

The Process of Healing

from a Yoga Therapy Perspective with Marcel Allbritton, PhD

Sponsored by Vanderbilt University School of Medicine
Osher Center for Integrative Medicine at Vanderbilt

15.5 CMEs available for AMA and APA
August 28-30, 2015

Would you like to learn how to apply healing principles and techniques in your work or in your healing?

Using a holistic understanding of healing on multiple dimensions—
such as breath, body, and emotions—we will look at how to

- evaluate effectiveness of healing,
- assess clients or patients based on a continuum of healing
- learn tools to more effectively support the process of healing

Course content and clinical case studies will be used to explain how healing relates: (1) directly to symptoms, (2) to practitioner support for symptom management, and (3) to self-management of symptoms by the patient.

Who: All Levels Welcome, including those who want to better understand the process of healing in their personal life.

Practitioners and Integrative Health professionals who seek further understanding of how the process of healing can inform their professional work and work with clients/patients. Workshop content is specifically designed to be applied in the work of Integrative Health Professionals.

When: Friday, August 28th, 6:00-9:00 PM
Saturday & Sunday, August 29th-30th, 9:00 AM-5:30 PM (break 12:00-1:30 PM)

Cost: Earlybird for Entire Weekend is \$215* through July 31st, \$250 beginning August 1st
Friday only \$60; Saturday only OR Sunday only: \$115

20% of your registration is non-refundable, if you cancel your registration after August 1

CME credits are available for \$10 per credit hour for CME and \$2 per credit hour for APA for qualifying health providers.

Registration: Sign up at vanderbilthealth.com/osher, click Class Registration, then WORKSHOPS tab.
AMA & APA CME credits can be purchased under **ONLINE STORE** tab or at time of attendance.
or call (615) 343-1554 Questions? Email oshercenter.integrativemedicine@vanderbilt.edu

Where: Osher Center for Integrative Medicine at Vanderbilt
3401 West End Ave., Suite 380, Nashville, TN 37203



Marcel Allbritton, PhD., is a Yoga Therapist who sees clients in a clinical setting. Marcel has taught workshops in Master's Programs in Integrative Health, at Integrative Health Centers and Stanford University. He is skilled at teaching and presenting material in a way that supports understating, internalization, application of content. Marcel has over ten years of training in the Yoga of T.K.V. Desikachar. www.marcelallbritton.com

CME target audience includes nurses, nurse practitioners, physicians including psychiatrists, physical medicine & rehabilitation, primary care physicians, anesthesiologists specializing on pain, psychologists, mental health counselors, and physical therapists.

Vanderbilt University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Vanderbilt University School of Medicine designates this live activity for a maximum of 15.5 *AMA PRA Category 1 Credit(s)*TM.
Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Vanderbilt University School of Medicine is approved by the American Psychological Association to sponsor continuing education for psychologists. Vanderbilt University School of Medicine maintains responsibility for this program and its content. Vanderbilt University School of Medicine designates this educational activity for **15.5 CE** credits toward the continuing education of psychologists. No partial credit may be awarded

