



VANDERBILT UNIVERSITY
Alumni Association

Featuring Frank Wcislo
Professor of History and Russian Studies, Emeritus

Scandinavia and the Baltic Sea



EXCLUSIVE GUEST SPEAKER
Laura Liswood

Cultural Kaleidoscope

Discover the lands and legacies forged by centuries of Baltic history on a 9-night cruise to visit seven countries on this extraordinary journey. Explore the cultural rebirth of Scandinavia and the Baltic states on this one-of-a-kind itinerary with excursions to Gothenburg, Sweden; Copenhagen, Denmark; Gdansk, Poland; Klaipeda, Lithuania; Riga, Latvia; Helsinki, Finland and Tallinn, Estonia. As you cruise along the Baltic Sea, stop and meander through historic Gothenburg, and marvel at Copenhagen's iconic sites on a canal cruise. Pause at the entrance to the historic Gdansk Shipyard, where the Solidarity Movement — the first independent trade union in the Soviet Bloc — began in 1980. See the magnificent Neptune's Fountain in Gdansk and the iconoclastic sculptures of Klaipeda. Tour Riga, brimming with 18th- and 19th-century Art Nouveau/Jugendstil architecture, and experience its solemn Jewish history. Discover Helsinki's Sibelius Park, an artistic homage to Finland's most famous composer, and explore Tallinn's UNESCO World Heritage-designated Old Town. Enhance your journey with the Norway Pre-Tour and Stockholm Post-Tour options. Learn about and embrace Scandinavian and Baltic culture on this fascinating program!





Riga, Latvia



VANDERBILT UNIVERSITY Alumni Association

Dear Vanderbilt Alumni and Friends:

Join us for the rare opportunity to explore the extraordinary countries of Scandinavia and the Baltic Sea on a voyage scheduled during the best time of year. Experience seven countries over 11 days and 10 nights on this unique travel program, as you cruise aboard the exclusively chartered, deluxe **World Traveller**, featuring only 100 ocean-view suites and staterooms.

In the tradition of ancient Viking mariners and medieval merchants, set forth from Oslo, Norway to Gothenburg, Sweden to stroll the 17th-century Haga district. Experience Denmark's sophisticated capital city of Copenhagen. Immerse yourself in the legacy of the Solidarity movement in Gdansk, Poland. In Latvia's capital of Riga, see architectural wonders and learn about the city's moving Jewish history. Admire neo-classical architecture in Helsinki, Finland, and tour the medieval Old Town of Tallinn, Estonia.

Our culturally immersive itinerary includes expert guided excursions in each port to ensure you make the most of your visit. Reserve your spot now while early booking savings and space are still available!

Sincerely,

Cary DeWitt Allyn
Director, Vanderbilt Travel

Faculty Host



Frank Wcislo is Professor of History and Russian Studies, Emeritus. He taught Russian, European, and Eurasian history to several generations of Vandy students and served as the founding dean of Vanderbilt's first-year residential college, The Martha Rivers Ingram Commons [2006-2015]. An award-winning teacher and mentor of undergraduates, he also has worked in lifelong learning courses with seniors, well before becoming one himself, and has led VU Alumni travel to Eastern Europe, Soviet and post-Soviet Russia, as well as cruises on the Adriatic, Black, and Baltic Seas. The VU Alumni Association honored him with its Alumni Education Award in 1998.

The Vanderbilt Travel Program strives to engage Vanderbilt alumni, parents and friends of all ages, keeping them connected with each other and the mission of Vanderbilt. Each carefully designed program offers unparalleled educational opportunities, for an exclusive "beyond the classroom" experience.

**To secure your spot, call or contact the Vanderbilt Travel Office at
615-322-3673 or alumni.travel@vanderbilt.edu**



GUEST SPEAKER

Laura Liswood

Laura Liswood co-founded the Council of Women World Leaders with President Vigdís Finnbogadóttir of Iceland and President Mary Robinson of Ireland, and serves as its Secretary General. The Council is composed of female presidents, prime ministers and heads of government; membership now stands at 90 women, many from the Baltic and Scandinavian regions.

An international, award-winning speaker, she is the only person to have traveled around the world to meet with all the female heads of state and heads of government. Her interviews are chronicled in her book and video documentary, “Women World Leaders: Great Politicians Tell Their Stories.”

From 2002 to 2015, Liswood held the position of Senior Advisor at Goldman Sachs, where she was previously Managing Director, Global Leadership and Diversity. After the events of September 11, 2001, in the United States, she became a reserve police officer in Washington, D.C.

Liswood holds an M.B.A. from Harvard Business School and B.A. and J.D. degrees. She is admitted to practice law in California and Massachusetts.

An adventurous traveler, Liswood has bicycled across Siberia and the Silk Road. She is the author of four books: “The Elephant and the Mouse: Moving Beyond the Illusion of Inclusion,” “The Loudest Duck: Moving Beyond Diversity,” “Women World Leaders,” and “Serving Them Right.”

The Road Less Traveled



Gdansk, Poland

In his oft-quoted poem, "The Road Not Taken," Robert Frost awakened the idea and determination in many to choose the road less traveled; to overcome fear and avoid regrets. It sparked the quest for adventure in those wishing to experience more from life. Intrepid world travelers manifest this idea by seeking out destinations less traveled, such as Scandinavia and the Baltic Sea, in Northern Europe. Here, travelers have the rare opportunity to visit seven countries and experience a kaleidoscope of cultures in a short period of time, while cruising by ship from port to port. Ancient architecture, centuries-old history, storied landmarks, fascinating cities, and breathtaking, romantic scenery provide the perfect backdrop and opportunity to take the road less traveled, which will surely make all the difference.

Old Town, Tallinn, Estonia



INCLUDED FEATURES

- ◆ Transfers and luggage handling abroad if you purchased air through Gohagan & Company and your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- ◆ Experienced, English-speaking local guides for included excursions.
- ◆ Gratuities to local guides and drivers on included excursions and transfers.
- ◆ Complimentary bottled water in your suite or stateroom and on excursions.
- ◆ Experienced Gohagan & Company Travel Directors at your service.
- ◆ Complimentary use of an audio headset during guided excursions.
- ◆ Automatic \$250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
- ◆ Hospitality desk aboard the ship.
- ◆ Meals included as noted in the itinerary (B,L,R,D).



GOHAGAN & COMPANY



2025 | 11-DAY/10-NIGHT ITINERARY

Depart Home City

Day 1 | July 20

Depart your home city.

Oslo, Norway

Day 2 | July 21

Arrive at Oslo Gardermoen Airport. Transfer to embark the deluxe **World Traveller**. Savor dinner on board. (D)

Gothenburg, Sweden

Day 3 | July 22

Take a morning tour of Sweden's gregarious second city. Compact and eminently walkable, the city is known for its Amsterdam-style canals, leafy boulevards and welcoming atmosphere. This afternoon, drive through the scenic Swedish countryside, passing remarkable glacial formations along Lake Lygnern. Continue south to the peninsula, where Tjolöholm Castle sits. Stroll through the castle and gardens. This evening, join your fellow travelers for the Captain's

Welcome Reception and Dinner. (B,L,D,R)

Copenhagen, Denmark

Day 4 | July 23

On a tour of the world-class capital of Denmark, drive to the site of the old fish market, Gammel Strand, to embark on a sightseeing cruise through the canals and the port of Copenhagen. Pass major buildings such as Christiansborg Palace, the Naval Church and the Old Stock Exchange before entering the harbor where you will see the ancient Battery Sixtus and the fortress, Three Crowns. Spend time at leisure exploring Copenhagen this afternoon. (B,L,D)

Gdansk, Poland

Day 5 | July 24

On a tour of the city, stop at the entrance to the historic Gdansk Shipyard, where the Solidarity Movement — the first

independent trade union in the Soviet Bloc — began in 1980. Continue to the Green Gate, where the Old Town tour begins. See Gdansk port, the Motława River, and the iconic Gdansk Crane. Stroll along the Royal Route and the Long Wharf to see the magnificent Neptune's Fountain; the 14th-century Artus Court, inspired by Britain's King Arthur; and St. Mary's Church. (B,L,D)

Klaipėda, Lithuania

Day 6 | July 25

Klaipėda is a port city with a strong seafaring identity. The old town features German-style, 18th-century wood-framed buildings, winding cobblestone lanes and red-brick warehouses. Unusual statues are a delight to discover throughout the town. Today, choose your included excursion: visit nearby Palanga with its Amber Museum, or venture to the UNESCO-listed Curonian Spit. (B,L,D)

Tjolöholm Castle, Sweden





Helsinki, Finland

Riga, Latvia

Day 7 | July 26

Begin the day with a tour of the city, including the UNESCO-inscribed Historic Centre of Riga. Then in a Jewish heritage exploration, learn of the moving Jewish history of Riga, long a multicultural melting pot. Visit the former sites of the Great Choral Synagogue and Old Jewish Cemetery; important memorials; and the New Ghetto Museum. (B,L,D)

Day at Sea

Day 8 | July 27

Spend the full day at sea taking in the scenery, enjoying onboard lectures and mingling with fellow passengers. Enjoy three delicious meals and the many luxurious amenities on board. (B,L,D)

Helsinki, Finland

Day 9 | July 28

Helsinki, the capital of Finland, is also known as “Daughter

of the Baltic Sea.” Take a panoramic motorcoach tour including the city’s highlights. Pass by the colorful Market Square in the South Harbour and stop to see the modernist Sibelius Monument, an artistic homage to Finland’s most famous composer. Visit the subterranean Tempeliaukio Church (if no church services are in progress) called the “Rock Church,” as it was impressively hewn into solid natural bedrock. This afternoon, choose your excursion: visit the charming village of Porvoo, or indulge in a quintessential restorative Finnish sauna ritual. (B,L,D)

Tallinn, Estonia

Day 10 | July 29

Tallinn’s UNESCO World Heritage-designated Historic Centre (Old Town) has remained virtually unchanged for 600 years. Tour around the ancient city walls, then begin

a walking tour of Toompea, the hill on which Tallinn is centered. See the landmark 19th-century Russian Orthodox Alexander Nevsky Cathedral, and Toompea Castle. Continue your walking tour down narrow streets and steep stairs to the Lower Town. Visit the medieval Tallinn Town Hall, the seat of Estonia’s Parliament, and the only surviving Gothic hall in Europe. Admire the intricately painted main chamber and the guest book signed by Mikhail Gorbachev and the Dalai Lama. Say farewell at the Captain’s Reception and Dinner this evening. (B,L,D,R)

Stockholm, Sweden/ Return to Home City

Day 11 | July 30

Following breakfast, disembark and transfer to Stockholm Arlanda Airport for your return flight home. (B)



Masthug Church, Gothenburg, Sweden



Porvoo, Finland



World Traveller

This newly constructed small ship, an intimate yacht appointed in retro-chic elegance, is able to dock in smaller ports inaccessible to larger ships. Each of the 100 suites and staterooms (up to 465 square feet) features a stunning ocean view, and most include a private balcony. All accommodations in your private haven at sea offer a queen-sized bed that can be separated into two twins, a private bathroom with spa shower, and luxury hotel-style amenities—including bath products from L'Occitane. Complimentary alcoholic/nonalcoholic beverages and Wi-Fi access are available throughout the cruise. All meals aboard ship are included, featuring culinary adventures that rival your discoveries ashore.



2025 DEPARTURE DATE

July 20 to 30
(Embarkation: July 21)

Category-Description	Standard Rate	Early Booking \$1,000 Savings*
8 Stateroom with panoramic ocean view picture window. Deck 3	\$8,190	\$7,190
7 Stateroom with private balcony and sitting area with sofa. Deck 5, forward.	\$9,190	\$8,190
6 Stateroom with private balcony and sitting area with sofa. Deck 5, midship.	\$9,790	\$8,790
5 Stateroom with private balcony and sitting area with sofa. Deck 6, midship.	\$10,190	\$9,190
4 Stateroom with floor-to-ceiling Juliet-style balcony and sitting area with sofa. Deck 5, aft.	\$10,790	\$9,790
3 Stateroom with floor-to-ceiling Juliet-style balcony and sitting area with sofa. Deck 6, aft.	\$11,190	\$10,190
2 Stateroom with balcony. Deck 6.	\$11,790	\$10,790
1 Stateroom with floor-to-ceiling Juliet-style balcony and interior sitting area. Deck 6.	\$12,790	\$11,790
Journey Suite 2 Suite with large private balcony and sitting area with sofa. Deck 5.	\$14,390	\$13,390
Journey Suite 1 Suite with large private balcony and sitting area with sofa. Deck 6.	\$15,790	\$14,790
Discovery Suite Suite with larger private balcony and separate living room with sofa. Deck 5.	\$16,090	\$15,090
Navigator Suite 2 Extra-large, one-bedroom Suite and separate living room with sofa and floor-to-ceiling ocean view, large private balcony , bathroom has a tub and two sinks. Deck 5.	\$17,590	\$16,590
Navigator Suite 1 Extra-large, one-bedroom Suite and separate living room with sofa and floor-to-ceiling ocean view, large private balcony , bathroom has a tub and two sinks. Deck 6.	\$18,190	\$17,190

***Early Booking Savings of \$1,000 are available when you book by 1/27/25 and pay in full at time of booking. If you pay only your deposit by early booking date, you still save \$500 per person.**

All rates are in U.S. dollars, per person, based on double occupancy, including taxes. Single accommodations are available in categories 6, 7 & 8 at 160% of the cabin fare, plus taxes, with limited availability. Single rates for all other categories are at 200%. Early Booking Savings still apply. (Cabin fare is the standard rate less taxes.)

Port taxes in the amount of \$195 per person are included in the above prices. Deck plans available upon request.

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To secure your spot, call Gohagan & Company at 800-922-3088 or visit gohagantravel.com/reserve



PRE-TOUR EXTENSION

Norway

July 16 to 21, 2025 (Program Begins: July 17)

In historic Bergen, visit the UNESCO World Heritage site of Bryggen, the old wharf; and Troidhaugen, the historic home of composer Edvard Grieg. Then travel through pristine fjordlands on the famed **Flåm Railway**, one of the world's most scenic train rides. Relish a cruise into UNESCO World Heritage-designated Nærøyfjord, and transfer to Stalheim for one night at the historic **Stalheim Hotel**. In Oslo, enjoy a city tour with visits to Vigeland Sculpture Park and the Opera House. Accommodations are for four nights at ideally located hotels.

Price per person, based on double occupancy: \$2,295

Price per person, based on single occupancy: \$2,995

Further details will be provided with your reservation confirmation.



POST-TOUR EXTENSION

Stockholm

July 30 to August 1, 2025 (Program Ends: August 1)

Stockholm boasts a harmonious blend of medieval, Renaissance and modern architecture. Visit the magnificent City Hall, site of the annual Nobel Prize banquet. Walk through the historic Gamla Stan, or Old Town, and visit the Vasa Museum, housing the world's only preserved 17th-century warship. Sail away on a cruise of the Stockholm archipelago. Accommodations are for two nights at the **Sheraton Stockholm Hotel**.

Price per person, based on double occupancy: \$895

Price per person, based on single occupancy: \$1,195

Further details will be provided with your reservation confirmation.

Early Booking Savings* available | Save \$2,000 per couple!

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