

VANDERBILT CHILD & FAMILY CENTER



Caregiver Support Group

SELF CARE AND MENTAL HEALTH
SUPPORT FOR CAREGIVERS

SPECIAL GUEST: PAM BROWN,
INSIGHT COUNSELING CENTERS

FEBRUARY 12, 2020
12-1 PM
THE LIVING ROOM
GODCHAUX NURSING ANNEX

Feel free to bring your lunch. Light snacks will be provided.

For more info: toya.y.cobb@vanderbilt.edu



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