

Appendix 4-C: Example Project Timeline Chart for Students in Four-Year Program (*note all programs are individualized based on PCP)

YEAR ONE	Avg. Weekly Hours	YEAR TWO	Avg. Weekly Hours	YEAR THREE	Avg. Weekly Hours	YEAR FOUR	Avg. Weekly Hours
Person-Centered Planning guides programs of study		Person-Centered Planning guides programs of study		Person-Centered Planning guides programs of study		Person-Centered Planning guides programs of study	
VU Classes 1 class in Fall 1 class + Commons Seminar in Spring	3-4	VU Classes 2 classes in Fall (some) 1 class and Commons Seminar in Spring	4-6	VU Classes 2 classes in Fall (some) 1 class and Commons Seminar in Spring	4-6	VU Classes 1 class in Fall 1 class in Spring	3
College Preparation Seminars (currently addressing independent living, career tech, and self-awareness)	3	Skills of Independence Seminars (currently addressing independent living, career tech, and self-awareness)	3	Life After College Seminars	2	Life After College Seminars	1
Career Exploration Internships (Job Shadowing)	2	Career Exploration Internships	4	Career Development Internship(s) 1-2 sites concurrently or College of Applied Technology or Off-campus paid job	8-10 9 8-10	Career Development Internship(s) 1-2 sites concurrently or College of Applied Technology or Off-campus paid job	15-20
Ambassadors Sessions Daily Planning Academic Tutoring Lunch Partners Exercise Partners	2 2-3 3-4 3	Ambassadors Sessions Daily Planning Academic Tutoring Lunch Partners Exercise Partners	2 2-3 3-4 3	Ambassadors Sessions Daily Planning Academic Tutoring Lunch Partners	1 2 2	Ambassadors Sessions Academic Tutoring Lunch Partners	1 1
Monthly Large-Group Service Project	.75	Monthly Large-Group Service Project	.75	Monthly Small-Group Service Project	.75	Monthly Individual Service Project	.5
Food Forays (2x month)	.5	Food Forays (2x month)	.5	Exercise (on own)	3	Exercise (on own)	3
Campus Life Activities	8	Campus Life Activities	8	Campus Life Activities	8	Campus Life Activities	4
VU Extracurriculars (optional)	2	VU Extracurriculars (optional)	2	VU Extracurriculars (optional)	2	VU Extracurriculars (optional)	2
Total Average Weekly Hours	27-32	Total Average Weekly Hours	30-36	Total Average Weekly Hours	31-37	Total Average Weekly Hours	29-36