# **MRI**—compatible Fluid-Powered Medical Devices

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his article introduces recent developments and challenges related to magnetic resonance imaging (MRI)-compatible medical devices. Recent advances in fluid-powered medical devices are described, including a needle steering robot for neurosurgery and a haptic device for hemiplegia rehabilitation. Recent 3-dimensional printing technologies for fabricating integrated fluid-powered robots are also reported.

MRI is a diagnostic technology enabling high-quality imaging of organs and soft tissues by using a strong magnetic field and sensor array. The tight space within the closed-bore scanner limits clinician access to the patient as well as the available actions that could be performed under MRI guidance. The capabilities of MRI work in strong magnetic fields and do not distort or otherwise interfere with imaging. These design requirements impose the challenging limitation that only materials within a certain range of the magnetic susceptibility spectrum can be used. Traditional electromagnetic actuators fail and may cause artifacts, especially intense magnetic fields, therefore making fluid power useful. Development of MRI-compatible devices began during the 1990s, with the

can be extended beyond diagnostics by using teleoperated robots, which are able to provide high precision and enhanced dexterity. MRI-guided robotic surgery, where a surgeon performs an operation based on realtime MRI images, has the potential to play a key role in the expanding field of interventional radiology by enabling operational procedures that are more accurate and less invasive. Functional MRI (fMRI) is a newer technology that can provide brain activity images, and fMRI-



FIGURE 1 Pneumatic needle steering robot for epilepsy therapy  $_{1\!\!1}$ 

first robotic platform reported in 1995 by a team of researchers at the University of Tokyo and Tokyo Women's Medical College. Using six piezoelectric motors, the robot positioned a needle for stereotactic neurosurgery, but the motors substantially degraded the MRI image quality. In the vears that followed, designs for non-magnetic robots attempted to avoid this problem by locating the piezoelectric motors outside the imaging volume, but many of these devices still produced unacceptable levels of signal noise, as described in a 2007 review study,

Fluid power actuators are considered the best solution for MRI compatibility because they can completely eliminate electric

compatible robotic technologies enable research on a wide variety of rehabilitation research. For example, neuroplasticity after stroke, somatosensory and motor functions, and sympathetic nerve activity during motor task learning.

The use of robotic devices in MRI/fMRI requires developing actuators and mechanisms that are able to

and magnetic presences from the scanner room<sub>3</sub>. The creators of INNOMO-TION, an MR-compatible robotic system commercially available in Europe, used piezoelectric motors in an early version of the robot. However, reduction in image quality and the risk of inductive heating led the team to an improved design with pneumatic piston-cylinders, engineered for safety and controllability through high dynamic and low static friction characteristics<sub>4</sub>. In other research efforts, pneumatic piston-cylinders have been used in several MRI-

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guided needle placement robots designed for diagnosis and treatment of cancers of the prostate and breast<sub>5-6</sub>. Robots employing intrinsically fail-safe pneumatic stepper mechanisms have demonstrated successful image-guided interventions in pig abdomens and canine prostate<sub>7</sub>. Pneumatic actuators, particularly, have the compliance necessary for safety in devices interacting with humans. However, the use of fluiddriven systems, without compromising performance, is a challenging task due to the higher order dynamics those systems require and the time-delay problems associated with their tele-operation.

### FLUID-POWERED NEEDLE STEERING ROBOT FOR EPILEPSY THERAPY

One half to one percent of the population in North America and 50 million patients worldwide are affected by epilepsy with a 7 to 17 percent chance of sudden unexplained death if left untreated  $_{8-9}$ . In the majority of temporal lobe epilepsy cases, seizures are caused by the hippocampus, and 60 to 70 percent of patients who undergo surgical removal of the hippocampus become seizure free for at least two years  $_{10}$ .

Mechanical engineers at Vanderbilt University have created the first fully pneumatic robot to be designed for neurosurgical interventions as shown in **Figure 1**<sub>11</sub>. The idea is that this robot could be used to position a needle at the hippocampus to deliver thermal energy (e.g. via a laser, acoustic ablator or other ablation technology) that would achieve the same goal as surgical removal of the hippocampus. We do note that thermal ablation in the brain is an experimental procedure, meaning that much testing will



FIGURE 2 Pneumatic haptic device for hemiplegia rehabilitation<sub>18</sub>

be required to verify that heat can accomplish the same goal as surgery. However, the potential benefit to patients of replacing open brain surgery with a needle insertion in terms of trauma and complication risk is vast if we are ultimately successful.

Actuated by five non-magnetic pneumatic piston-cylinders, the steerable needle robot rests on the MRI scanner bed just above the patient's head. Long lines of tubing tether the cylinders to remotely located pressure sensors and valves, which position the pistons to sub-millimeter precision using a robust, nonlinear controller.

A five degree-of-freedom needle has been designed to target the hippocampus, an anatomical structure about 1 cm across and 4 cm long, located deep within the temporal lobe. The needle comprises a stiff outer tube and two tubes of a super-elastic memory metal called nitinol. Telescoping and rotating the tubes with respect to each other, the pneumatic robot steers the needle along a desired path in the patient's brain. Before the procedure, the front end of one nitinol tube is set to a curved shape, and during the procedure the tube returns to this shape as it telescopes beyond the outer stiff, straight tube. At its tip the needle carries an MRI-compatible thermal ablator. The MRI scanner provides real-time feedback of the needle location as well as real-time thermal dose monitoring using MR thermometry.

## FLUID-POWERED HAPTIC INTERFACE FOR HEMIPLEGIA REHABILITATION

Hemiplegia, a paralysis of one side of the body, is widely observed in the 700,000 people who survive strokes in the U.S. every year, and it often restricts their ability to perform normal daily activities 12. Recent studies indicate rehabilitation exercise

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FIGURE 3 Non-assembly pneumatic robotic system 20.

could shape subsequent reorganization in the adjacent intact cortex<sub>13</sub>. Robotic systems can be well-suited for rehabilitation, improving the efficiency of the health-care system as well as providing researchers with valuable data about the brain's involvement in physical tasks<sub>14</sub>. Research indicates that fMRI can be an effective tool for evaluating functional recovery, providing direct evidence of the efficacy of rehabilitation<sub>15</sub>. Thus, fMRI compatible robotic systems have been introduced where the strong magnetic field prevents a therapist from performing the exercise<sub>13,16</sub>.

Given the magnetic operating environment in the MRI room and the tight space inside the scanner-bore; compact, non-magnetic, low-noise, accurate robotic (i.e. force feedback) interfaces are required <sub>17-18</sub>. Fluid driven systems are often preferred since they satisfy the challenging compatibility requirements. Gassert et al. developed a tele-operated robotic system that interacts with the patient inside the MRI room<sub>19</sub>. A hydraulic connection was utilized to transmit force and motion produced by magnetic components that operate outside the magnetic shield of the MRI room.

Engineers at Georgia Institute of Technology have developed a fiber-optic force sensor and encoder made from polyoxymethylene and acrylonitrile butadiene styrene (ABS) for a pneumatic haptic interface<sub>18</sub>. The team invented a new design method based on the distribution of strain energy. The newly designed force amplification mechanism

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manufacturing (including zero G), alternative energy and NPD.

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## EMERGING ADDITIVE MANUFACTURING TECHNOLOGIES FOR FUTURE MEDICAL DEVICES

The emerging technology of Additive Manufacturing (AM) may prove to be a disruptive technology when applied to the aforementioned robotic devices. With the limited space in an MRI machine any device is required to be significantly tethered or inherently compact. To achieve necessary compactness, the aforementioned robotic devices could potentially be manufactured as integrated devices rather than a collection of discrete components. Additive manufacturing allows for the integration of discrete components (e.g., with fluid power systems actuators, sensors, joints, fluidic channels and structural members) to be manufactured simultaneously and optimized for compactness in a fully functional surgical robot<sub>20</sub>.

AM is believed to be the next "leap-forward" technology in MRI-Compatible robots by leveraging methods of fabricating components in a layer-wise manner. This layer-wise method of fabrication allows complex geometries to be achieved as opposed to conventional manufacturing, that is subtractive in nature<sub>21</sub>. AM allows for the fabrication of "non-assembly"

mechanisms where components that are typically assembled after fabrication, e.g. a hub and a shaft, are fabricated simultaneously such that they are embedded into one-another, and fully functional once fabrication is complete. Non-assembly mechanisms are best enabled with the use of polymer based powder bed fusion processes, e.g. Selective Laser Sintering (SLS), which also allows for the inclusion of embedded fluid powered bellows. The addition of embedded actuation classifies non-assembly mechanisms as non-assembly robotic systems. Figure 3 illustrates an example of the achievable complexity in non-assembly robotic systems, where each Gough-Stewart platform in the two-level system was manufactured simultaneously as a single entity. This work highlights the potential of additive technologies to manufacture compliant, customized, compact, integrated fluid power systems 20.

The use of additive manufacturing conjoined with modern digital imaging techniques allow for the customization of components, a trait that is generally needed in medical implants and devices 21. Furthermore, the materials that are available in additive processes allow for direct end-use production of customized components and devices. In addition, the polymer-based materials have an inherently low permeability, allowing for use in a MRI environment while not causing imaging interference. Presently, SLS, Stereolithography, and extrusion processes illustrate and suggest that they offer the greatest promise in MRI compatible end-use components 23. Future work is aimed at using AM to develop inherently safe, compact, MRI compatible medical devices.

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LEFT TO RIGHT: Robert Webster, David Comber, and Eric Barth

free-piston internal combustion and free-piston Stirling engines, power supply and actuation for autonomous robots, and applied non-linear control.

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