

Provider Guide

# GUIDED-HF

## Caring for patients with acute heart failure (AHF) discharged from the emergency department (ED)

**GUIDED-HF** is an intervention delivered as part of routine care for patients with a diagnosis of acute heart failure who are discharged home from the emergency department.

Want to learn more about how you could help patients manage their heart failure by talking to a self-care coach after discharge from the emergency department?

Watch this 3-minute video  
<https://youtu.be/Qa1chwUxWNw>



Once you as the emergency department provider diagnoses a patient with acute heart failure and determined they can be discharge home, they will make a note in the electronic health record for a self-care coach to contact the patient. A self-care coach will call the patient within 24-48 hours of ED discharge to follow-up with them. The self-care coach will coach the patient on establishing a routine to manage their heart failure and daily exercise/activity, and ways to best monitor their salt and fluid intake.