

Neurodiversity Reading List

courtesy of the Vanderbilt Autism & Neurodiversity Alliance

Personal Memoirs

- Look Me in the Eye: My Life With Asperger's (John Elder Robison)
- Thinking in Pictures: My Life With Autism (Temple Grandin) or any of Grandin's other books
- High School Dropout to Harvard: My Life with Dyslexia (John D Rodrigues)
- Autism in Heels: The Untold Story of a Female Life on the Spectrum (Jennifer Cook O'Toole)
- Spaz: The True Story of My Life with ADHD (Leigh Macneil)
- Born on a Blue Day: Inside the Extraordinary Mind of an Autistic Savant (Daniel Tammet)
- Passing for Normal: A Memoir of Compulsion (Amy S. Wilensky)
- Odd Girl Out: An Autistic Woman in a Neurotypical World (Laura James)

Non-Fiction

- Neurotribes: The Legacy of Autism and the Future of Neurodiversity (Steve Silberman)
- The ADHD Advantage: What You Thought Was a Diagnosis May Be Your Greatest Strength (Dale Archer)
- In a Different Key: The Story of Autism (John Donvan and Caren Zucker)
- Rosemary: The Hidden Kennedy Daughter (Kate Clifford Larson)

Fiction

- The Rosie Project, The Rosie Effect & The Rosie Result (Graeme Simsion)
- Flowers for Algernon (Daniel Keyes)
- The Curious Incident of the Dog in the Night-time (Mark Haddon)
- Percy Jackson and the Olympians (Rick Riordan)
- Sherlock Holmes (Sir Arthur Conan Doyle)

Key

- autism
- ADHD
- dyslexia
- ID
- other