

Neha Rastogi

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neha.rastogi@vanderbilt.edu

Department of Psychology and Human Development

310 Peabody Administration Building

Vanderbilt University

Nashville, TN 37203

Summary

Experienced Research Assistant with a demonstrated history of working in the health care industry. Skilled in Healthcare, Leadership, Clinical Research, Data Analysis, and Medicine. Strong research professional with a Master's Degree focused in Clinical Psychological Assessment from Vanderbilt University.

Experience

Research Assistant

November 2016 - Present

The aim of this research is to develop a better understanding of the unique needs of intellectually precocious youth and the determinants of the contrasting developmental trajectories they display over the lifespan. The Study of Mathematically Precocious Youth is a bit of a misnomer, however, because verbally precocious youth have been included for longitudinal tracking, and participants are now all adults.

<https://my.vanderbilt.edu/smpy/>

Resident Medical Officer

April 2015 - Present

Department of Medical, Health and Family Welfare, Government of Uttar Pradesh, is playing a vital role in improving the health status & quality of living of the People of Uttar Pradesh.

The department has been involved in service of Mankind since its very inception in 1921. The Department initially provided its services under the name of "Provincial Subordinate Medical and Provincial Medical Services". This department is responsible for providing Medical, Health and Family Welfare related services to the densely populated state of Uttar Pradesh (166,05,2859) spread over a vast area of 2,40,982 sq. Km.

With the objective of providing health services in Urban and Remote areas, the department provides three tier medical services in the state of Uttar Pradesh. Under this, at the first level, Health Services are provided in urban areas. Health services at the second and third level are provided in rural areas.

Key responsibilities included:

1. Management of the outpatient and indoor patient department.
2. Conducting antenatal checkups, deliveries, promotion of family planning methods.
3. Minor procedures like suturing, catheterization, cervical tear repair, episiotomy, incision and drainage.
4. Management and treatment in emergency cases.
5. Supervision and implementation of the National Immunization program, National Pulse Polio Program along with UNICEF and WHO.
6. Participation in Health Camps.
7. Conducting Medico Legal Examinations.

Resident Medical Officer

October 2014 - March 2015 (5 months)

The National Health Mission (NHM) encompasses its two Sub-Missions, the National Rural Health Mission (NRHM) and the newly launched National Urban Health Mission (NUHM). The main programmatic components include Health System Strengthening in rural and urban areas- Reproductive-Maternal- Neonatal-Child and Adolescent Health (RMNCH+A), and Communicable and Non-Communicable Diseases. The NHM envisages achievement of universal access to equitable, affordable & quality health care services that are accountable and responsive to people's needs.

Key responsibilities included:

1. Management of the outpatient department
2. Providing antenatal checkups and promotion of the family planning methods
3. Planning, implementation and supervision of the National Pulse Polio Program, National Vitamin A Prophylaxis Program, National Immunization Program in collaboration with UNICEF and WHO.
4. Organization and participation in various health camps.

General Practitioner

May 2012 - July 2014 (2 years 2 months)

1. Management of the outpatient department
2. Minor procedures like suturing, catheterization, incision and drainage, nail avulsion.
3. Providing antenatal checkups
4. Basic management and treatment in emergencies.

Non-Academic Junior Resident at Dr. Ram Manohar Lohia Hospital(PGIMER)

July 2011 - March 2012 (8 months)

Dr. Ram Manohar Lohia Hospital was established by the British for their staff and had only 54 beds. In 1954, its control was again transferred to the Central Government of Independent India.

The hospital has grown over the years and is currently having about 1216 beds. It caters to the population of New Delhi and Central District, apart from patients from other areas and even from outside Delhi. It has 71 beds in a Nursing Home for the C.G.H.S beneficiaries, including Maternity Nursing Home.

It is fully funded by the Government of India (Ministry of Health Family Welfare). No Emergency Patients are Refused treatment in this Hospital. This hospital has round the clock emergency services in Medicine, Surgery, Orthopedics and Pediatrics. The facilities in other specialties are also available on call basis. All supportive services like laboratory, X - Ray, CT-Scan, Ultrasound, Blood Bank and Ambulances are available round the clock. A Coronary Care Unit and an Intensive Care Unit exists in the hospital for serious Cardiac and Non-Cardiac patients. The hospital has laid down disaster action plan & disaster beds, which are made operational in case of mass casualties and disaster.

I was posted in the Department of Nephrology and was primarily and solely responsible for renal transplant unit. Key responsibilities included:

1. Management of the outpatient department.
2. History taking and examination of the patient.
3. Blood sampling
4. Maintenance of the patient's medical record during the hospital stay
5. Assisting consultant during the arterio-venous fistula surgery
6. Preoperative workup and postoperative follow up of renal transplant patient and donor.
7. Writing discharge summaries
8. Management of critical patients and basic management in cases of emergencies.
9. Simple procedures like dressing, ryles tube insertion, Foley's catheterization, suturing.
10. Management of patients in dialysis unit undergoing active dialysis

Intern at Dr. Ram Manohar Lohia Hospital (PGIMER)

April 2010 - March 2011 (11 months)

After four and half years of medical school (degree of MBBS) every doctor in India has to go through a one year compulsory rotatory internship in various specialties to get permanent registration in Medical Council of India as a physician. Only after getting permanently registered with MCI, one is licensed to practice medicine as a primary care doctor throughout the India.

Education

Vanderbilt University, Nashville, USA

Master's Degree, Clinical Psychological Assessment, 2016 - June 2018

Santosh Medical College and Hospital, India

Bachelor's Degree, Bachelor of Medicine and Bachelor of Surgery, 2005 - 2011
