

**January 19-23, 2026**  
**Menu**

**Monday**

Bagels, Cream Cheese, Milk

Sweet & Sour Chicken, Stir-fried Snow Peas & Carrots,  
Quinoa, Pears, Milk

Vegetable Dumplings, Water

**Tuesday**

Nutri grain Bar, Bananas, Milk

Butter Chicken, Baingan Bharta, Naan, Pineapple, Milk

Vegetable Spring Rolls, Water

**Wednesday**

Fruit Smoothie, Granola

Chicken Parmesan, Mixed Green Salad w/Italian Dressing,  
Breadstick, Strawberries, Milk

Chex Mix, Apples, Water

**Thursday**

Blueberry Muffins, Milk

Beef Moissaka, Greek Salad, Pita Bread, Oranges, Milk

Spinach & Peach Smoothie, Water

**Friday**

Croissants, Honey, Milk

Cerdo a la Espanola (Spanish Pork), Espinacas a la Catalana  
(Catalan Spinach), Kiwi, Milk

Empanadas, Water

\* Morning and Afternoon snacks are served according to the individual classroom schedules.  
Lunch is served at approximately 11:30.