

Vanderbilt University Outdoor Recreation Program



Five main components:

- **Adventure Trips**
- **Equipment Rentals**
- Climbing Wall
- Kayak Roll Workshops
- Resource Library





Adventure Trips

- Many are day trips
- A few overnight and weekend
- Big Break trips, including summer trips
- Open to VU students, faculty, & Staff
- (no children on any trip unless 18 years old.)
- Trip Coordinators volunteer
- Trips are designed to “break even”

















PENOBSCOT 164
CNFW-906

PENOBSCOT 164
CNFW-905

PENOBSCOT 164









WATERBOLT
(615) 343-7898

WATERBOLT FAMILY



























VAN DER BEEK & CO.
(625) 343-6627

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VAN DER BEEK & CO.

Big Break Trips

- Generally go OUT WEST
- Generally to National Parks
- Usually 9 or 10 days long
- We usually fly, then drive
- A mix of staff, undergraduates, grad. students, and alumni on these trips.
- Summer Expeditions . . .

































Kayak Workshops

in the pool

at the

**Vanderbilt Recreation and
Wellness Center**





Dagger

perception

KPDLD-7196

Dagger



Climbing Wall

just inside and to the right
of the main hallway of Vanderbilt
Recreation & Wellness Center















Equipment Rentals

- Available to anyone at Vanderbilt: students, faculty, staff, medical staff, VRWC members
- Reasonable prices
- Convenient location, drive up to load boats
- Quality equipment
- Helpful staff





Canoes are a good deal if you are going to a lake or are using more than one day.

Touring Kayaks are FUN!





Whitewater
Kayaks are
much
shorter!







Matchlight

WARNING: This stove is designed for outdoor use only. Do not use indoors, in a tent, or in an enclosed space. Use only on a flat, stable surface. Do not use on a wooden deck, porch, or other combustible surface. Do not use near flammable liquids, gases, or vapors. Do not use near children or pets. Do not use if you smell gas. Do not use if the stove is damaged. Do not use if the stove is not properly assembled. Do not use if the stove is not properly maintained. Do not use if the stove is not properly stored. Do not use if the stove is not properly transported. Do not use if the stove is not properly cleaned. Do not use if the stove is not properly inspected. Do not use if the stove is not properly repaired. Do not use if the stove is not properly replaced. Do not use if the stove is not properly disposed of. Do not use if the stove is not properly recycled. Do not use if the stove is not properly disposed of. Do not use if the stove is not properly recycled.

DANGER



CARBON MONOXIDE HAZARD

This appliance can produce carbon monoxide, which has no odor. Using it in an enclosed space can kill you. Never use this appliance in an enclosed space such as a camper, tent, car or home.



Coleman

EST. 1901

MADE IN CHINA

ITEM # 28100



Coleman PROPANE STOVE

ORC Resource Center

- **Books**
- **Maps**
- **Outdoor Magazines**

- Free to use in the ORC for planning.
- \$0.75 per item per week to rent out.



Great Smoky Mountains Trail Map



Big South Fork

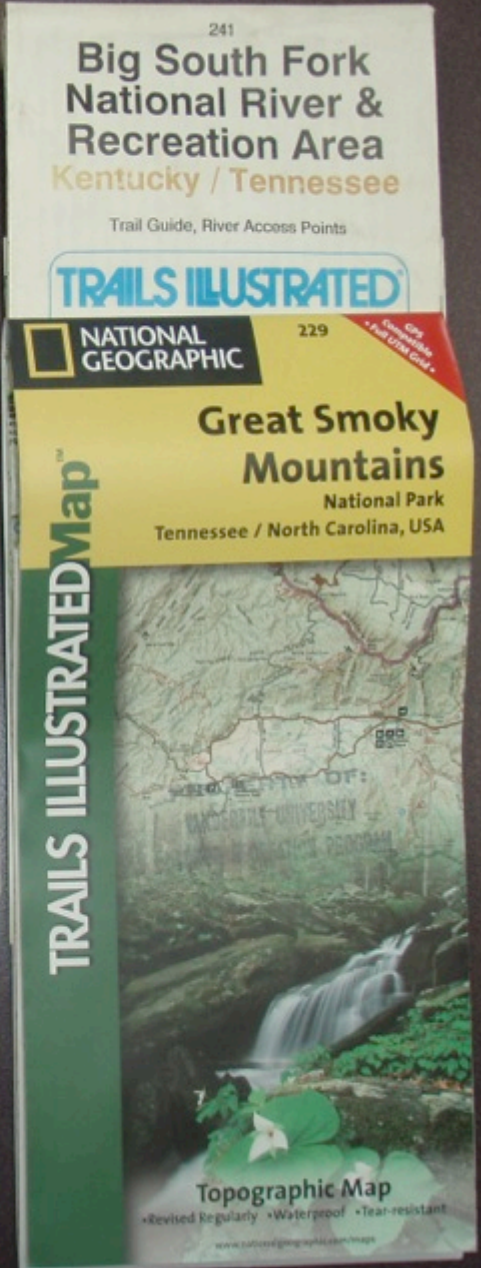
Official Map and Guide



SOUTH CUMBERLAND RECREATION AREA



Savage Gulf and Stone Door Trails Map



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Big South Fork National River & Recreation Area

Kentucky / Tennessee

Trail Guide, River Access Points

TRAILS ILLUSTRATED

NATIONAL GEOGRAPHIC

229

Get Complete Trail User Guide

Great Smoky Mountains National Park

Tennessee / North Carolina, USA

TRAILS ILLUSTRATED Map™



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Tennessee Rivers



A Paddler's Guidebook



Bob Lantz

CN 73

100 HIKES in

THE GREAT SMOKY MOUNTAINS NATIONAL PARK



HK 114

THE BEST IN TENT CAMPING

Tennessee & Kentucky

By James Lee and Peter King with Bill Langan, Brian and Ted Pentacle, Stephen Johnson, and Jerry Molloy

MIDDLE TENNESSEE on foot

Hikes in the Woods & Walks on Country Roads

ROBERT BRANDT

HK 30

Camping Tennessee

Harold R. Stinnette



76 HK 176

60 Hikes within 60 MILES

nashville



HK 159 Jerry Molloy

COMPLETE SEA KAYAK TOURING



Your complete guide to
fun in the great outdoors

Camping FOR DUMMIES



Michael Hodgson

alpha
books

THE COMPLETE IDIOT'S GUIDE TO

"Have fun reading
this excellent book;
then strap on your
helmet and climb on
your bike."

—Tinker Juarez
VulvarCannondale
Racing Team

Cycling

- ◆ Quick and easy guidance for selecting the bicycle that's right for you
- ◆ Idiot-proof steps for learning how to maintain and care for your bike



alpha
books

THE COMPLETE IDIOT'S GUIDE TO

"I suspect that this
book will soon
become the
standard text for
climbing courses
and guided trips."

—Nancy Prichard,
Ph.D., 1997
participant in
ESPN's Winter
X Games

Rock Climbing

- ◆ Quick and easy ways to experience the thrills of climbing











