HEAD TOES KNEES SHOULDERS (HTKS)

Description of the Instrument:

• Children are asked to play a game in which they must do the opposite of what the experimenter says. The experimenter instructs children to touch their head (or their toes), but instead of following the command, the children are supposed to do the opposite and touch their toes. If children pass the head/toes part of the task, they complete an advanced trial where the knees and shoulders commands are added. The HTKS task has been conceptualized by Pontiz, et al., (2008) as a measure of inhibitory control (a child must inhibit the dominant response of imitating the examiner), working memory (a child must remember the rules of the task) and attention focusing (must focus attention to the directions being presented by the examiner).



Base Reference/Primary Citation:

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