

Whisper

- Children are shown a series of pictures of children's characters. They are asked to whisper the character's name.
- The Whisper Task is a measure of impulsivity. To complete the task children must exert control and not succumb to the impulse to shout the names of familiar or exciting characters.

- 12 Characters:

Mickey Mouse
Elmo
Eeyore
Barney
Bert
Winnie the Pooh
Tigger
Cookie Monster
Piglet
Ernie
Minnie Mouse
Big Bird



- Each item is given a score from 0-3 with a 3 meaning the child whispered his/her response and a score of 0 meaning the child shouted the response.
- For more information see: Kochanska, G., Murray, K. T., Jacques, T. Y., Koenig, A. L., & Vandegest, K. A. (1996). Inhibitory control in young children and its role in emerging internalization. *Child Development*, 67, 490-507.