Housing and Transportation Information for Quetzaltenango, Guatemala

Contact information

Primeros Pasos clinic

http://www.primerospasos.org/

info@primerospasos.org Skype: primerospasos.org

US Embassy, Guatemala City

Avenida Reforma 7-01, Zona 10; Guatemala Ciudad, Guatemala

Telephone: +502 2326-4000; Fax: +502 2326-4674

Xela, housing

Homestays in Xela:

Work at Primeros Pasos is generally M-F, 8am-1pm, so past students generally have taken Spanish classes in the afternoons and through the Spanish school, they are set up with a host family. Prices include 3 meals a day and the Spanish schools screen the families and use the same ones for all of their students. Primeros Pasos has partnerships with 6 schools that they recommend to our students:

- <u>Celas Maya Spanish School</u>, https://www.celasmaya.edu.gt/
 Federico Velasquez Pacheco
 celasmaya@gmail.com; federicovpacheco@gmail.com
 +502 7765-8205, +502 3233-3632
- Spanish School Sexto Estado, http://www.sextoestado14.com/

Carly: sextoestado14@gmail.com

Eduardo: guayocrates16@hotmail.com

- Spanish School Sol Latino
- Spanish School Miguel Angel Asturias
- Spanish School Proyecto Linguistico Quetzalteco
- Spanish School Ulew Tinamit
- Association Pop-Wuj

Spanish schools charge about \$180-200 a week for Spanish lessons, room, and food.

If you want to work on your Spanish before you arrive, a Spanish teacher who works closely with the clinic offers Skype classes online and can address whatever doubts you have before you arrive. Her website is: www.proyectomundolatino.org. Prices for volunteers are \$10 per hour.

Hotels/hostels in Xela:

- http://www.hotelmodelo1892.com/
- http://hostalcasadonamercedes.com.gt/
- http://www.spanish.hostelworld.com/hosteldetails.php/The-Black-Cat/Quetzaltenango/20495

Guatemala City, housing

Hotels:

- Quetzalroo Backpacker's Hostel, <u>www.quetzalroo.com</u>, (502) 5746-0830, (502) 4581-1360
- Patricia's Bed & Breakfast, <u>www.patriciashotel.com</u>, (502) 5402 3256, (502) 2261 4251

Rooms for Rent (Tell them you're with Primeros Pasos):

- <u>The Yoga House</u> You get free unlimited Yoga classes!
- EntreMundos
- Casa Xelaju

Transportation

Buses (from Guatemala City to Xela):

- http://www.xelapages.com/trans.htm
- http://altiplanos.com.gt/
- http://www.adrenalinatours.com/tours/quetzaltenango.html
- http://www.monte-verdetours.com/hikes.htm

Tours & Hikes:

• This local tour company, staffed by Guatemalans from Xela, comes highly recommended for its amazing guided hikes and great history lessons during the tours: http://guateguides.com/

Additional information from Primeros Pasos: (click on each to navigate to its home online)

- Medical Spanish Resources
- Literature on Guatemala
- Children's Health Educator Welcome Packet.pdf
- Medical Professional Welcome Packet.pdf
- Fundraising Packet & Needs List