New Course Design Ideas That I Will Incorporate			
Course Design	Rationale for Incorporation	F2F?	
Reflection activities	These activities foment analytical thought and deeper learning. What is more, I think this helps students to understand how they learn and how the pieces of the course fit together.	Yes	
Activities align with course objectives	The activities all work toward developing skills, learning concepts, and working toward the course's goals. Students perceive that the activities have value and are not "busy work."	Yes	
Support and feedback from instructors	Responses to emails and discussion board comments create a sense of instructor presence and community. This also helps with error correction and student motivation.	Yes	

New Teaching Best Practices That I Will Incorporate			
Best Practice	Rationale for Incorporation	F2F?	
Approximate times for the activities online	The online homework platform that we use for our face-to-face classes has this feature and the students really like it. I think extending this practice to other activities such as discussion boards and readings would be very helpful for students that need help to manage their time.	Yes	
Providing students with a weekly checklist for work that is due	Students would know what to expect and whether they have completed everything. Eliminates doubt about whether there are pending assignments or things that they might have overlooked	Yes	
A learning contract	By asking students to schedule course activities and acknowledge course responsibilities beforehand, expectations are managed and students have a structure from which to manage their time.	Yes	