**MENTAL HEALTH**

14 JANUARY 2019

Drug overdose hotline takes the backseat to suicide hotline

*Search engine research shows public is less affiliated with the drug overdose hotline compared to the suicide hotline*

The drug abuse hotline and other words referring to it were mentioned significantly less compared to drug names themselves and other national hotlines in a study of news media and search engines.

John Ayers from the Division of Infectious Diseases and Global Public Health at the University of California San Diego provided evidence from two celebrity health tragedies. His research showed that of the thousands of news stories, tweets, and searches that occurred after Demi Lovato’s heroin overdose only a very small fraction included any reference to the national drug abuse hotline 800-662-HELP.

In comparison, research done concerning Anthony Bourdain’s suicides shows that more searches included information concerning the National Suicide Lifeline.

Researchers believe increased mentioning of these resources could slow drug abuse.

SOURCE: John Ayers. Media Trends for the Substance Abuse and Mental Health Services Administration 800-662-HELP Addiction Treatment Referral Services After a Celebrity Overdose. Jama Network. January 14, 2019. Link: https://bit.ly/2AW8QYN

**ANIMAL BEHAVIOUR**

14 JANUARY 2019

Research on fin whale movements reveal that most don’t leave the Gulf of California

*Area-restricted searching aided scientists the whale movements for a year*

Research done reveals that fin whales don’t leave the Gulf of California, but rather seasonally migrate between the Loreto and La-Paz corridors and the Midriff Islands, locations within the Gulf of California.

A team of scientists including M. Esther Jiménez López, from the Department of Marine and Coastal Science at the Autonomous University of Baja California Sur conducted the research using satellite aided technology.

Research determined that during the warm season from December to February, the fin whales resided in the Midriff Islands where they can escape the high temperatures. In the cold season, the fin whales remain in the Loreto and La-Paz corridors as the currents bring an influx of prey for the whales.

This research can provide insight into the conservation of these animals to ensure their survival.

SOURCE: M. Esther Jiménez López. Fin whale movements in the Gulf of California, Mexico, from satellite telemetry. Plos One. January 10, 2019. Link: https://bit.ly/2R5e61J