

September 30 – October 4, 2024
Menu

Monday

Bagels, Cream Cheese, Milk

Teriyaki Chicken, Stir-fried Mixed Vegetables,
Steamed Jasmine Rice, Milk

Sliced Cucumbers w/ Sesame Ginger Sauce, Water

Tuesday

Nutrigrain Bar, Bananas, Milk

Ravioli w/ Red & White Sauce, Peas & Carrots,
Pears, Milk

Vegetable Samosas, Water

Wednesday

Fruit Smoothie, Granola

Broccoli & Red Pepper Flatbread, Green Beans,
Kiwi, Milk

Chex Mix, Apples, Water

Thursday

Blueberry Muffins, Milk

Lemon Herbed Chicken, Mediterranean Vegetables
& Cous Cous, Mandarin Oranges, Milk

Vochni Smoothie, Water

Friday

Croissants, Honey, Milk

Pollo a la Plancha (Grilled Chicken), Arroz Blanco (White Rice),
Frijoles Verdes Salteadas (Sauteed Green Beans), Milk

Empanadas, Water

* Morning and Afternoon snacks are served according to the individual classroom schedules.
Lunch is served at approximately 11:30.