Re-centering fundamental imperatives Over the course of the pandemic, I was reminded

of a few important lessons learned during deeper reflection on the cumulative and warranted anxiety that have constructed our realities in the past two years. Specifically, the pandemic redirected our attention to a few fundamental imperatives to recenter (though this list is not comprehensive): • Time – time to reflect; time to follow and/or re-awaken our passion; time to forge relationships; and time to simply "be" without judgment



- Relationships building relationships to strategically collaborate, connect and strengthen community continues to be critical, particularly to minimize
- vulnerabilities of individualism, isolation and even death Evolving and changing norms – technology has shaped new norms in the workplace, contributing to hybrid and remote work as options to consider
- (especially since technology is here to stay) • Equity and voice – being intentional in engaging equity, diversity and inclusion to mitigate harm; and leveraging our voices to challenge disparities and systemic racism, including inequalities such as
- inequitable access to health care • Health and wellness – this includes our physical and mental health as well as the practice of self-care Despite how important my work is to me and how deeply committed I know we
- all are to supporting the mission and values of Vanderbilt, it is essential to carve out some time to truly recharge. Self-care is not just important, it is critical to our resilience and showing up to do the work we do. This is especially important

given all the challenges we have faced in the past two years, when the state of

the world and our democracy can oftentimes feel tenuous and fraught with

tension. Whatever your self-care practices of choice, I hope you'll find ways this summer to unplug, recharge and reset for the coming year. Take time to breathe and celebrate all we have accomplished together over the past year before moving into the next. Connect with loved ones, connect with nature, connect with self. Ours is important work, and we need each of you in this effort.

Belinda 'Otukolo Saltiban Associate Vice Chancellor for Equity, Diversity and Inclusion PRIDE AT



Be well,

LGBTQIA+ Employee Affinity Group, as well as events across Nashville. Read More +

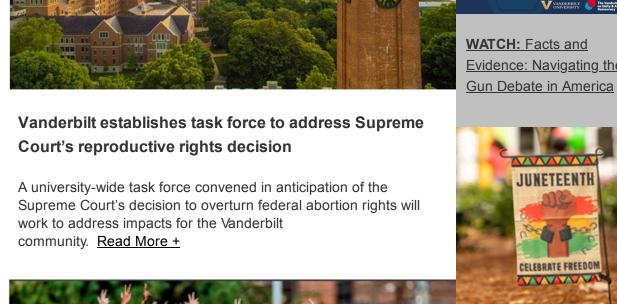
JUNETEENTH



sought to inform the community about the history and meaning of the important date. Read More +

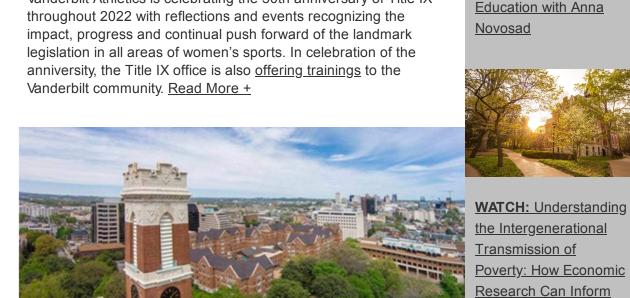
Juneteenth. The School of Medicine Basic Sciences also hosted its

inaugural "Juneteenth: A Freedom Celebration" event, which



Vanderbilt Athletics is celebrating the 50th anniversary of Title IX

Vanderbilt celebrates 50 years of Title IX

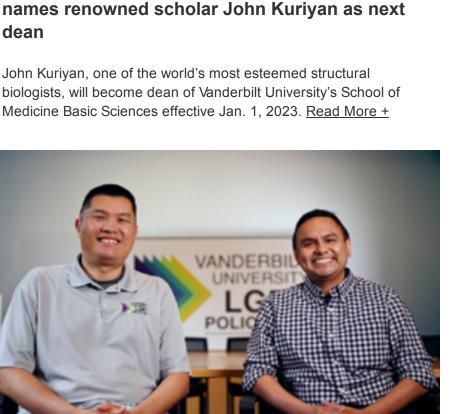


anniversary of Pell Grant program

student aid program that has expanded higher education opportunities for millions of low-income Americans. To celebrate the historic milestone, Vanderbilt has joined with others in the higher ed community to highlight Pell's value and impact and underscore the need for Congress to reinvest in the program. Read More +

Vanderbilt joins higher ed community to celebrate 50th

June 23 marked the 50th anniversary of the Pell Grant, a federal



Vanderbilt School of Medicine Basic Sciences

LGBTQ+ community positively in multiple ways. Read More +

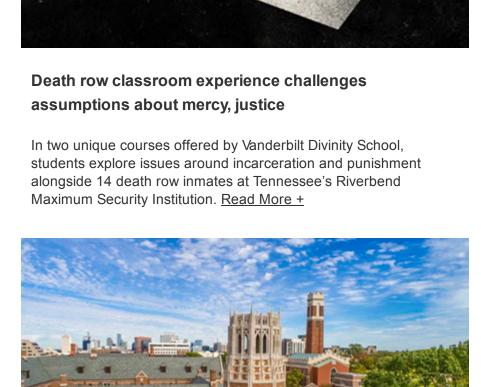
LGBTQ+ Policy Lab founders conduct first research on

Leaders of Vanderbilt's LGBTQ+ Policy Lab have provided the first

marriage. Their efforts revealed that marriage access impacted the

health effects of legal same-sex marriage

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Tuition benefit applications for fall 2022 now open The EdAssist portal is now available for submitting your fall 2022

tuition benefit applications, including dependent tuition applications. You can find the EdAssist login, step-by-step tutorials and other resources on the tuition pages of the HR website. Read More +



will publish scholarship focusing on social justice, civil rights and public interest lawyering by leading researchers, practitioners,

policymakers and law students. Read More +

Upcoming Events 6/30: Reconcilable Differences, A Conversation about Religion and Science

Get Connected:

<u>Peabody</u> <u>Unity Project launches</u> summer "Unity Talks" conversation series

7/1: Jumpstart Conference

through Initiative for Race

Research and Justice at

returns to Medical Center Plaza on Thursdays ISSS recruiting hosts for EAT program

HR Employee Learning & Engagement experiences

Vanderbilt Farmers' Market

Wednesdays: For faculty and staff — Mindful Stretch <u>Break</u>

For employees and staff —

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counseling services

for 2022

Continuing the Conversation

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JUNE 7, 2022 | NOON

VANDERBILT The Vandarbilt Project on Unity & American Democracy Evidence: Navigating the

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Haslam call for criminal

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