

**SustainVU**  
*Growing Responsibly*

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VANDERBILT  UNIVERSITY

### **Christmas Tree Recycling – Through February 11**

Nashvillians can drop-off Christmas Trees for recycling through Friday, February 11 at several Metro Park locations. All trees must be free of lights, ornaments, icicles, all tinsel and garland. No flocked trees will be accepted. [Read more...](#)

### **Engage Green: Healthy Home Décor – January 18**

Join Lightning 100's Green Team at this month's Engage Green at 6:30 pm at The Green Wagon on Tuesday, January 18 to learn how your home decor can impact your personal health. Wings of Eagles Healthy Living and certified indoor environmentalist Vicki Warren will provide an analysis of your room decor and how it may impact your sleep. This event is free and open to

Happy New Year from SustainVU! We hope that you had an enjoyable and sustainable holiday season! Don't forget to stay warm while conserving energy by adjusting your thermostat to 68-70 degrees F for maximum efficiency, dressing for the season and in layers, and opening window shades to take advantage of natural light and heating from the sun. We'd like to share with you several green events and sustainability opportunities coming up this month – more information can always be found on both the [SustainVU website](#) and [Facebook page](#). Best wishes to you for an eco-friendly 2011!

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### **The Cumberland Project**

Instructors who are teaching a course during the 2011-2012 academic year with sustainability as a component or theme might want to participate in the Cumberland Project, a two-day workshop hosted by Vanderbilt's Program in American Studies and the Vanderbilt Center for Teaching. The workshop will be

the public! [Read more...](#)

## Boasting About Composting – January 22

Study the elements of a perfect compost pile at Warner Park Nature Center on Saturday, January 22 at 10 am. Afterwards, help the Nature Center start a pile for this spring! Register by calling (615) 352-6299 or emailing the nature center at [wpnc@nashville.gov](mailto:wpnc@nashville.gov).

## Swing Dance @ the Nashville Farmers' Market – January 23

Join the Dean Martini's on Sunday, January 23 from 1-4 pm for this month's Swing Dance at the Nashville Farmers' Market in the marketplace building. Bring your dancing shoes to cut a rug and your recycled or canvas bag to do some shopping for local goods and great produce! The event is free and open to the public. [Read more...](#)

## The Economic Value of Retrofit: Learn Best Practices and Share your Story – January 26

Don't miss the third Urban Land Institute (ULI) Nashville Member Roundtable Luncheon on Wednesday, January 26 from 11:30 am to 12:30 pm. Mark Deutschman, owner of Village Real Estate Services, and Chris Bowles, Director of the Mayor's Office of Environment and Sustainability, will lead a discussion on retrofitting existing buildings to improve energy usage and put money

held May 9-10 and will assist faculty in designing courses around issues of sustainability, no matter the core subject. The workshop will be part of a larger effort to launch a teaching and learning community focused on sustainability across campus. The application deadline is January 15. [Read the full call for proposals for additional information.](#)

## Recycling now available at basketball games



The Sustainability and Environmental Management Office (SEMO) and Vanderbilt Athletics have teamed up to offer recycling for empty plastic bottles

and commemorative plastic cups at every Vanderbilt men's and women's home basketball game during the 2010-2011 season. Large green bins for collection of these items are located next to the trash cans on every level of the concourse in Memorial Gym. [Read the full article published by Vanderbilt News Service.](#)

## Buttrick lighting upgrade saves 34 metric tons of GHG emissions

A recent upgrade to the lighting in Buttrick Hall, a classroom building on Vanderbilt University's campus, saves both money and the environment.



Plant Operations replaced 150 50-watt MR-16 halogen light bulbs with 6-watt light-emitting diode (LED) bulbs. The new LED lights will save 57,000 kilowatt hours per year and avoid producing approximately 34 metric tons of greenhouse gas emissions per year. In addition to the replacements at Buttrick Hall, Plant Operations has just completed a lighting retrofit of the perimeter of the Stevenson Center Math Building, replacing around 70 incandescent bulbs with LED bulbs. They are in the process of doing the same to the perimeter lighting in the Stevenson Science and Engineering Library courtyard and upgrading the pole lights on campus to LED bulbs. The College of Arts and Science is supporting and funding the changeovers. [Read the full article published by Vanderbilt News Service.](#)

## Music City Star ridership breaks record

in your pocket. [Read More...](#)

## 2011 Keep TN Beautiful and TN Recycling Coalition Conferences – January 31-February 4

The 2011 Keep TN Beautiful Conference and Awards of Excellence will take place Monday to Wednesday, January 31-February 2 and the 22nd Annual TN Recycling Coalition Conference will take place Wednesday to Friday, February 2-4 at The Marriott Franklin Cool Springs in Franklin, TN. The deadline for registration is January 21. [Read more...](#)



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With rising gas prices, the train may get a little more crowded. Ridership on the Music City Star regional rail reached a record-breaking 1,060 passenger trips on Tuesday, January 3, 2011. In November 2010, passenger trips were up 13.6 percent compared to November 2009.

Vanderbilt University provides up to a 60% discount for employees who wish to ride the [Music City Star](#). Rail stops include Lebanon, Martha, Mount Juliet, Hermitage, and Donelson. A free shuttle bus service between the Nashville Riverfront Music City Star Terminal and Vanderbilt's campus coincides with train arrivals and departures. Tickets may be purchased at Wesley Place and East garages, Vanderbilt Valet locations in Medical Center North, the Children's Hospital, and One Hundred Oaks, or [online from the Office of Traffic and Parking](#).



For more information on any of these stories, events and more, visit the SustainVU website at [www.vanderbilt.edu/sustainvu](http://www.vanderbilt.edu/sustainvu) or contact the Sustainability and Environmental Management Office at [sustainvu@vanderbilt.edu](mailto:sustainvu@vanderbilt.edu) or (615) 322-2057.

