

# ZHE ZHANG

Department of Sociology, Vanderbilt University

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## EDUCATION

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- Vanderbilt University** 2021-Present  
Ph.D. in Sociology
- Vanderbilt University** 2023  
M.A. in Sociology  
*Thesis:* “Table for One: Does Being Single and Living Alone Protect or Hurt Health?”  
*Committee:* Lijun Song (Chair), Rachel Donnelly, C. André Christie-Mizell
- Sichuan University** 2020  
M.A. in Social Security
- Sichuan University** 2017  
B.A. in Labor and Social Security

## RESEARCH INTERESTS

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Health and Health Disparities; Policy; Singlehood; Family; Social Networks; Aging and the Life Course

## PUBLICATIONS

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### *Peer-Reviewed Journal Articles*

Donnelly, Rachel, Whitney Frierson, **Zhe Zhang**, and Courtney Boen. Forthcoming. “State-Level Paid Sick Leave Policies and Population Mental Health during the COVID-19 Pandemic in the United States.” *Society and Mental Health*.

Farina, Mateo P., **Zhe Zhang**, and Rachel Donnelly. 2023. “Anticipatory Stress, State Policy Contexts, and Mental Health during the COVID-19 Pandemic.” *SSM - Population Health* 23:101415. 

### *Book Chapters*

Song, Lijun, and **Zhe Zhang**. Forthcoming. “Accessed Status and Mental Well-Being: Competing Theories.” *The Sociological Study of Mental Health: Theories, Contexts, and Systems* (4th edition), edited by Teresa L. Scheid and Eric Wright. Cambridge: Cambridge University Press.

Song, Lijun, and **Zhe Zhang**. 2023. “Social Support.” Pp. 322-35 in *The SAGE Handbook of Social Network Analysis*, edited by John McLevey, Peter J. Carrington, and John Scott. London: SAGE.

## MANUSCRIPTS UNDER REVIEW

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Song, Lijun, **Zhe Zhang**, Philip J. Pettis, and Meagan R. Rainock. “Do Social Networks Protect or Hurt? External and Internal Life Quality Inequalities.”

## MANUSCRIPTS IN PROGRESS

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### *Journal Articles*

**Zhang, Zhe**, and Lijun Song. “Table for One: Does Being Single and Living Alone Protect or Hurt Health?”

Song, Lijun, **Zhe Zhang**, Yvonne Chen, and Philip J. Pettis. “Public Knowledge and Attitudes about Genetic Testing: Social Networks Work.”

Song, Lijun, Congning Ni, **Zhe Zhang**, Yiwei Wang, and Zhijun Yin. "Online Social Support Seeking and Provision among the Isolated and Lonely During the COVID-19 Pandemic."

Christie-Mizell, C. André, Meagan R. Rainock, Jordan Jurinsky, and **Zhe Zhang**. "Race-Gender Variation in the Relationship between Peer Delinquency and Poor Health from Adolescence to Adulthood."

Jurinsky, Jordan, C. André Christie-Mizell, Meagan R. Rainock, and **Zhe Zhang**. "Neighborhood disadvantage, arrest history, and poor health: The role of race, gender, and age from adolescence to adulthood."

Zheng, Li, Xiaohe Xu, and **Zhe Zhang**. "Perceived Financial Strain and Depressive Symptoms during the COVID-19 Pandemic in Urban China: A Stress Offsetting and Buffering Approach."

## CONFERENCE PRESENTATIONS

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"Solo Living, Financial Stressor, and Mental Health During the COVID-19 Pandemic" To be presented at the annual conference of the American Sociological Association (with Lijun Song), Montreal, Canada. August 2024.

"Table for One: Does Being Single and Living Alone Protect or Hurt?" Presented at the International Association for Relationship Research International Conference (with Lijun Song), Boston, MA. July 2024.

"Table for One: Does Being Single and Living Alone Protect or Hurt?" Presented at the annual meeting of the Population Association of America (with Lijun Song), Columbus, OH. April 2024.

"Table for One: Does Being Single and Living Alone Protect or Hurt Health?" Presented at the annual conference of the American Sociological Association (with Lijun Song), Philadelphia, PA. August 2023.

"Perceived Financial Strain and Depressive Symptoms during the COVID-19 Pandemic in Urban China: A Stress Offsetting and Buffering Approach." Presented at the annual conference of the International Chinese Sociological Association (with Li Zheng & Xiaohe Xu), Philadelphia, PA. August 2023.

"Table for One: Does Being Single and Living Alone Protect or Hurt?" Presented at the Southern Sociological Society Annual Meeting (with Lijun Song), Myrtle Beach, SC. March 2023.

## PROFESSIONAL SERVICE

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Associate Editor, *Work and Occupations* 2024-Present

Session Chair, Population Association of America, "Social Networks, Social Support, and Health" 2024

Student Section Co-Editor, ASA Medical Sociology Newsletter 2022-2023

## TEACHING EXPERIENCES

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*Graduate Teaching Assistant*  
Statistics for Social Sciences, Dr. Mariano Sana, VU 2021  
*Guest Lab Tutorial: Introduction to Statistics with SPSS*

Population and Society, Dr. Mariano Sana, VU 2021

## AWARDS AND HONORS

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First Place Winner, Department of Sociology Graduate Paper Award, VU 2024

Harold Stirling Vanderbilt Funds, VU 2024-2026

College of Arts & Science Fellowship, VU 2021-2026

University Graduate Fellowship (Russell G. Hamilton Scholar), VU	2021-2024
IARR Student Funding Award , International Association for Relationship Research	2024
Outstanding Graduate Student, Sichuan University	2018-2019
Outstanding Undergraduate Student, Sichuan University	2016

## **PROFESSIONAL MEMBERSHIPS**

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American Sociological Association

*Sections: Aging and the Life Course; Asia and Asian America; Family; Medical Sociology; Sociology of Mental Health*

International Association for Relationship Research

International Chinese Sociological Association

Population Association of America

Southern Sociological Society