skilled Nursing Care - 60 visit max per calendar year. Chiropractor Services - 15 visit max per calendar year.
	<a href="#">Rehabilitation services</a>	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
	<a href="#">Habilitation services</a>	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
	<a href="#">Skilled nursing care</a>	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
	<a href="#">Durable medical equipment</a>	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
	<a href="#">Hospice services</a>	20% <a href="#">coinsurance after deductible</a>	60% <a href="#">coinsurance after deductible</a>	
<b>If your child needs dental or eye care</b>	Children's eye exam	Not Covered	Not Covered	N/A
	Children's glasses	Not Covered	Not Covered	N/A
	Children's dental check- up	Not Covered	Not Covered	N/A

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider / Non-Vanderbilt Pharmacy	Out-of-Network Provider (You will pay the most)	
Limits for Infertility Services - Comprehensive and Advanced Reproductive Technology (ART)	Limit per year for Comprehensive and ART medical services combined	\$5,000  This limit is combined for in-network and out-of-network benefits	\$5,000  This limit is combined for in-network and out-of-network benefits	N/A
	Limit per lifetime for Comprehensive and ART medical services combined	\$10,000  Combined for in-network and out-of-network benefits	\$10,000  Combined for in-network and out-of-network benefits	N/A
	Limit per year for infertility medications	\$5,000	Not Covered	N/A
	Limit per lifetime for infertility medications.*	\$10,000	Not Covered	N/A

\* Infertility medications are provided by the pharmacy plan.

For more information about limitations and exceptions, see plan or policy documents at <http://hr.vanderbilt.edu//benefits/sbc-eoc.php>

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care
- Hearing aids for adults
- Long Term Care
- Private Duty Nursing
- Routine eye care
- Routine Foot Care
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (limitations apply)
- Bariatric Surgery (limitations apply)
- Chiropractic Care (limitations apply)
- Hearing aids for children under 18
- Infertility Treatment (limitations apply)
- Non-emergency care when traveling outside the U.S.

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Tennessee Department of Commerce & Insurance

500 James Robertson Parkway

Davy Crockett Tower, 4th Floor

Nashville, TN 37243-0565

(615) 741-2241

<https://www.tn.gov/commerce/consumer-services.html>

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: For medical, call Aetna at 1-800-743-0910 or visit [www.Aetna.com](http://www.Aetna.com); for pharmacy call Capital Rx at 1-833-599-0942 or visit [www.cap-rx.com](http://www.cap-rx.com).

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(Family Coverage)

(9 months of in-network pre-natal care and a hospital delivery)

The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$4,000
<a href="#">Specialist coinsurance</a>	20%
<a href="#">Hospital (facility) coinsurance</a>	20%
<a href="#">Other coinsurance</a>	20%

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
Childbirth/Delivery Professional Services  
Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

**Total Example Cost**

**\$12,800**

**In this example, Peg would pay:**

Cost Sharing	
Deductibles	\$4,000
Copayments	\$0
Coinsurance	\$1,760
What isn't covered	
Limits or exclusions	\$0
<b>The total Peg would pay is</b>	<b>\$5,760</b>

### Managing Joe's type 2 Diabetes

(Family Coverage)

(a year of routine in-network care of a well-controlled condition)

The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$4,000
<a href="#">Specialist coinsurance</a>	20%
<a href="#">Hospital (facility) coinsurance</a>	20%
<a href="#">Other coinsurance</a>	20%

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

**Total Example Cost**

**\$7,400**

**In this example, Joe would pay:**

Cost Sharing	
Deductibles	\$4,000
Copayments	\$0
Coinsurance	\$680
What isn't covered	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$4,680</b>

### Mia's Simple Fracture

(Individual Coverage)

(in-network emergency room visit and follow up care)

The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$2,000
<a href="#">Specialist coinsurance</a>	20%
<a href="#">Hospital (facility) coinsurance</a>	20%
<a href="#">Other coinsurance</a>	20%

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

**Total Example Cost**

**\$1,900**

**In this example, Mia would pay:**

Cost Sharing	
Deductibles	\$1,900
Copayments	\$0
Coinsurance	\$00
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,900</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.